

Unitarian Universalist Society of Sacramento ~ Week of Oct. 4 - 11, 2026

Sunday October 4

- 9:30am** - 1st Sunday Labyrinth Walk – Meadow
- 10:30am** - Worship Service “Wisdom of the Crone” - Sanctuary & Online
Rev. Lucy Bunch, preaching.
- 10:30am** - Soul Kids – re@uuss.org
- 10:30am** - Junior High Youth Group (JHYG) - re@uuss.org
- 10:30am** - Senior High Youth Group (SHYG) - re@uuss.org
- 11:30am** - Soup Sunday - Welcome Hall Hosted by Blossoms & UU Garden volunteers. (Please note; no Soup Sunday Oct. 18 due to the Congregational Meeting.) Contact: Tiki Harlow or Peggy Cranston at soupsunday@uuss.org
- 11:50am** - Newcomer Orientation - Meet at the Welcome Table
- 12:00pm** - Ballot Proposition Review by League of Women Voters – Sanctuary Let's review the pros & cons of the November Ballot Propositions. Paula Lee from the League of Women Voters will guide us. For questions, contact adultenrichment@uuss.org
- 2:00pm** - Celebration of Life: Jim Chakedis - Sanctuary Rev. Roger officiating, Irina Tchantceva, piano.

Monday October 5

- 10:00am** - Lectio Divina: Reading & Reflecting on a Poem - Zoom enter via uuss.org/online First and third Monday mornings. All are welcome!

Tuesday October 6

- 10:00am** - Ted's Web Discussion Group – Library We meet every Tuesday for open discussion of current events and politics in person 10 a.m. to 12:00 p.m. AND as a separate group on Tuesday evenings on Zoom at 6:30 p.m. Contact tedsweb@uuss.org for the link.

Wednesday October 7

- 6:00pm** - UU Christian Fellowship – Library Our UU Christian Fellowship chapter celebrates communion in the tradition of the Church of Jesus Christ of Latter-day Saints. All are welcome! Contact: uuchristian@uuss.org
- 6:30pm** - New Testament Conversations – Library (first Wednesday of the month)--a drop in group to share perspectives about Jesus of Nazareth. Pick up a used Bible in the Bookstore on Sunday so you can read ahead of time and bring it to class. Voluntary donations to USS Adult Enrichment welcome. Topic: Stilling the Storm: Attending to Nature. Reading: the Gospel of Mark, chapter 4, verses 35-41. If you've never read Mark, consider reading as much of it as you can before this meeting. It goes fast!

- 7:00pm** - Choir Rehearsal - Main Hall All welcome! Please join us: sing, make connections and share a wonderful year of music and community! Contact: anthony@uuss.org

Thursday October 8

- 11:00am** - Folk Dance Class - Welcome Hall International folk dance for everyone, no experience or partner needed. All welcome! Contact: adultenrichment@uuss.org

Friday October 9

- 10:00am** - Crone Connection (for wise older women) Welcome Hall. We explore our strengths and wisdom, share our stories, support, inspire each other and laugh. Open to any woman who identifies herself as an elder. Email Marla Jensen at croneconnection@uuss.org
- 5:30pm** - "Family Dinner" Potluck - Welcome Hall. Arrive at 5:30 and we'll sit down to eat at 6:00 pm. It's okay to come if you are not able to bring a dish. Plates, cups, and silverware (the reusable kind) are provided. Hosted for all ages by Family Ministry Events at USS. re@uuss.org

Saturday October 10

- 9:00am** - Walking Boots Hike – Carpool from USS at 9:00am. Easy 3-4 mile hike at Laguna Creek Parkway in Elk Grove. Must RSVP to hiking@uuss.org
- 10:00am** - Soul Collage - Room 7/8 Come embrace your intuition and creativity by making collage cards with images that you choose. No experience (or talent) required. New to Soul Collage? For more info: soulcollage@uuss.org
- 11:00am** - Ukes4Peace - Fahs Room Contact ukes@uuss.org

Sunday October 11

- 10:30am** - Worship Service “Growing Beyond our Roots: What Are We & How Did We Get Here?” - Sanctuary & Online Rev. Dr. Roger Jones, preaching.
- 10:30am** - Soul Kids – re@uuss.org
- 10:30am** - Junior High Youth Group (JHYG) - re@uuss.org
- 11:30am** - Social Justice Activity Fair - Covered Patio
- 12:00pm** - Young Adult Meet-n-Greet & Discussion - Room 7/8 Join us for connection and conversation with people of the USS community aged 18-40! Monthly discussion topics range from reflection on the service, world events and personal passions. Contact: youngadults@uuss.org

Visit the **UUSS Bookstore** – October Buy One Get One Free on Used Books!
Open Sundays before and after services. bookstore@uuss.org

Staff and Minister Availability

Our Ministers are available for pastoral support or just to get acquainted. We welcome your' input! To schedule an appointment email Rev. Roger (he/him): rjones@uuma.org or Rev. Lucy's(he/her) calendar: calendly.com/revlucyb or lucy@uuss.org Ministers' day off is Monday.

