

Unitarian Universalist Society of Sacramento ~ Week of April 21 - 28, 2024

Sunday April 21

- 10:30am - All-ages Worship Service “Bowling to the Spirits of Nature: Let’s Visit a Shinto Shrine”-** Sanctuary Led by Rev. Dr. Roger Jones with Religious Education Coordinator Crystal Fountain, Ministerial Intern Rosemary Dodd, Worship Associates Celia Buckley and Andy Cramer.
- 10:30am - Soul Kids - Contact: re@uuss.org for more info.**
- 10:30am - Senior High Youth Group (grades 9-12) Contact: re@uuss.org**
- 11:40am - Pledging for the 2024-25 budget.** Visit the Stewardship table for info, pledge forms & a treat!
- 12:00pm - Destroying Healthcare: Israel’s war on Gaza Hospitals.** Webinar in the Fahs Room. Flyers at Connections table. Snacks available. Letters to sign. UUJME sponsored. uujme@uuss.org

Tuesday April 23

- 10:00am - Ted’s Web Discussion Group - Online.** Political discussion group. In-person 1st & 3rd Tues. Online 2nd & 4th Tues. Contact: tedsweb@uuss.org for the Zoom link.

Wednesday April 24

- 7:00pm - Choir Rehearsal - Fahs Room** All are welcome! For more info, contact anthony@uuss.org

Thursday April 25

- 9:30am - Keep Moving - Get Fit** Every Thursday - Covered Patio or Welcome Hall depending on weather. Sitting and standing exercises for seniors, with Shelley Burns, instructor. \$10 drop-in. adultenrichment@uuss.org
- 11:00am - People of Color Caucus Meeting - Fahs Room**
Contact: multi@uuss.org
- 7:00pm - USS Readers - Fahs Room** Meet on the LAST Thursday of each month in Fahs 7 PM to 8 PM+. Sign up at www.uuss.org/uureaders to receive a meeting reminder each month or if changes in book dates change. **An Ordinary Youth** by Walter Kempouski. Contact: uureaders@uuss.org

Sunday April 28

- 10:30am - Worship Service “A Faithful Commitment to Values: An Ideology Is Not a Faith”-** Rev. Dr. Roger Jones, preaching, with Worship Associate Dawn Huebner, Music Director Anthony Tavianini, Pianist Irina Tchantceva.
- 10:30am - Soul Kids - Contact: re@uuss.org for more info.**
- 10:30am - Junior High Youth Group (grades 6-8) Contact: re@uuss.org**
- 5:00pm - Beltane Celebration with CUUPS -** Back Patio and Fahs Room. Everyone is welcome! Spring is in full swing, come celebrate the Goddess and all that is blooming! Bring a couple of flowers and a potluck dish to share. Contact Laurie Jones or Leanna Pierson at cuups@uuss.org

Staff and Minister Availability

Rev. Roger rjones@uuma.org Roger’s day off is Monday; study day is Friday. He is available for a pastoral appointment by phone or in person. **Pastoral Volunteers** are available for support by phone. Schedule an appointment with **Ministerial Intern Rosemary Dodd will be out of town April 22-29 rosemary@uuss.org** Rev. Lucy is on sabbatical until June 1.

Our office staff (office@uuss.org or 916-483-9283) are available to respond to your phone calls and emails weekdays 8:30-4:30. Religious Education Coordinator CrystalFountain@uuss.org. Pianist irina@uuss.org and Music Director anthony@uuss.org.

UU Coffee! Enjoy coffee created just for USS: Chalice Blend! Beans grown by women-owned cooperatives in Latin America, roasted by a cafe in Oakland. Fresh beans sold in the Sunday Bookstore or in the Office any weekday. \$15 a bag.

May Congregational Meeting - Sunday, May 19, after church. We will be voting for church officers and approving next year’s budget. To do this we need enough members there to represent the congregation, so please plan to attend.

UUSS Birthdays-- Ministers & staff sign and send birthday cards to members & pledging friends if we have a full date of birth (as well as to your children). If you'd like a card on your real birthday, please send your info to elaine@uuss.org

Volunteer opportunity - Join UUSS members in support of Loaves and Fishes in its effort to feed the hungry. Every month on the 4th Monday of the month (**Yes that is tomorrow**). Food Prep Crew meets at 7:15 am - and/or - Serving & Cleanup Crew meets at 10:30 am. Contact Larry Shaw to sign up at loavesandfishes@uuss.org

Committed, Loving, Generous--Our pledge drive ends April 21! If we achieve at least a 15% overall increase in commitments for the 2024-25 budget, UUSS can compensate our staff members generously and achieve the fair compensation guidelines urged by our denomination. Visit our Stewardship table after service to learn more, get a pledge form, or pledge [securely online](#) at uuss.org/stewardship.

Sunday Morning Programs at UUSS

Join us before the service at 9:30 AM at UUSS

- **First Sunday** Labyrinth meditation - Meadow
Next: May 5
- **Second Sunday** - Justice and Equity Orientation is on hiatus until further notice.
- **Third Sunday - Qi Gong/Tai Chi Next: April 21 (Fahs Room)**
- **Fourth Sunday** - Exploring UUism Next: Social Justice on April 28 (Fahs Room)

Our Community Partner for April [NorCal Resist](#)

Ways to Donate to the Shared Offering

- Text your amount to (916) 619-0903 (a first-time setup is required, but after that it's very easy)
- Online: Visit uuss.org/donate
- Credit card: Call the church office – (916) 483-9283
- Mail a check to UUSS, 2425 Sierra Blvd, Sac 95825

Coming Up

May is Mental Health Awareness Month! Our May community Partner, National Alliance on Mental Illness (NAMI) is holding their annual walk-a-thon, NAMIWalks, on May 4 starting at Land Park to raise funds for the local NAMI chapter. Sign up in the Welcome Hall on April 21 and 28 to walk with Team UUSS.

Afghan Dinner-Sunday, May 5, 6:00 pm--To benefit 30 parents and children from Afghanistan (supported by Refugee Support Team). The cooks among them will prepare a traditional Afghan meal to return our hospitality. Tickets \$30 or more per adult; \$5-\$10 per child/youth. Tickets or cash donations will help with legal asylum fees, rent, etc. Also seeking donations of summer clothes for 21 kids. Visit our Sunday table or email us: refugeesupport@uuss.org

People of Color Caucus Meetings 2nd and 4th Thursdays this spring: May 9 from 6 to 7:30 pm on Zoom
May 23, 11:00 -12:30pm in person (Fahs Room)

End of Life Planning discussion with Molly Stuart, Tuesday, May 14, 10 a.m. to noon on Zoom. Topic is Forms: Advance Directive, POLST (Physician Orders for Life-Sustaining Treatment), and DNR (Do Not Resuscitate). For more info and to get the Zoom link, contact Molly, sign up at Connections or email adultenrichment@uuss.org.

All-Ages Camp at Camp Norge in the Sierra

June 28 - 30, 2024 Save the dates! camp@uuss.org

Registration is now open! See the Weekly Message email for the registration link as well as cost and other information!