

# **ThisWeek@UUSS Unitarian Universalist Society of Sacramento**

## **Sunday December 3**

- 9:20am - Nursery Care - Room 11
- 9:45am - Labyrinth Walk - 1<sup>st</sup> Sunday - Labyrinth
- 10:00am - Our Whole Lives (OWL) - Room 9
- 10:30am - Sunday Worship Service - Sanctuary
- 10:30am - Spirit Play - Room 7/8  
Contact: [re@uuss.org](mailto:re@uuss.org)
- 11:30am - Newcomers Meet-and-Greet - Library
- 5:30pm - Easy Yoga by Paige Labrie - Room 7/8

## **Monday December 4**

- 10:00am - Chair Yoga in Room 7/8 by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!
- 1:30pm - Party Bridge: All skill levels welcome - Room 7/8  
Contact: [partybridge@uuss.org](mailto:partybridge@uuss.org)
- 4:30pm - Earth Justice Ministry (EJM) Monthly Meeting - Welcome Hall Contact: [earthjustice@uuss.org](mailto:earthjustice@uuss.org)

## **Tuesday December 5**

- 10:00am - Ted's Web Discussion Group - Room 7/8  
Contact: [tedsweb@uuss.org](mailto:tedsweb@uuss.org)
- 6:30pm - Mah Jongg - Welcome Hall  
Contact: [mahjongg@uuss.org](mailto:mahjongg@uuss.org)
- 6:30pm - Easing Awake Meditation - Library  
With Doug Kraft. Contact: [doug@dougkraft.com](mailto:doug@dougkraft.com)

## **Wednesday December 6**

- 1:00pm - Women's Group - Library  
All are welcome. Contact: [women@uuss.org](mailto:women@uuss.org)
- 3:00pm - A.E. World Religions Lecture - Welcome Hall  
We will first hear a lecture concerning the Celestial Buddhas and their impact on bodhisattvas. Then we will hear about the concept of Emptiness. We will then discuss this religion's beliefs and practices.  
Contact: [Ray Reynolds](mailto:RayReynolds)
- 7:00pm - A.E. World Religions Lecture-Buddhism - Welcome Hall  
Contact: [Ray Reynolds](mailto:RayReynolds)
- 7:00pm - UUSS Choir Rehearsal - Main Hall  
Contact: [keith@uuss.org](mailto:keith@uuss.org)

## **Thursday December 7**

- 1:30pm - Ukulele Players Slow Jam - Music and Theater Room  
Join us for ukulele jam 1:30 to 3:00. Instruction and loaner ukuleles available by prior contact:  
[ukes@uuss.org](mailto:ukes@uuss.org)
- 6:30pm - Social Justice Movie Night - Welcome Hall

## **Saturday December 9**

- 8:45am - American River Parkway Cleanup - (Offsite)  
Meet at the parking lot west-end of Northrop Ave.  
Contact: [parkway@uuss.org](mailto:parkway@uuss.org)

**UUSS Lesbian-Identified Gathering:** Gather with other lesbian-identified women from UUSS for lunch and conversation, Today December 3. Meet after church at the pillar on the front porch to decide where to go. Contact: [lavender@uuss.org](mailto:lavender@uuss.org) for info.

**Ted Talks** - December 12, 7-8:30pm - Welcome Hall  
Topic: Making Religion More Compassionate: Top 10 Questions from the TED Community. Two talks by scholar Karen Armstrong; discussion led by Rev. Roger Jones. All are welcome!

**Stewardship Committee** - Did you happen to catch a photo of UUSS in action? We would like to share photos of events, people, and justice work at UUSS in our upcoming campaign. Please email photos to [stewardship@uuss.org](mailto:stewardship@uuss.org) or drop them off at the office. Thank you, shutterbugs.

**About these Announcements:** Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at [bluesheet@uuss.org](mailto:bluesheet@uuss.org). **Deadline is noon Wednesday.** We are streamlining the bluesheet with new word limits. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays

# ComingUp@UUSS Unitarian Universalist Society of Sacramento

**Alliance Group Holiday Luncheon** on December 14 at 10:45 am  
Please make a reservation with Vivian Counts 916-483-8827  
An inspiring DVD - *Celebrating What's Right in the World* will be shown.

**UUSS CUUPS** our annual Winter Solstice Celebration Sat, Dec 23  
1pm-4pm. Afternoon accommodates those who do not drive in the dark. We will have our indoor labyrinth walk 1-2, ceremony with Jill Welch presenting on Druid nature spirituality 2-3, and pot luck supper 3-4. Event is free, donations gratefully accepted for UUSS. All Welcome. Please join us to celebrate the return of the light.

**Jazz piano improv & artworks multimedia recital Dec. 29--**  
John Ch'maj, UU pianist & son of Dr. Betty Ch'maj, longtime UUSS member, comes home from Seattle for a concert and talk. It commemorates the 20th anniversary of Betty's passing and celebrates her work as an American Studies scholar and teacher. At UUSS 2:00 p.m. Friday, Dec. 29. Suggested donation \$10. Meet the artist and enjoy refreshments after the show. Contact: [keith@uuss.org](mailto:keith@uuss.org) with questions.

## Exploring Unitarian Universalism

**Members, Friends & Newcomers Join us:**

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room  
**November 19** - Principles & Sources of Our Tradition

## Sunday Morning Spiritual Practices

**Join Us Before the Service**

9:45am- 10:15am every Sunday (**except 5<sup>th</sup> Sundays**)  
**2<sup>nd</sup> Sunday** - QiGong & Tai Chi Chuan - Fahs Room

## Be a Force for Healing

**Social Justice Movie Night:** Thursday, December 7, 6:30 p.m.  
*Defying the Nazis: The Sharps' War* an account of a daring rescue mission that occurred on the precipice of World War II. It tells the story of Waitstill and Martha Sharp, a Unitarian minister and his wife from Wellesley, Massachusetts, who left their children behind in the care of their parish and boldly committed to multiple life-threatening missions in Europe.

**Refugee Adopt-a-Family:** Three newcomer refugee families are looking forward to your holiday wishes and generosity! Look for the donation table on November 26, December 3 and 10. (Details in November's *Unigram*). Contact: [Refugeesupport@uuss.org](mailto:Refugeesupport@uuss.org)

## Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev. Lucy [lucy@uuss.org](mailto:lucy@uuss.org) to find out how you can get involved.

**Together We Share:** We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact: [share@uuss.org](mailto:share@uuss.org).

## Religious Education Message

Hello UUSS Families,

**Spirit Play** for children in Kinder through 5<sup>th</sup> grades meet in Room 7/8. Spirit Play parents and guardians, please pick up your child(ren) at the door next to the playground/grassy side of our church campus. The **Our Whole Lives** group meets today and next weekend Sunday, December 10.

**JHYG** and **SHYG:** mark your calendars for youth group on December 17 and December 31.

**December 10: Parents of Youth ~ Coffee and Conversation with Rev. Roger** in the Fahs classroom. Rev. Roger arrives with coffee 9:30 a.m. Parents' Discussion 9:50-10:25 a.m. with snacks by Petra. Youth invited to Tai Chi/Qi Gong practice 9:45 a.m. till church or the OWL class starts.

## Happy Marathon Sunday!

-Miranda Massa, Religious Education Coordinator