

# Unitarian Universalist Society of Sacramento ~ Week of May 5 - 11, 2024

## Sunday May 5

- 9:30am - Labyrinth Walk - Meadow**
- 10:30am - Worship Service "Pluralism: A Pilgrimage of the Spirit"**- Rev. Dr. Roger Jones, preaching, with Ministerial Intern Rosemary Dodd, Worship Associate Courtney O'Neill and Music Director Anthony Tavianini  
Musical Guests: Sacramento Master Singers with Conductor Dr. Ralph Hughes and Pianist Heidi Van Regenmorter.
- 10:30am - Soul Kids - Contact: [re@uuss.org](mailto:re@uuss.org) for more info.**
- 10:30am - Senior High Youth Group (grades 9-12) Contact: [re@uuss.org](mailto:re@uuss.org)**
- 12:00pm - Rise Up Singing - Patio**

## Monday May 6

- 10:00am - Lectio Divina Poetry w/JoAnn Anglin - Zoom enter via [www.uuss.org/online](http://www.uuss.org/online)** First and third Monday mornings. All are welcome!

## Tuesday May 7

- 10:00am - Ted's Web Discussion Group** - Library. Political discussion group. In-person 1<sup>st</sup> & 3<sup>rd</sup> Tues. Online 2<sup>nd</sup> & 4<sup>th</sup> Tues. Contact: [tedsweb@uuss.org](mailto:tedsweb@uuss.org) for the Zoom link.

## Wednesday May 8

- 7:00pm - Choir Rehearsal** - Main Hall All are welcome! For more info, contact [anthony@uuss.org](mailto:anthony@uuss.org)

## Thursday May 9

- 9:30am - Keep Moving - Get Fit** Every Thursday - Covered Patio or Welcome Hall depending on weather. Sitting and standing exercises for seniors, with Shelley Burns, instructor. \$10 drop-in. [adultenrichment@uuss.org](mailto:adultenrichment@uuss.org)

## Saturday May 11

- 10:00am - Saturday Stitchers and Crafters - Fahs Classroom.** Bring sewing, coloring, beading, knitting, or any other portable craft and join us! Contact: [stitchers@uuss.org](mailto:stitchers@uuss.org)

## Sunday May 12

- 10:30am - All-ages Worship Service "Nurturing Possibility"**- Ministerial Intern Rosemary Dodd, with Rev Roger Jones, Worship Associates Andy Cramer and Karen Sparrow, Music Director Anthony Tavianini, Pianist Irina Tchantceva, and the UUSS Choir
- 10:30am - Soul Kids - Contact: [re@uuss.org](mailto:re@uuss.org) for more info.**
- 10:30am - Junior High Youth Group (grades 6-8) Contact: [re@uuss.org](mailto:re@uuss.org)**
- 11:45am - Newcomers Orientation - Welcome Hall**

## Staff and Minister Availability

**Rev. Roger [rjones@uuma.org](mailto:rjones@uuma.org)** Roger's day off is Monday; study day is Friday. He is available for a pastoral appointment by phone or in person. **Pastoral Volunteers** are available for support by phone. Schedule an appointment with **Ministerial Intern Rosemary Dodd [rosemary@uuss.org](mailto:rosemary@uuss.org)** **Rev. Lucy is on sabbatical until June 6.**

Our office staff ([office@uuss.org](mailto:office@uuss.org) or 916-483-9283) are available to respond to your phone calls and emails weekdays 8:30-4:30. Religious Education Coordinator [CrystalFountain@uuss.org](mailto:CrystalFountain@uuss.org). Pianist [irina@uuss.org](mailto:irina@uuss.org) and Music Director [anthony@uuss.org](mailto:anthony@uuss.org).

**UU Coffee!** Enjoy coffee created just for UUSS: Chalice Blend! Beans grown by women-owned cooperatives in Latin America, roasted by a cafe in Oakland. Fresh beans sold in the Sunday Bookstore or in the Office any weekday. \$15 a bag.

**May Congregational Meeting - Sunday, May 19, after church.** We will be voting for church officers and approving next year's budget. To do this we need enough members there, for a quorum to represent the congregation, so please plan to attend.

