

# Unitarian Universalist Society of Sacramento ~ Week of May 12 - 19, 2024

## Sunday May 12

- 10:30am - All-ages Worship Service “Nurturing Possibility”-** Ministerial Intern Rosemary Dodd, with Rev Roger Jones, Worship Associates Andy Cramer and Karen Sparrow, Music Director Anthony Tavianini, Pianist Irina Tchantceva, and the USS Choir
- 10:30am - Soul Kids - Contact: [re@uuss.org](mailto:re@uuss.org) for more info.**
- 10:30am - Junior High Youth Group (grades 6-8) Contact: [re@uuss.org](mailto:re@uuss.org)**
- 11:45am - Newcomers Orientation - Welcome Hall**

## Monday May 13

- 10:00am - Blossoms & Bushes - USS Campus** Deadhead, weed & trim plants in front of our building and the succulent-cactus garden. [blossoms@uuss.org](mailto:blossoms@uuss.org)
- 2:00pm - Ukulele Strum-Along - Fahs Room.** Everyone is welcome. Beginners are encouraged to come at 1:30 for help getting started. We welcome brand-new players, and we supply the music and have ukes to lend. Contact: [ukes@uuss.org](mailto:ukes@uuss.org)

## Tuesday May 14

- 10:00am - Ted’s Web Discussion Group - ONLINE.** Political discussion group. In-person 1<sup>st</sup> & 3<sup>rd</sup> Tues. Online 2<sup>nd</sup> & 4<sup>th</sup> Tues. Contact: [tedsweb@uuss.org](mailto:tedsweb@uuss.org) for the Zoom link.
- 3:00pm - Theater One Gathering - Room 6**  
Contact: [theaterone@uuss.org](mailto:theaterone@uuss.org)

## Wednesday May 15

- 7:00pm - Choir Rehearsal - Fahs Room** All are welcome! For more info, contact [anthony@uuss.org](mailto:anthony@uuss.org)
- 7:00pm - Your UU Journey Class - Library**  
Contact: [rjones@uuma.org](mailto:rjones@uuma.org)

## Thursday May 16

- 9:30am - Keep Moving - Get Fit** Every Thursday - Covered Patio or Welcome Hall depending on weather. Sitting and standing exercises for seniors, with Shelley Burns, instructor. \$10 drop-in. [adultenrichment@uuss.org](mailto:adultenrichment@uuss.org)

## Saturday May 18

- 10:00am - Saturday Stitchers and Crafters - Fahs Classroom.** Bring sewing, coloring, beading, knitting, or any other portable craft and join us! Contact: [stitchers@uuss.org](mailto:stitchers@uuss.org)

## Sunday May 19

- 10:30am - Worship Service “The Stories behind Tattoos: More than Skin-deep”-** Rev. Dr. Roger Jones with Ministerial Intern Rosemary Dodd, Worship Associate Celia Buckley, Religious Education Coordinator Crystal Fountain, Music Director Anthony Tavianini, Pianist Irina Tchantceva.
- 10:30am - Soul Kids - Contact: [re@uuss.org](mailto:re@uuss.org) for more info.**
- 10:30am - Junior High Youth Group (grades 6-8) Contact: [re@uuss.org](mailto:re@uuss.org)**
- 11:45am - May Congregational Meeting - Sanctuary** We will be voting for church officers and approving next year’s budget. To do this we need enough members there, for a quorum to represent the congregation, so please plan to attend.

## Staff and Minister Availability

**Rev. Roger [rjones@uuma.org](mailto:rjones@uuma.org)** Roger’s Day off is Monday; study day is Friday. He is available for a pastoral appointment by phone or in person. **Pastoral Volunteers** are available for support by phone. Schedule an appointment with **Ministerial Intern Rosemary Dodd [rosemary@uuss.org](mailto:rosemary@uuss.org)** **Rev. Lucy is on sabbatical until June 6.**

Our office staff ([office@uuss.org](mailto:office@uuss.org) or 916-483-9283) are available to respond to your phone calls and emails weekdays 8:30-4:30. Religious Education Coordinator [CrystalFountain@uuss.org](mailto:CrystalFountain@uuss.org). Pianist [irina@uuss.org](mailto:irina@uuss.org) and Music Director [anthony@uuss.org](mailto:anthony@uuss.org).

