

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday November 26

- 9:20am - Nursery Care - Room 11
9:45am - Spiritual Reading and Reflection - 4th Sunday - Library
10:30am - Sunday Service – Sanctuary
10:30am - RE Spirit Play - Room 7/8
Contact: re@uuss.org
10:30am - Junior High Youth Group (JYHG) - Room 6
10:30am - Senior High Youth Group (SHYG) - Room 12
11:30am - Newcomers' Meet-and-Greet - Library
12:00pm - Newcomers' Orientation - Library
12:45pm - Website Training - Library
5:30pm - Easy Yoga - Room 7/8 by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!
Contact: adultenrichment@uuss.org

Monday November 27

- 7:30am - Loaves & Fishes - Offsite
The Food Prep crew meets at 7:30am and the Serving/Clean Up crew meets at 10:15am.
Contact: loavesandfishes@uuss.org
10:00am - Chair Yoga - Fahs Room by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!
1:30pm - Party Bridge: All skill levels welcome - Room 7/8
Contact: partybridge@uuss.org
6:00pm - UUJME - Anti-Semitism Discussion - Welcome Hall
Contact: uujme@uuss.org
7:00pm - Men's Group - Music/Theater Room
Contact: men@uuss.org
7:30pm - Strategic Planning Committee Meeting - Library

Tuesday November 28

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org
6:30pm - Mah Jongg - Room 6 Newcomers welcome
Contact: mahjongg@uuss.org
6:30pm - Easing Awake Meditation - Library
With Doug Kraft. Contact: doug@dougkraft.com
7:00pm - UU Readers Book Discussion - Welcome Hall
Contact: uureaders@uuss.org

Wednesday November 29

- 1:00pm - Women's Support Group - Fahs Room
All are welcome. Contact: women@uuss.org
3:00pm - World Religions Lecture - Buddhism- Welcome Hall

We will hear two lectures. One concerning Theravada Buddhism and the other concerning Mahayana BUDDHISM and the Bodhisattva Ideal. We will then discuss this religion's beliefs and practices. Contact:

adultenrichment@uuss.org

7:00pm - UUSS Choir Rehearsal - Fahs Room/Room 6

Contact: keith@uuss.org

7:00pm - World Religions Lecture - Buddhism - Library

Thursday November 30

1:30pm - Ukulele Players Slow Jam - Music and Theater Room

Join us for ukulele jam 1:30 to 3:00. Instruction and loaner ukes available by prior contact: ukes@uuss.org

7:00pm - UUSS Board of Trustees Meeting - Library

The meetings are held the fourth Thursday of every month. All are welcome.

Saturday December 2

10:00am - UU Saturday Stitchers Monthly Meeting - Fahs Room

Contact: stitchers@uuss.org

Gen Y (20s/30s) Luncheon: Join other Gen Y members for lunch and conversation on the final Sunday of each month at noon. Location varies. Meet at the Welcome Table after service.

Contact: geny@uuss.org.

Sunday Morning Spiritual Practices

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)

1st Sunday - Labyrinth Walk - Labyrinth in meadow

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Classroom

December 17 - Faith: What Does It Mean to a UU?

December 3 -- This is Marathon Day -- allow extra time to avoid Fair Oaks Blvd see website for options

About these Announcements: Members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. **Deadline is noon Wednesday.** Please indicate all the Sunday dates you wish it to appear. Please include a **two-word heading** plus the name and nature of your event, with day, time, location and a contact name and email. **Maximum 25 words.** The Blue Sheet is posted on the website and included as an insert in the order of service.

ComingUp@UUSS Unitarian Universalist Society of Sacramento

UUSS Lesbian-Identified Gathering: Gather with other lesbian-identified women from UUSS for lunch and conversation. Sunday December 3 at 11:45 in Ettore's private dining room, 2376 Fair Oaks Blvd. Contact: lavender@uuss.org

Theater One Auditions: Have you always wanted to be a pirate? Now's your chance! Lonon Smith has adapted the script and will be directing the show, which features Taylor Lewis as Long John Silver. Auditions December 9 from 1:00 to 3:00 pm in Room 7/8. The show runs March 3 through 25. Hope to see you there!

UUSS CUUPS our annual Winter Solstice Celebration Sat, Dec 23 1pm-4pm. Afternoon accommodates those who do not drive in the dark. We will have our indoor labyrinth walk 1-2, ceremony with Jill Welch presenting on Druid nature spirituality 2-3, and pot luck supper 3-4. Event is free, donations gratefully accepted for UUSS. All Welcome. Please join us to celebrate the return of the light.

Alliance Group Holiday Luncheon on December 14 at 10:45 am Please make a reservation with Vivian Counts 916-483-8827 An inspiring DVD - *Celebrating What's Right in the World* will be shown.

Concert--A Chanteuses Christmas—Sunday, Dec. 10, 4:00 p.m. here at UUSS. A beautiful encounter of women's voices a cappella and with flute and guest pianist Jenny Mecham. Rachmaninoff's "The Angel" and other works. Join us in welcoming our new conductor, Judy Britts. Tickets at the door: \$20 adults, \$15 seniors & students. Discounted pre-sale tickets: www.chanteuses.org or 916-234-0289.

Deepening Our Lives

Refugee Adopt-a-Family: Three newcomer refugee families are looking forward to your holiday wishes and generosity! Look for the donation table on November 26, December 3 and 10. (Details in November's *Unigram*). Contact: Refugeesupport@uuss.org

Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev Lucy lucy@uuss.org to find out how you can get involved.

Family Promise hosts our guests **Sunday December 3 through Sunday, December 10**. Currently there are 4 families in the program, so we will have a full house. Volunteers are needed for:

- Set-up and Tear-Down
- Providing parts of meals
- Hosting during the dinner hour
- Staying Overnight (two volunteer hosts)
- Donations of perishable and non-perishable items (or a cash donation)

You can sign-up at the Family Promise table today and for the next few Sundays or at <http://www.uuss.org/familypromise/>.

We had a few art/craft items last time and the families (adults and children) loved them. We are looking for donations of extra supplies, especially little "kits." Thank you.

Together We Share - We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact: share@uuss.org

New Landscape Upkeep Team - First week of each month, our group spends 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Tools are available if you need them. Contact: landscape@uuss.org

Religious Education Message

Hello UUSS Families,

Spirit Play for children in Kinder through 5th grades meet in Room 7/8. Spirit Play parents and guardians, please pick up your child(ren) at the door next to the playground/grassy side of our church campus.

Junior High gather in Room 6 and **Senior High** in Room 12. All children and youth begin the morning in the sanctuary before the congregation sings them out to their programs.

Happy Sunday!

-Miranda Massa, Religious Education Coordinator