

# ThisWeek@UUSS Unitarian Universalist Society of Sacramento

## Sunday December 10

- 9:20am - Nursery Care - Room 11
- 9:30am - Parents' Coffee & Convo w/Rev. Roger - Fahs Room
- 9:45am - QiGong & Tai Chi Chuan - Room 7/8
- 10:00am - Our Whole Lives (OWL) - Room 9
- 10:30am - Sunday Service - Sanctuary
- 10:30am - Spirit Play - Room 7/8
- 11:30am - Soup Sunday - Welcome Hall Join us following the service for delicious soups prepared for you by members of Theater One. The suggested donation per person is \$5.00.
- 11:30am - Newcomers Meet-and-Greet - Library
- 4:00pm - A Chanteuses Christmas Concert - Main Hall  
*Tickets at the door: \$20 adults, \$15 seniors & students.*
- 5:30pm - Easy Yoga by Paige Labrie - Room 7/8

## Monday December 11

- 10:00am - Chair Yoga- Fahs Room Yoga by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis.  
All Welcome!
- 1:30pm - Party Bridge: All skill levels welcome - Room 7/8  
Contact: [partybridge@uuss.org](mailto:partybridge@uuss.org)
- 6:30pm - Gen X/Boomer Club Monthly Meeting - Fahs Room  
Contact: [genxboomers@uuss.org](mailto:genxboomers@uuss.org)
- 7:00pm - Men's Group 2<sup>nd</sup> & 4<sup>th</sup> Monday - Music & Theater Room  
Contact: [men@uuss.org](mailto:men@uuss.org)

## Tuesday December 12

- 10:00am - Ted's Web Discussion Group - Fahs Room  
Political discussion group named after our late Minister Ted Webb. Contact: [tedsweb@uuss.org](mailto:tedsweb@uuss.org)
- 6:30pm - Easing Awake Meditation - Fahs Room  
With Doug Kraft. Contact: [doug@dougkraft.com](mailto:doug@dougkraft.com)
- 6:30pm - Mah Jongg: All are welcome - Room 6  
Contact: [mahjongg@uuss.org](mailto:mahjongg@uuss.org)
- 7:00pm - Gen Y Ministry Circle - Room 9  
Join the 20s/30s group for our monthly ministry circle and potluck. Contact: [geny@uuss.org](mailto:geny@uuss.org)
- 7:00pm - **TED Talks** - Welcome Hall Do you enjoy **TED talks** online? It's also enjoyable to watch them with a group and discuss them afterward. Our topic is Making Religion More Compassionate: Top 10 Questions from the TED Community. Two talks by scholar Karen Armstrong; discussion led by Rev. Roger Jones. All are welcome!

## Wednesday December 13

- 1:00pm - Women's Group - Fahs Room  
All are welcome. Contact: [women@uuss.org](mailto:women@uuss.org)
- 2:30pm - FRST Monthly Meeting - Library  
Contact: [frst@uuss.org](mailto:frst@uuss.org)
- 3:00pm - A.E. World Religions Lecture - Welcome Hall  
We will hear two lectures. The first is concerning Buddhist philosophy and the second is concerning Trantric BUDDHISM. We will then discuss this religion's beliefs and practices. Contact: Ray Reynolds
- 6:00pm - Finance Committee Meeting - Library
- 7:00pm - UUSS Choir Rehearsal - Fahs Room/Room 6  
All are Welcome! Contact: [keith@uuss.org](mailto:keith@uuss.org)
- 7:00pm - A.E. World Religions Lecture - Welcome Hall

## Thursday December 14

- 10:45pm - Alliance Group Holiday Luncheon - Library  
Please make a reservation for \$5.00  
An inspiring DVD - *Celebrating What's Right in the World* will be shown. All Welcome! Contact: [alliance@uuss.org](mailto:alliance@uuss.org)
- 1:30pm - Ukulele Players Slow Jam - Music and Theater Room  
Join us for ukulele jam 1:30 to 3:00. Instruction and loaner ukuleles available by prior.  
Contact: [ukes@uuss.org](mailto:ukes@uuss.org)

