

Unitarian Universalist Society of Sacramento ~ Week of June 28 – July 5, 2026

Sunday June 28

9:15am - Parent Group Meeting – Room 12 Join us on 4th Sundays to connect as UUs and parents/caregivers of babies, children and teens (expectant parents are welcome). Take a breath, have a chat and a cup of tea. Staffed childcare is available next door in Room 11. Snacks and tea are provided. (Please use the main UUSS entrance to access Room 12 and not the parking lot side.) Send questions to RE@uuss.org

9:30am - Embodied Practices for Stressful Times – Fahs Room

10:30am - Annual Worship Associate Service: “Flourishing” - Sanctuary & Online Service led by our Worship Associates: Dawn Heubner, Celia Buckley, Connor Lane, Eric Gudz, Jenni Gouine, Andy Cramer Courtney O’Neill

10:30am - RE Summer ArtWorks – re@uuss.org

12:00pm - Discussion of the film “Rustin” and Juneteenth – Classroom 7/8 A facilitated community discussion on the film and themes of Juneteenth. All are welcome. Contact: multi@uuss.org

12:00pm - Exploring Unitarian Universalism – Fahs Room UU History and Theology led by Rev. Lucy

12:15pm - Theater One Reading Group – Room 9 All welcome! If interested, contact: theaterone@uuss.org

Monday June 29

10:00am - Watercolor with Aziz Tokhi - Room 7/8 Aziz taught painting at a Fine arts Univ in Afghan for 25 years. The class paints an image at each session. It is desirable that entering students have had some previous experience with watercolor. Students should sign up at the Connections table on Sunday or email adultenrichment@uuss.org There is a fee for the class.

Tuesday June 30

10:00am - Ted’s Web Discussion Group – Library & ONLINE Ted’s Web political discussion group meets every Tuesday at 10:00 a.m. in the library and separately on Zoom at the same time – two groups! Contact: tedsweb@uuss.org for the Zoom link.

Thursday July 2

11:00am - Folk Dance Class - Welcome Hall International folk dance for everyone, no experience or partner needed. All welcome! Contact: adultenrichment@uuss.org

6:30pm – Men's Group Weekday Meeting – Room 12 We're a diverse community of male and/or masculine identifying people seeking fellowship, personal growth, and meaningful conversations. Contact us at mensgroup@uuss.org

Friday July 3 *OFFICE CLOSED*****

Sunday July 5

9:30am - 1st Sunday Labyrinth Walk – Meadow

10:30am - Worship Service “When Nothing Can Be Done” - Sanctuary & Online Rev. Dr. Bonnie Dlott, guest preacher.

10:30am - RE Summer ArtWorks – re@uuss.org

12:00pm - American Music & Arts – Fahs Room Keith Atwater presents his video, "American Inspirations: Where Music and Arts Meet". He’s a retired professor at American River College and our former music director. No charge adultenrichment@uuss.org

2:00pm - Antimass Dogs Concert - Sanctuary. We play goofy, literal, lyric-driven music with simple guitar chords and occasional creative rhymes. A donation to the church is requested with admission. Contact anthony@uuss.org for more info.

**Our current Art Show closes in the next two weeks. To encourage purchases, the artist Aniko will pay for the tax on any purchase reserved before her current photography show comes down. The congregation receives 30 percent of any sales of art. Please contact Kim Stoddard at art@uuss.org if you would like to purchase a piece.

Staff and Minister Availability

Our Ministers are available for pastoral support or just to get acquainted. We welcome your' input! To schedule an appointment email Rev. Roger (he, him): rjones@uuma.org or Rev. Lucy's (she/her) calendar: calendly.com/revlucyb or lucy@uuss.org Ministers' day off is Monday.

Rev. Roger will be out of state June 26-July 15, but Rev. Lucy can reach him in an emergency.

Ministerial Intern Sophia McKean (they, them) on break; internship will resume in September.

Our office staff (office@uuss.org or 916-483-9283) are available to respond to your phone calls and emails Tuesday - Friday 8:30-4:30. Closed Mondays. Religious Education Coordinator CrystalFountain@uuss.org Pianist irina@uuss.org and Music Director anthony@uuss.org

Sunday Morning Programs at UUSS

Join us before the service at 9:30 AM at UUSS

- **First Sunday** Labyrinth Walk - Meadow
- **Second Sunday** - no program
- **Third Sunday** - Qi Gong/Tai Chi (Covered Patio)
- **Fourth Sunday** - Embodied Practices for Stressful Times - Fahs Room.

Exploring Unitarian Universalism after the service at noon on the 4th Sunday of each month. Designed for newcomers, all are welcome.

June 28: UU History & Theology with Rev. Lucy

Our Community Partner for June Opening Doors

Ways to Donate to the Shared Offering

- Text your amount to (916) 619-0903 (a first-time setup is required, but after that it's very easy)
- Online: Visit uuss.org/donate
- Mail a check to UUSS, 2425 Sierra Blvd, Sac 95825

How You Can Help

Refugee Support Team—if you would like the quarterly email update from our team or if you would like to find out how you can provide accompaniment to our immigrant or refugee neighbors, tutoring, help with employment search, or donations to the emergency assistance, contact refugeesupport@uuss.org.

Coming Up

Saturday Stitchers and Crafters is moving the July meeting to Saturday July 11 in the Fahs Room, from 10AM to 1PM Please update your calendars now so you won't miss the fun. Bring your favorite hobby and join in this fun community activity. No RSVP required. Contact Karen Sparrow at stitchers@uuss.org

All Ages Camp - July 31 - Aug 2 - Camp Norge - Alta, CA Enjoy a weekend of camping, community, & fellowship. Tents, dorm bed, RVs— something for all! Great for all generations! Visit uuss.org/camp for more information and registration. Contact: Alicia Taylor - camp@uuss.org

This year's auction: The Sparkle of Community--Saturday, Nov. 7, 4-6pm. Our team will reach out in August to request your donations of services and experiences that will enrich our community and one another as well as themed baskets for the raffle. auction@uuss.org

UU 101: Love at the Center - Tuesdays in August at 6:30 in the library starting August 4 in the library. Hybrid format led by Rev. Lucy and Rev. Roger. Our recently updated UU values statement has love at the center of our values and our faith. We will read together *Love at the Center: Unitarian Universalist Theologies*, a book of essays that address these concerns. This is the common read for the Unitarian Universalist Association in 26-27. Please register at the Connections table or contact lucy@uuss.org Copies of the book are available in the UUSS bookstore and on amazon.