**UUSS Birthdays--** Ministers & staff sign and send birthday cards to members & pledging friends if we have a full date of birth (as well as to your children). If you'd like a card on your real birthday, please send your info to [elaine@uuss.org](mailto:elaine@uuss.org)

**The Stories behind Tattoos:** On Sunday, May 19, a few people will describe (but not show) a special tattoo and explain why it's meaningful. Tattoos touch on creativity and inspiration, personal identity, commitments, and communities. Contact Roger by May 12 if you have one! [Email](#) or telephone.

**A Heart in Two Traditions:** Are you a friend or member who finds depth and meaning in one of the other spiritual or ethical traditions as well as in Unitarian Universalism? Please tell [Rev. Roger](#) about your participation in or curiosity about another tradition. Email or telephone.

**Sandwich Brigade** dates are Wednesdays 5/8 and 5/15. Please bring your lunches to UUSS by 10am. Each PBJ lunch should include a sandwich, a fruit (soft), a cookie or granola bar, a napkin, and a bottle of water, which may be packed separately. To date: approximately 12,300. Whoa!! Good work, all! NOTE: I could use 4-5 new brigaders. Send an email to [familypromise@uuss.org](mailto:familypromise@uuss.org) if you're interested in feeding hungry people. Thank you - Sally Wilkins

**Mercy Pedalers reach another milestone serving the unhoused**  
With your support of supplies and funds, since 2018 UUSS Mercy Pedalers have now served 22,043 unhoused people and 1,053 of their dogs living on the streets of Arden Arcade, Carmichael, College/Glen Greens and midtown. Come visit us at their cart in front of the entrance on Sunday. Thank you for your help.

### **All-Ages Camp at Camp Norge in the Sierra**

June 28 - 30, 2024 Save the dates! [camp@uuss.org](mailto:camp@uuss.org)  
Registration is now open! See the Weekly Message email for the registration link as well as cost and other information!

## **Sunday Morning Programs at UUSS**

*Join us before the service at 9:30 AM at UUSS*

- **First Sunday Labyrinth meditation - Meadow**  
**Next: May 5**
- **Second Sunday** - Justice and Equity Orientation is on hiatus. Labyrinth open for personal use.
- **Third Sunday** - Qi Gong/Tai Chi Next: May 19 (Fahs Room)
- **Fourth Sunday - Exploring UUism** Next: **May 26 (Fahs Room)**

## **Our Community Partner for May** **National Alliance on Mental Illness (NAMI)**

Ways to Donate to the Shared Offering

- Text your amount to (916) 619-0903 (a first-time setup is required, but after that it's very easy)
- Online: Visit [uuss.org/donate](http://uuss.org/donate)
- Credit card: Call the church office - (916)483-9283
- Mail a check to UUSS, 2425 Sierra Blvd, Sac 95825

## **Coming Up**

**People of Color Caucus Meetings** 2nd and 4th Thursdays this spring: **May 9 - 6:00 to 7:30 pm on Zoom Contact:** [multi@uuss.org](mailto:multi@uuss.org) for Zoom link. May 23, 11:00 -12:30pm in person (Fahs Room)

**Theater One Gathering** at 3 pm in Rm. 6 - second Tuesday of the month - May 14 Contact: [theaterone@uuss.org](mailto:theaterone@uuss.org)

**End of Life Planning discussion with Molly Stuart**, Tuesday, May 14, 10 a.m. to noon on Zoom. Topic is Forms: Advance Directive, POLST (Physician Orders for Life-Sustaining Treatment), and DNR (Do Not Resuscitate). For more info and to get the Zoom link, contact Molly, sign up at Connections or email [adultenrichment@uuss.org](mailto:adultenrichment@uuss.org).

**Honoring our Minister Emeritus**--join us for an informal reception to mark the 50th anniversary of Rev. Doug Kraft's ordination to the UU ministry! Sunday, May 26, 12-1 pm, Fahs Classroom. To help with refreshments etc.: [PamProgramCouncil@uuss.org](mailto:PamProgramCouncil@uuss.org)

**Journey of Grief**--Are you grieving the loss of a loved one and seeking a healing path forward? Consider this small group for sharing and support; 6 sessions at UUSS, Sundays, June 2 - July 14, 1:30 - 3:00 pm. (Not a drop-in series.) Facilitators: UUSS members Pat Hofmaster & Gail Evans, with support from Rev. Roger. Register by May 19 at Sunday Connections Table and a facilitator will reach out to discuss the program. For info: [griefsupport@uuss.org](mailto:griefsupport@uuss.org)