

Unitarian Universalist Society of Sacramento ~ Week of June 21-28, 2026

Sunday June 21 ~ Happy Father's Day!

- 9:30am** - Intro to Qi Gong/Tai Chi - Fahs Room
- 10:30am** - Circle Service for All Ages "Summer Solstice: A Buzzing, Blossoming Abundance of Light"- Sanctuary & Zoom*
- 12:15pm** - Men's Group Meeting - Room 7/8 All with male or masculine identity welcome! Please consider bringing snacks to share. Contact: men@uuss.org
- 5:00pm** - CUUPs Summer Solstice Celebration - Fahs Room and Patio Everyone is welcome at the Covenant of UU Pagans (CUUPs) Summer Solstice Celebration. Come celebrate the magic of Midsummer! Bring a potluck dish to share and tableware. Contact Leanna Pierson at cuups@uuss.org

*At our service today we welcome Bishop Minerva Carcano, Opening Doors Board of Directors member today, after service on the patio. Come meet Bishop Carcano and learn about Opening Doors summer donation drive, and Opening Doors programs. Contact: partners@uuss.org

Monday June 22

- 7:15am** - Loaves and Fishes - 1321 North C St. We provide helping hands to prepare and serve food to homeless people on the fourth Monday of each month. There are 2 crews: Food Prep and Serving/Cleanup. Contact us at loavesandfishes@uuss.org
- 10:00am** - Watercolor with Aziz Tokhi - Room 7/8 At each class Aziz demonstrates the various steps of the image we are using. Aziz will accept students who are beginners and give them appropriate work for their level. Sign up at the Connections Table. adultenrichment@uuss.org

Tuesday June 23

- 10:00am** - Ted's Web Discussion Group - Library & ONLINE Ted's Web political discussion group meets every Tuesday at 10:00 a.m. in the library and separately on Zoom at the same time - two groups! Contact: tedsweb@uuss.org for the Zoom link.

Wednesday June 24

- 6:00pm** - Mindfulness Meditation with Rev. Roger - Fahs Classroom/Zoom at uuss.org/online. No experience necessary. We invite mindful attention to our breathing for 20 minutes of sitting in silence (30 minutes total time).

- 6:45pm** - New Testament Conversations with Rev. Roger - Sorry, this class is full (closed). Please join us for New Testament drop-in conversations the first Wednesday of each month, starting August 5. adultenrichment@uuss.org

Thursday June 25

- 11:00am** - Folk Dance Class - Welcome Hall International folk dance for everyone, no experience or partner needed. All welcome! Contact: adultenrichment@uuss.org
- 7:00pm** - UUSS Readers - Fahs Room Our group meets for a lively discussion of notable books chosen by members. Members lead the discussions. **The selection for June is *THE SATISFACTION CAFÉ*, author Kathy Wang.** Contact: uureaders@uuss.org

Sunday June 28

- 9:15am** - Parent Group Meeting - Room 12 Join us on 4th Sundays i to connect as UUs and parents/caregivers of babies, children and teens (expectant parents are welcome). Take a breath, have a chat and a cup of tea. Staffed childcare is available next door in Room 11. Snacks and tea are provided. (Please use the main UUSS entrance to access Room 12 and not the parking lot side.) Send questions to RE@uuss.org
- 9:30am** - Embodied Practices for Stressful Times - Fahs Room
- 10:30am** - Annual Worship Associate Service: "Flourishing" - Sanctuary & Online Service led by our Worship Associates: Dawn Heubner, Celia Buckley, Connor Lane, Eric Gudz, Jenni Gouine, Andy Cramer Courtney O'Neill
- 10:30am** - RE Summer ArtWorks - re@uuss.org
- 12:00pm** - Discussion of the film "Rustin" and Juneteenth - Classroom 7/8 A facilitated community discussion on the film and themes of Juneteenth. All are welcome. Contact: multi@uuss.org
- 12:00pm** - Exploring Unitarian Universalism - Fahs Room UU History and Theology led by Rev. Lucy
- 12:15pm** - Theater One Reading Group - Room 6 All welcome! If interested, contact: theaterone@uuss.org

Staff and Minister Availability

Our Ministers are available for pastoral support or just to get acquainted. We welcome your' input! To schedule an appointment email **Rev.**

Roger(he, him): rjones@uuma.org or **Rev. Lucy's**(she/her) **calendar:** calendly.com/revlucyb or lucy@uuss.org Ministers' day off is Monday.

Rev. Roger will be out of state June 26-July 15, but Rev. Lucy can reach him in an emergency.

Sophia McKean (they, them) sophia@uuss.org, our Ministerial Intern, is available for pastoral support by phone, Zoom or in person, or getting acquainted. Sophia's internship is on break in July and August.

Our office staff (office@uuss.org or 916-483-9283) are available to respond to your phone calls and emails Tuesday - Friday 8:30-4:30. Closed Mondays. Religious Education Coordinator CrystalFountain@uuss.org Pianist irina@uuss.org and Music Director anthony@uuss.org

Sunday Morning Programs at UUSS

Join us before the service at 9:30 AM at UUSS

- **First Sunday** Labyrinth Walk - Meadow
- **Second Sunday** – no program
- **Third Sunday** - Qi Gong/Tai Chi (Covered Patio)
- **Fourth Sunday** - Embodied Practices for Stressful Times - Fahs Room.

Exploring Unitarian Universalism after the service at noon on the 4th Sunday of each month. Designed for newcomers, all are welcome. Join Rev. Lucy Bunch on **June 28: UU History & Theology with Rev. Lucy**

Our Community Partner for June

Opening Doors

Ways to Donate to the Shared Offering

- Text your amount to (916) 619-0903 (a first-time setup is required, but after that it's very easy)
- Online: Visit uuss.org/donate
- Mail a check to UUSS, 2425 Sierra Blvd, Sac 95825

How You Can Help

Refugee Support Team—if you would like the quarterly email update from our team or if you would like to find out how you can provide accompaniment to our immigrant or refugee neighbors, tutoring, help with employment search, or donations to the emergency assistance, contact refugeesupport@uuss.org.

Coming Up

POC Caucus Invitation to you for an All-UUSS Conversation Sunday, June 28 11:45am Join the People of Color Caucus in Room 7/8 for a community discussion on the film about Bayard Rustin. This conversation continues our Juneteenth observance and invites all who attended the June 14 screening — and anyone else curious about the film and its themes — to reflect together. **All are welcome.** multi@uuss.org

Saturday Stitches and Crafters is moving the July meeting to Saturday July 11, in the Fahs Room, from 10AM to 1PM Please update your calendars now so you won't miss the fun. Bring your favorite hobby and join in this fun community activity. No RSVP required. Contact Karen Sparrow at stitches@uuss.org

American Music & Arts--Sunday, July 5, Keith Atwater presents his video, "American Inspirations: Where Music and Arts Meet" in the Fahs Room at noon. He's a retired professor at American River College and our former music director. No charge adultenrichment@uuss.org

All Ages Camp – July 31 - Aug 2 – Camp Norge – Alta, CA Enjoy a weekend of camping, community, & fellowship. Tents, dorm bed, RVs—something for all! Great for all generations! Visit uuss.org/camp for more information and registration. Contact: Alicia Taylor - camp@uuss.org

This year's auction: The Sparkle of Community--Saturday, Nov. 7, 4-6pm. Our team will reach out in August to request your donations of services and experiences that will enrich our community and one another as well as themed baskets for the raffle. auction@uuss.org