

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday December 24

- 9:20am - Nursery Care - Room 11
- 9:45am - Spiritual Reading and Reflection - 4th Sunday - Library
- 10:30am - Sunday Service - All Ages - Sanctuary
- 11:30am - Newcomers' Meet-and-Greet - Library
- 12:00pm - Newcomers' Orientation - Library
- 7:00pm - Christmas Eve Candlelight Service - Sanctuary

Monday December 25

- 7:30am - Loaves & Fishes - Offsite
The Food Prep crew meets at 7:30am and the Serving/Clean Up crew meets at 10:15am.
Contact: loavesandfishes@uuss.org
- 2:00pm - Christmas Day Dinner - Main Hall

Tuesday December 26

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org
- 10:00am - Chair Yoga - Room 7/8 by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis.
All Welcome!
- 6:30pm - Easing Awake Meditation - Fahs Room
With Doug Kraft. Contact: doug@dougkraft.com
- 7:00pm - UU Readers Book Discussion - Library
Contact: uureaders@uuss.org

Wednesday December 27

- 1:00pm - Women's Support Group - Fahs Room
All are welcome. Contact: women@uuss.org
- 3:00pm - World Religions Lecture - Buddhism - Library
We will hear two lectures. A lecture concerning the theory of the Mandala. Then a lecture concerning Tibetan Buddhism. Finally, we will discuss this religion's beliefs and practices.
- 4:00pm - St. John's Shelter - Offsite
Help prep and serve dinner to women and children who are escaping homelessness and domestic abuse. Contact: stjohns@uuss.org

- 7:00pm - UUSS Choir Rehearsal - Fahs Room/Room 6
Contact: keith@uuss.org
- 7:00pm - World Religions Lecture - Buddhism - Library

Thursday December 28

- 1:30pm - Ukulele Players Slow Jam - Music and Theater Room
Join us for ukulele jam 1:30 to 3:00. Instruction and loaner ukes available by prior contact: ukes@uuss.org
- 7:00pm - Theology on Tap Creating a spiritual community one pub at a time. Hoppy Brewing Company 300 Folsom Blvd, Sacramento. Contact: John McMillan
mcmillanjohn@att.net

Friday December 29

- 2:00pm - John Chmaj Piano Jazz and Art Show - Main Hall
UU pianist & son of Dr. Betty Ch'maj, longtime UUSS member, comes home from Seattle for a concert and talk. Suggested donation \$10. Meet the artist and enjoy refreshments after the show. Contact: keith@uuss.org with questions.

About these Announcements: Members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. **Deadline is noon Wednesday.** Please indicate all the Sunday dates you wish it to appear. Please include a **two-word heading** plus the name and nature of your event, with day, time, location and a contact name and email. **Maximum 25 words.** The Blue Sheet is posted on the website and included as an insert in the order of service.

ComingUp@UUSS Unitarian Universalist Society of Sacramento

A meditation class led by UUSS minister emeritus Doug Kraft, begins on January 8 from 6:30 to 8:30 in the Fahs room. Doug has trained in Buddhist meditation for over 40 years and teaches a style similar to Insight Meditation with some essential differences. Sign up at Adult Enrichment table.

Book discussion on racial identity in UU churches - "Centering," Stories & insights from UU ministers of color. Rev. Roger leads it. Tues., Feb. 6, 7:00-8:30 PM. This UUA book on sale in UUSS Library at coffee hour or at www.uuabookstore.org. Register at Adult Enrichment table by Jan. 28 and please read at least half the book.

Our 150th Anniversary Gifts - We are well on the way toward the goal of \$200,000. This will fund new lights and poles in the parking lot and a new patio cover and furnishings to reduce crowding after service and hold events outdoors even in rain or hot sun. All gifts will complete our building expansion and renovation project and mark our 150th anniversary in 2018. Visit Tina Stidman at the donations table or speak with Rev. Roger. Thanks!

Tax-deductible giving at year end--If you deduct charitable contributions, our Office will be open through Friday, Dec. 29, to receive pledge payments or any gifts to the Heritage Fund, Anniversary Gifts, etc. Any checks to UUSS dated Sunday, Dec. 31, or earlier will be credited for 2017. Thank you for any and all gifts you make to support our mission, staff and programs.

Sunday Morning Spiritual Practices

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)

1st Sunday - Labyrinth Walk - Labyrinth in meadow

2nd Sunday - Qi Gong & Tai Chi Chuan - Fahs Room

3rd Sunday - Silent Meditation - Classroom 6

4th Sunday - Reading Reflection on Poetry & Prose - Classroom 6

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Classroom

January 21 - Social Justice: How Do We Live Our Values?

February 18 - Survey of UU History

March 18 - Principles & Sources of Our Tradition

Ways to Serve

Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev Lucy lucy@uuss.org to find out how you can get involved.

Together We Share - We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact: share@uuss.org

New Landscape Upkeep Team - First week of each month, our group spends 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Tools are available if you need them. Contact: landscape@uuss.org

Religious Education Message

Hello UUSS Families,

Today is an all-ages service, which means no RE classes are scheduled. Children and youth are welcome in the sanctuary with us as we come together in community.

Next Sunday, December 31: Spirit Play, JHYG, & SHYG.

Happy Christmas Eve Morning!

-Miranda Massa, Religious Education Coordinator