## Friday December 15

- 6:00pm - Games Night - Fahs Room Potluck and all-ages gaming.  
Contact: [gamesnight@uuss.org](mailto:gamesnight@uuss.org)

## Saturday December 16

- 5:30pm - Showing Up for Racial Justice (SURJ) Movie Night  
"The House We Live In" film and discussion - Fahs Room  
Contact: [racialjustice@uuss.org](mailto:racialjustice@uuss.org)

**About these Announcements:** Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at [bluesheet@uuss.org](mailto:bluesheet@uuss.org). **Deadline is noon Wednesday.** Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sunday

# ComingUp@UUSS Unitarian Universalist Society of Sacramento

**UUSS CUUPS** our annual Winter Solstice Celebration Sat, Dec 23 1pm-4pm. Afternoon accommodates those who do not drive in the dark. We will have our indoor labyrinth walk 1-2, ceremony with Jill Welch presenting on Druid nature spirituality 2-3, and pot luck supper 3-4. Event is free, donations gratefully accepted for UUSS. All Welcome. Please join us to celebrate the return of the light.

**Christmas potluck supper** - Mon, Dec 25, 2:00pm. All welcome. We may sing a variety of carols, board games, trivia, etc. Organizer: Laurie Jones [ljones.asbarc@gmail.com](mailto:ljones.asbarc@gmail.com), (916) 694-4471.

**Jazz piano improv & artworks multimedia recital Dec. 29**--John Ch'maj, UU pianist & son of Dr. Betty Ch'maj, longtime UUSS member, comes home from Seattle for a concert and talk. It commemorates the 20th anniversary of Betty's passing and celebrates her work as an American Studies scholar and teacher. At UUSS 2:00 p.m. Friday, Dec. 29. Suggested donation \$10. Meet the artist and enjoy refreshments after the show. Contact: [keith@uuss.org](mailto:keith@uuss.org) with questions.

**Ina Jun and Sandro Ladu Recital:** 12:00pm Wednesday January 3 at Westminster Presbyterian Church, 1300 N St, Sacramento, CA 95814.

## Exploring Unitarian Universalism - Next Sunday

**Members, Friends & Newcomers Join us:**

3<sup>rd</sup> Sunday of each Month 9:30am – 10:15am, Fahs Room

**December 17** - Faith: What Does It Mean to a UU?

January 21 - Social justice: How Do We Live Our Values?

## Sunday Morning Spiritual Practices

**Join Us Before the Service**

9:45am- 10:15am every Sunday (**except 5<sup>th</sup> Sundays**)

**3<sup>rd</sup> Sunday** - Silent Meditation - Room 6

4<sup>th</sup> Sunday - Reading Reflection on Poetry & Prose - Room 6

## Be a Force for Healing

**Holiday Cards of Compassion for Immigrant Detainees** - A card-writing event will be held in the foyer on Dec. 17, 12:45 pm to 2:00 pm. Cards will be provided. Your support with stamps would be greatly appreciated. Look for the signs.

**Refugee Adopt-a-Family:** Three newcomer refugee families are looking forward to your holiday wishes and generosity! Look for the donation table on November 26, December 3 and 10.

Contact: [Refugeesupport@uuss.org](mailto:Refugeesupport@uuss.org)

## Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev Lucy [lucy@uuss.org](mailto:lucy@uuss.org) to find out how you can get involved.

## Together We Share:

We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact: [share@uuss.org](mailto:share@uuss.org)

## Religious Education Message

Hello UUSS Families,

**Spirit Play** for children in Kinder through 5<sup>th</sup> grades meet in Room 7/8. Spirit Play parents and guardians, please pick up your child(ren) at the door next to the playground/grassy side of our church campus. The **Our Whole Lives** group meets today for those preregistered.

**Next week! JHYG and SHYG:** mark your calendars for youth group on December 17 and December 31.

## Happy Sunday!

-Miranda Massa, Religious Education Coordinator