

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday November 19

- 9:20am - Nursery Care - Room 11
- 9:30am - Exploring Unitarian Universalism - Fahs Room
Principles & Sources of Our Tradition
- 9:45am - Silent Meditation - 3rd Sunday - Room 6
- 10:00am - Our Whole Lives (OWL) - Room 9
- 10:30am - Sunday Worship Service - **All Ages** - Sanctuary
- 11:30am - Newcomers Meet-and-Greet - Library
- 11:45am - 3rd Sunday Songfest - Main Hall Piano
- 1:30pm - Ruth Davis Barr Memorial - Welcome Hall
- 5:30pm - Easy Yoga by Paige Labrie Room 7/8

Monday November 20

- 10:00am - Chair Yoga - Fahs Room Yoga by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!
- 1:30pm - Party Bridge - Room 7/8 All skill levels welcome.
Contact: partybridge@uuss.org

Tuesday November 21

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org
- 6:30pm - Mah Jongg - Room 6
Contact: mahjongg@uuss.org
- 6:30pm - Easing Awake Meditation - Library
With Doug Kraft. Contact: doug@dougkraft.com
- 7:00pm - Sac ACT Environmental Justice - Fahs Room
Travel the Path to Healing the Earth with our Interfaith Community! Attend the monthly meeting of the Sacramento Area Congregations Together (ACT) Environmental Justice Committee. Learn how you can be part of the solution as we continue to develop and clarify the environmental and climate change actions that need our immediate and long-term attention. Contact: interfaithearth@uuss.org

Wednesday November 22

- 1:00pm - Women's Group - Fahs Room
All are welcome. Contact: women@uuss.org
- 3:00pm - A.E. World Religions Lecture - Welcome Hall
We will hear two lectures. One concerning monastic communities and one concerning art and architecture. We will discuss this religion's beliefs and practices.
Contact: Ray Reynolds

- 4:00pm - St. John's Shelter - Offsite
Help prep and serve dinner to women and children who are escaping homelessness and domestic abuse. Contact: stjohns@uuss.org
- 7:00pm - UUSS Choir Rehearsal - Fahs Room/Room 6
Contact: keith@uuss.org
- 7:00pm - A.E. World Religions Lecture - Library

Thursday November 23

****OFFICE CLOSED****

- 2:00pm - **UUSS Potluck Thanksgiving Day Dinner**
Contact: Laurie Jones, 916-694-4471 or ljones.asbarc@gmail.com

Friday November 24

****Day After Thanksgiving - OFFICE CLOSED****

Sunday Morning Spiritual Practices

Join Us Before the Service

- 9:45am- 10:15am every Sunday (**except 5th Sundays**)
- 4th Sunday** - Reflection on poetry and prose - Room 6
- 1st Sunday - Labyrinth Walk - at the Labyrinth

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

- 3rd Sunday of each Month 9:30am – 10:15am, Fahs Room
- November 19 - Principles & Sources of Our Tradition
- Dec 17 - Faith: What Does It Mean to a UU?

About these Announcements: Members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. **Deadline is noon Wednesday.** Please indicate all the Sunday dates you wish it to appear. Please include a **two-word heading** plus the name and nature of your event, with day, time, location and a contact name and email. **Maximum 25 words.** The Blue Sheet is posted on the website and included as an insert in the order of service.

ComingUp@UUSS *Unitarian Universalist Society of Sacramento*

UUSS Lesbian-Identified Gathering: Gather with other lesbian-identified women from UUSS for lunch and conversation. Sunday December 3 at 11:45 in Ettore's private dining room, 2376 Fair Oaks Blvd. Contact: lavender@uuss.org

Gen Y (20s/30s) Luncheon: Join other Gen Y members for lunch and conversation on the final Sunday of each month at noon. Location varies. Meet at the Welcome Table after service. Contact: geny@uuss.org.

Theater One Auditions: Have you always wanted to be a pirate? Now's your chance! Lonon Smith has adapted the script and will be directing the show, which features Taylor Lewis as Long John Silver. Auditions December 9 from 1:00 to 3:00 pm in Room 7/8. The show runs March 3 through 25. Hope to see you there!

UUSS CUUPS our annual Winter Solstice Celebration Sat, Dec 23 1pm-4pm, which we have moved to the afternoon to accommodate the those who do not drive in the dark. We will have our indoor labyrinth walk 1-2, ceremony with Jill Welch presenting on Druid nature spirituality 2-3, and pot luck supper 3-4. Event is free, donations gratefully accepted for the UUSS energy kitty. All Welcome. Please join us to celebrate the return of the light.

Ways to Serve

Donations for Homeless Women & Children—Annika Lawson, a Youth Group member and UUSS Trustee, is organizing a drive for St. John's Program for Real Change, which provides GED classes, counseling, and job readiness courses for women escaping homelessness, poverty and domestic abuse. Annika has placed a box in the Welcome Hall for donations of feminine hygiene products (unopened tampons, pads, wipes, etc.), professional clothing, and cleaning supplies as well as an option to contribute money. November 12 to 26. All donations are greatly appreciated.

Family Promise hosts guests **Sunday December 3 through Sunday, December 10**. Currently there are 4 families in the program, so we will have a full house. Volunteers are needed for:

- Set-up and Tear-Dow
- Providing parts of meals
- Hosting during the dinner hour
- Staying Overnight (two volunteers)
- Donations of perishable and non-perishable items (or a cash donation)

You can sign-up at the Family Promise table today and for the next few Sundays or at <http://www.uuss.org/familypromise/>. We had a few art/craft items last time and the families (adults and children) loved them. We are looking for donations of extra supplies, especially little "kits." Thank you.

Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education, bail reform? Contact: Rev. Lucy lucy@uuss.org to find out how you can get involved.

Together We Share - We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact: share@uuss.org.

Religious Education Message

Hello UUSS Families,

Today is an all-ages service, which means no RE classes are scheduled. Children and youth are welcome in the sanctuary with us as we come together in community.

Happy day!

-Miranda Massa, Religious Education Coordinator