

Unitarian Universalist Society of Sacramento

Sunday, May 7, 2023, in person and online

The Body is Not an Apology

Lighting Candles of Joy and Sorrow

At this time, you may come forward to light a candle
and write a message for a minister to read during the prayer.

Hymn #1000

Morning Has Come

Words of Welcome

Music for Centering

Spring Rain

-Yiruma

Chalice Lighting

Blessing Song for Children and Youth

Lead with Love

-Melanie DeMore

Joys and Sorrows, Prayer, and Silence

Hymn # 1053

How Could Anyone

Reading

from The Body is Not an Apology by Sonya Renee Taylor

Guided Meditation

Personal Reflection

Gift of Music

This is Me

-Benj Pasek and Justin Paul

Sermon Part 1

Shared Offering

for the Nation Alliance on Mental Illness

Every Sunday we give half of the offering donations to a not-for-profit agency.

Offertory

Kingsfold

-Traditional Irish tune, arr. G. Breeze

Spoken Response

Sermon Part 2

The Body is Not an Apology

Hymn #1018

Come and Go with Me

Extinguishing the Chalice

We extinguish this flame, but we carry the light, love,
and commitment of this gathering into the days to come.

Benediction

SERVING IN WORSHIP TODAY

Rev. Lucy Bunch, preaching

Worship Associate Courtney O'Neill

Music Director Anthony Tavianini

Pianist Irina Tchanceva

Tom Derthick, Double Bass – Wendy Day vocal

WELCOME TO GUESTS & NEWCOMERS!

Please complete a Newcomer Card to receive
follow-up information and *Our Weekly Message* by email
at uuss.org/newcomers or at the Welcome Table in the hall.

Find our Weekly Calendar at uuss.org/bluesheets/

Assisted listening devices are in the rear or in the Welcome Hall.

Our induction-loop system connects to a T-coil hearing aid.

Restrooms are out the sanctuary doors to the left. A single-person restroom
is in the hallway to the right of the Library/Bookstore.

OUR CONGREGATION'S MISSION STATEMENT

We come together to deepen our lives
and to be a force for healing in the world.

UNITARIAN UNIVERSALIST SOCIETY OF SACRAMENTO

WWW.UUSS.ORG

2425 SIERRA BLVD. SACRAMENTO, CA 95825

(916) 483-9283

