

Unitarian Universalist Society of Sacramento ~ Week of Oct. 25 – Nov. 1, 2026

Sunday October 25

9:15am – Parent's Meeting – Room 12 Join us on 4th Sundays to connect as UUs and parents/caregivers of babies, children and teens (expectant parents are welcome). Take a breath, have a chat and a cup of tea. Staffed childcare is available next door in Room 11. Snacks and tea are provided. (Please use the main UUSS entrance to access Room 12 and not the parking lot side.) Send questions to RE@uuss.org

9:30am – Embodied Practices for Stressful Times – Fahs Room

10:30am – All-ages Circle Service “Honoring Our Beloved Dead” – Sanctuary & Online Pictures for the altar are welcome.

12:00pm – Mercy Pedalers Quarterly Meeting – Room 9 All are welcome. Contact: mercypedalers@uuss.org

12:00pm – Exploring Unitarian Universalism – Fahs Room
UU History and Theology with Rev. Roger and Nicolette

12:00pm – POC Caucus Meet & Greet – Room 6 If you identify as Indigenous, a Person of Color, or have a mixed racial background, please join us for light refreshments, introductions, and conversation. Contact Christiana Quick-Cleveland at multi@uuss.org

12:15pm – Theater One Reading Group – Music/Theater Room We'll continue to read "The Tempest" by Shakespeare. Spoiler: It has a happy ending. All welcome! Contact: theaterone@uuss.org

1:00pm – Croning Ceremony – Labyrinth Rev. Lucy will officiate. Following the ceremony, a reception of refreshments on the patio. Contact: crones@uuss.org

5:00pm – Samhain Celebration with CUUPs - Fahs Room. Everyone is welcome at the Covenant of UU Pagans (CUUPs) Samhain Celebration. Come celebrate the turning season! Bring a potluck dish to share and tableware. Contact Leanna Pierson at cuups@uuss.org

*** Visit the UUSS Bookstore – October Buy One Get One Free on Used Books!** Open Sundays before and after services. bookstore@uuss.org

Monday October 26

7:15am – Loaves and Fishes Prep Crew We provide helping hands to prepare and serve food to homeless people on the fourth Monday of each month at **1321 North C St.** There are 2 crews for 2 shifts: Food Prep and Serving/Cleanup. Contact us at loavesandfishes@uuss.org

10:00am – Watercolor with Aziz Tokhi – Room 6 At each class Aziz demonstrates the various steps of the image we are using. Aziz will accept students who are beginners and give them appropriate work for their level. Sign up at the Connections Table. adultenrichment@uuss.org

Tuesday October 27

10:00am – Ted's Web Discussion Group – Library We meet every Tuesday for open discussion of current events and politics in person 10 a.m. to 12:00 p.m. AND as a separate group on Tuesday evenings on Zoom at 6:30 p.m. Contact tedsweb@uuss.org for the link.

Wednesday October 28

6:00pm – Mindfulness Meditation with Rev. Roger – Library/Zoom at uuss.org/online. No experience necessary. We invite mindful attention to our breathing for 20 minutes of sitting in silence (30 minutes total time).

7:00pm – Choir Rehearsal – Main Hall All welcome! Please join us: sing, make connections and share a wonderful year of music and community! Contact: anthony@uuss.org

Thursday October 29

11:00am – Folk Dance Class – Welcome Hall International folk dance for everyone, no experience or partner needed. All welcome! Contact: adultenrichment@uuss.org

7:00pm – UUSS Book Readers – Fahs Room We meet on the LAST Thursday of each month in Fahs classroom 7:00 - 8:00pm. Get on our list by contacting Glory Wicklund at uureaders@uuss.org We discuss *Slaughterhouse Five* by Kurt Vonnegut.

Sunday November 1

9:30am – 1st Sunday Labyrinth Walk – Meadow

10:30am – Worship Service “Hinduism: The Tangible Presence of the Divine” – Sanctuary & Online Rev. Dr. Roger Jones, preaching.

