

# Unitarian Universalist Society of Sacramento

Sunday, May 25, 2025, in person and online

## Heroes

### Hymn #1008

When Our Heart Is in a Holy Place

### Words of Welcome

### Music for Centering

Il silenzio (The Silence)  
-Nini Rosso

### Chalice Lighting

### Blessing Song for Children and Youth

Lead with Love  
-Melanie DeMore

### Candle of Compassion and Resistance

### Joys & Sorrows, Prayer & Silence

### Hymn #100

I've Got Peace Like a River

### Story from My Unsung Hero

Virginia Squier's Story

### Gift of Music

Hero  
-Walter Afanasieff

### Reading

What the Turtle Taught Theodore  
-Gary Kowalski

### Shared Offering

for NAMI Sacramento

Every month we give half of the Sunday offering to a local not-for-profit agency.  
Donate by text at 916-619-0903, online at [uuss.org/donate](https://uuss.org/donate), or by check to UUSS.

### Offertory

Largo Appassionato from Sonata Op.2, No.2  
-L.van Beethoven

### Spoken Response

May generosity bless our world,  
and may gratitude nourish our spirits.



## Sermon

Heroes

### Hymn #131

Love Will guide Us

### Extinguishing the Chalice

### Benediction

## SERVING IN WORSHIP TODAY

Rev. Lucy Bunch, preaching

Rev. Dr. Roger Jones

Worship Associate Celia Buckley

Pianist Irina Tchantceva

Christiana Quick-Cleveland, vocals

Tom Goff, trumpet

## WELCOME TO GUESTS & NEWCOMERS!

Please complete a Newcomer Card to receive follow-up information and *Our Weekly Message* by email at [uuss.org/newcomers](http://uuss.org/newcomers) or at the Welcome Table in the hall.

Find our Weekly Calendar at [uuss.org/bluesheets/](http://uuss.org/bluesheets/)

Assisted listening devices are in the back.

Our induction-loop system connects to a T-coil hearing aid. Restrooms are out the sanctuary doors to the left. A single-person restroom is in the hallway to the right of the Library/Bookstore.

## OUR MISSION STATEMENT

We come together to deepen our lives  
and to be a force for healing in the world.

## OUR LAND ACKNOWLEDGMENT

We honor the Nisenan, Southern Maidu, and Miwok peoples  
for their commitment to this land where UUSS exists.  
They have never ceded, left, nor ceased to care for this land.

UNITARIAN UNIVERSALIST SOCIETY OF SACRAMENTO

[www.uuss.org](http://www.uuss.org)

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## HEROES

10:30 a.m., Sunday, May 25, 2025

Unitarian Universalist Society

ESTABLISHED IN SACRAMENTO IN 1868

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