**Proposed Budget Discussion** Two drop-in meetings to discuss the proposed fiscal year 2024-2025 budget. There is an in-person meeting in room 6 after church on May 12, and a Zoom meeting on May 15 at 6:00 pm. The Zoom link is: <https://us02web.zoom.us/j/82278860483?pwd=Tnp0SEhLK21zbjFIMzUrbWNBOWlKZz09>

**Check out the selections of books and magazines at the UUSS BOOK STORE.** Do you need a good book for the next flying trip? Or getting ready for beach time? There are books for all ages with a minimum donation of \$1.00 for books and \$.50 for magazines. Donation of current books, fiction, nonfiction, are also welcomed. Magazines need to be less than three months old. Children's books are in demand as well. Publications from UUA and UUSS authors add to the wide variety of books available at this unique store.

**A Heart in Two Traditions:** Are you a friend or member who finds depth and meaning in one of the other spiritual or ethical traditions as well as in Unitarian Universalism? Please tell [Rev. Roger](#) about your participation in or curiosity about another tradition.

**Sandwich Brigade** date is Wed. 5/15. Please bring your lunches to UUSS by 10am. Each PBJ lunch should include a sandwich, a fruit (soft), a cookie or granola bar, a napkin, and a bottle of water, which may be packed separately. To date: approximately 12,300. Whoa!! Good work, all! NOTE: I could use 4-5 new brigaders. Email [familypromise@uuss.org](mailto:familypromise@uuss.org) if you're interested in feeding hungry people. Thank you - Sally Wilkins

**Mercy Pedalers reach another milestone serving the unhoused**  
With your support of supplies and funds, since 2018 UUSS Mercy Pedalers have now served 22,043 unhoused people and 1,053 of their dogs living on the streets of Arden Arcade, Carmichael. College/Glen Greens and midtown. Come visit us at their cart in front of the entrance on Sunday. Thank you for your help.

## Sunday Morning Programs at UUSS

*Join us before the service at 9:30 AM at UUSS*

- **First Sunday** Labyrinth meditation - Meadow  
Next: June 2
- **Second Sunday** - Justice and Equity Orientation is on hiatus. Labyrinth open for personal use.
- **Third Sunday** - Qi Gong/Tai Chi Next: May 19 (Fahs Room)
- **Fourth Sunday** - Exploring UUism Next: May 26 (Fahs Room)

## Our Community Partner for May National Alliance on Mental Illness (NAMI)

Ways to Donate to the Shared Offering

- Text your amount to (916) 619-0903 (a first-time setup is required, but after that it's very easy)
- Online: Visit [uuss.org/donate](http://uuss.org/donate)
- Credit card: Call the church office - (916)483-9283
- Mail a check to UUSS, 2425 Sierra Blvd, Sac 95825

## Coming Up

**People of Color Caucus Meetings** 2nd and 4th Thursdays this spring: May 23, 11:00 -12:30pm in person (Fahs Room) **Contact:** [multi@uuss.org](mailto:multi@uuss.org)

**Theater One Gathering** at 3 pm in Rm. 6 - second Tuesday of the month - May 14 Contact: [theaterone@uuss.org](mailto:theaterone@uuss.org)

**End of Life Planning discussion with Molly Stuart**, Tuesday, May 14, 10 a.m. to noon on Zoom. Topic is Forms: Advance Directive, POLST (Physician Orders for Life-Sustaining Treatment), and DNR (Do Not Resuscitate). For more info and to get the Zoom link, contact Molly, sign up at Connections or email [adultenrichment@uuss.org](mailto:adultenrichment@uuss.org).

**Honoring our Minister Emeritus**--join us for an informal reception to mark the 50th anniversary of Rev. Doug Kraft's ordination to the UU ministry! Sunday, May 26, 12-1 pm, Fahs Classroom. To help with refreshments etc.: [PamProgramCouncil@uuss.org](mailto:PamProgramCouncil@uuss.org)

**Journey of Grief**--Are you grieving the loss of a loved one and seeking a healing path forward? Consider this small group for sharing and support; 6 sessions at UUSS, Sundays, June 2 - July 14, 1:30 - 3:00 pm. (Not a drop-in series.) Facilitators: UUSS members Pat Hofmaster & Gail Evans, with support from Rev. Roger. Register by May 19 at Sunday Connections Table and a facilitator will reach out to discuss the program. For info: [griefsupport@uuss.org](mailto:griefsupport@uuss.org)

### All-Ages Camp at Camp Norge in the Sierra

June 28 - 30, 2024 Save the dates! [camp@uuss.org](mailto:camp@uuss.org)  
Registration is now open! See the Weekly Message email for the registration link as well as cost and other information!