Ministerial Intern **Sophia McKean** (they, them) sophia@uuss.org. Sophia is available for pastoral support by phone, Zoom or in person. They are on campus Tuesdays and Sundays and by appointment.

Our office staff (office@uuss.org or 916-483-9283) are available to respond to your phone calls and emails Tuesday - Friday 8:30-4:30. Closed Mondays. Religious Education Coordinator CrystalFountain@uuss.org Pianist irina@uuss.org and Music Director anthony@uuss.org

Honor your Beloved Dead on our Memorial Wall - Consider purchasing a memorial plaque to honor a deceased parent, spouse/life partner, or child, or a member/pledging friend of UUSS. Or collaborate with others to purchase plaques honoring deceased UUSS members from years past. You will find a link on the front page of our website, uuss.org. Deadline for the first group of plaques (to be installed at the end of 2026) is Nov. 1.

How You Can Help

Refugee Support Team—if you would like the quarterly email update from our team to find out how you can provide accompaniment to our immigrant or refugee neighbors, tutoring, help with employment search, or donations to the emergency assistance, contact refugeesupport@uuss.org.

Sunday Morning Programs at UUSS

Join us before the service at 9:30 AM at UUSS

- **First Sunday** Labyrinth Walk - Meadow
- **Second Sunday** – no program
- **Third Sunday** - Qi Gong/Tai Chi (Covered Patio)
- **Fourth Sunday** - Embodied Practices for Stressful Times

Exploring Unitarian Universalism after the service at noon on the 4th Sunday of each month. Designed for newcomers, all are welcome.

October 25: UU History & Theology

Our Community Partner for October Planned Parenthood Mar monte

Ways to Donate to the Shared Offering

- Text your amount to (916) 619-0903 (a first-time setup is required, but after that it's very easy)
- Online: Visit uuss.org/donate
- Mail a check to UUSS, 2425 Sierra Blvd, Sac 95825

Coming Up

UUSS Auction Event "The Sparkle of Community," is underway and will culminate in a festive happy hour on Saturday, November 7, from 4:00–6:00 p.m. We are seeking donations of outings, vacation home stays, show tickets, classes, services, and themed meals. Stop by the auction table on the patio during coffee hour to learn how to purchase tickets, donate items and sign up to contribute themed baskets and volunteer for the event. Questions? Contact Jennifer Webb, auction@uuss.org

Caregivers Support Circle -- 10:00 am Friday, Oct. 16. Third Friday of the month, a meeting for UUSS folks who are caring for a loved one with dementia or other debilitating conditions (whether at home or not). With a covenant of mutual acceptance, trust and confidentiality we speak from the heart and listen in the same way. All are welcome, but please contact Rev. Roger before your first visit to the group: roger@uuss.org

Theology on Tap – Meeting Tuesday Oct. 20 7:00 – 9:00 pm

Location: Lefty's Tap Room 5610 Elvas Ave. Sac, 95819. If you wish to order food we can start gathering at 6:30. Menu: leftystaproom.com We will be sitting outside; dogs are allowed as long as they are leashed and well behaved. Soul Matters Topic: Courage Contact: theologyontap@uuss.org

Watercolor Classes with AZIZ TOKHI will be available later in October if there is enough student interest. The classes are 2.5 hours long and include instruction and painting demonstrations of landscapes, street scenes, figures and/or student choices. Some previous experience with watercolor is helpful, but new students are welcome. Sign up at the Connections table on Sunday or email adultenrichment@uuss.org and you will be contacted.

Samhain Celebration with CUUPs Saturday, Oct. 25, 5:00-7:00pm, in the Fahs Room. Everyone is welcome at the Covenant of UU Pagans (CUUPs) Samhain Celebration. Come celebrate the turning season! Bring a potluck dish to share and tableware. Contact Leanna Pierson at cuups@uuss.org