

Unitarian Universalist Society of Sacramento

Sunday, March 9, 2025, in person and online

Hymn Hold Everybody Up
-Melanie DeMoore

Words of Welcome

Music for Centering Press On
-Maggie Wheeler

Chalice Lighting

Blessing Song for Children and Youth Lead with Love
-Melanie DeMore

Candle of Compassion and Resistance

Joys & Sorrows, Prayer & Silence

Hymn #1031 Filled with Loving Kindness

Reading How Can I Help?: Stories and Reflections on Service
-Dass, Ram; Gorman, Paul

Gift of Music Circle Around
-Ma Muse arr. Lea Morris

Reading -Dass, Ram; Gorman, Paul

Shared Offering for Wellspring Women's Center
Every month we give half of the Sunday offering to a local not-for-profit agency.
Donate by text at 916-619-0903, online at uuss.org/donate, or by check to UUSS.

Offertory Hallelujah
-Ma Muse

Spoken Response May generosity bless our world,
and may gratitude nourish our spirits.

Sermon Empathy and the Suffering of Others

Hymn Life Calls Us On

Extinguishing the Chalice

Benediction

SERVING IN WORSHIP TODAY

Rev. Lucy Bunch, preaching, ~ Rev. Dr. Roger Jones
Worship Associate Karen Sparrow
UUSS choir with Music Director Anthony Tavianini
Pianist Irina Tchantceva

WELCOME TO GUESTS & NEWCOMERS!

Please complete a Newcomer Card to receive follow-up information and *Our Weekly Message* by email at uuss.org/newcomers or at the Welcome Table in the hall.

Find our Weekly Calendar at uuss.org/bluesheets/

Assisted listening devices are in the back.

Our induction-loop system connects to a T-coil hearing aid. Restrooms are out the sanctuary doors to the left. A single-person restroom is in the hallway to the right of the Library/Bookstore.

OUR MISSION STATEMENT

We come together to deepen our lives
and to be a force for healing in the world.

OUR LAND ACKNOWLEDGMENT

We honor the Nisenan, Southern Maidu, and Miwok peoples
for their commitment to this land where UUSS exists.
They have never ceded, left, nor ceased to care for this land.

UNITARIAN UNIVERSALIST SOCIETY OF SACRAMENTO

WWW.UUSS.ORG

2425 SIERRA BLVD. SACRAMENTO, CA 95825
(916) 483-9283



EMPATHY AND THE SUFFERING OF OTHERS

10:30 a.m., Sunday, March 9, 2025

Unitarian Universalist Society

ESTABLISHED IN SACRAMENTO IN 1868

2425 Sierra Boulevard

Sacramento, CA 95825 (916) 483-9283

E-mail: office@uuss.org www.uuss.org