10:30am – Soul Kids – re@uuss.org

10:30am – Junior High Youth Group (JHYG) – re@uuss.org

10:30am – Senior High Youth Group (SHYG) – re@uuss.org

11:30am – Soup Sunday – Welcome Hall Hosted by the Men's Group. All are welcome to enjoy a warm bowl of soup, fresh bread, and a cookie. Free will donations accepted. Contact: Tiki Harlow or Peggy Cranston at soupsunday@uuss.org

Staff and Minister Availability

Our Ministers are available for pastoral support or just to get acquainted. We welcome your' input! To schedule an appointment email Rev. Roger (he/him): rjones@uuma.org or Rev. Lucy's(she/her) calendar: calendly.com/revlucyb or lucy@uuss.org Ministers' day off is Monday.

Ministerial Intern **Sophia McKean** (they, them) sophia@uuss.org. Sophia is available for pastoral support by phone, Zoom or in person. They are on campus Tuesdays and Sundays and by appointment.

Our office staff (office@uuss.org or 916-483-9283) are available to respond to your phone calls and emails Tuesday - Friday 8:30-4:30. Closed Mondays. Religious Education Coordinator CrystalFountain@uuss.org, Member Engagement Coordinator Nicolette Thayer nicolette@uuss.org, Pianist irina@uuss.org and Music Director anthony@uuss.org

Honor your Beloved Dead on our Memorial Wall - Consider purchasing a memorial plaque to honor and remember a deceased parent, spouse/life partner, or child, or a member/pledging friend of UUSS. Or collaborate with others to purchase plaques honoring deceased UUSS members from years past. You will find a link on the front page of our website, uuss.org. **Deadline for the first group of plaques (to be installed at the end of 2026) is Nov. 1.**

How You Can Help

Sunday Morning Programs at UUSS

Join us before the service at 9:30 AM at UUSS

- **First Sunday** Labyrinth Walk - Meadow
- **Second Sunday** – no program
- **Third Sunday** - Qi Gong/Tai Chi (Covered Patio)
- **Fourth Sunday** - Embodied Practices for Stressful Times

Exploring Unitarian Universalism after the service at noon on the 4th Sunday of each month. Designed for newcomers, all are welcome.
October 25: UU History & Theology

Our Community Partner for October **Planned Parenthood Mar Monte**

Ways to Donate to the Shared Offering

- Text your amount to (916) 619-0903 (a first-time setup is required, but after that it's very easy)
- Online: Visit uuss.org/donate
- Mail a check to UUSS, 2425 Sierra Blvd, Sac 95825

Coming Up

Indigenous art show starting November 3rd with the Art Reception from 5:30 to 7:30 on Thursday November 19th.

UUSS Auction Event Our annual service auction, "The Sparkle of Community," will culminate in a festive happy hour on Sat., Nov. 7, from 4-6 p.m. The silent auction bidding is now open, and tickets are on sale for \$30/person. If this price is a barrier, discounted tickets are available for \$10/person. You can also contribute to our Fund-a-Need: the new UUSS Website! Stop by the auction table during coffee hour to volunteer at the event, donate a raffle basket or white wine. Questions? Contact Jennifer Webb, auction@uuss.org

The Spiritual Core of Hinduism--forum with Swami Medhananda of the Vedanta Society, Sunday, Nov. 8, 12:00-1:00 pm, UUSS sanctuary & Zoom. This is part of our church wide Religious Education program *Crossing Paths: A Year-long Look at Neighboring Faiths*. We will have a field trip for all ages to the Vedanta Society campus on Sunday afternoon, Nov. 15. Registration link will be in the November message.

Save the Date! Saturday Nov. 21, 9:30am in the Fahs Room and on Zoom at www.uuss.org/online. Learn about the State budget and legislation processes from experts in the field. Open to everyone. -UUSS Housing Advocates socialjustice@uuss.org