

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday October 29

- 9:20am - Nursery Care - Room 11
- 10:30am - Sunday Service -All Ages - Sanctuary
- 11:30am - Newcomers Meet-and-Greet - Library
- 11:45am - Ukulele Jam Session - Main Hall
Contact: ukes@uuss.org
- 12:00pm - Newcomers Orientation - Library

Monday October 30

- 10:00am - Chair Yoga - Fahs Room & Mat Yoga at 7:00pm
Room 7/8 Yoga by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!
- 1:30pm - Party Bridge - Room 7/8 All skill levels welcome.
Contact: partybridge@uuss.org
- 7:00pm - UUJME Meeting/Book Discussion - Fahs Room
Contact: uujme@uuss.org

Tuesday October 31

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org
- 6:30pm - Easing Awake Meditation - Library
With Doug Kraft. Contact: doug@dougkraft.com
- 6:30pm - Mah Jongg - Room 6
Meet and socialize with others who love the game!
Contact: mahjongg@uuss.org
- 6:45pm - UU Readers Book Discussion - Welcome Hall

Wednesday November 1

- 1:00pm - Women's Support Group - Fahs Room
All are welcome. Contact: women@uuss.org
- 3:00pm - A.E. World Religions Lecture Buddhism - Library
- 7:00pm - UUSS Choir Rehearsal - Fahs Room/Room 6
Contact: keith@uuss.org
- 7:00pm - A.E. World Religions Lecture Buddhism - Library

Thursday November 2

- 1:30pm - Ukulele Players Slow Jam - Music and Theater Room
Join us for ukulele jam 1:30 to 3:00. Instruction and loaner ukes available by prior contact: ukes@uuss.org
- 6:30pm - Social Justice Movie Night - Welcome Hall

Saturday November 4

- 10:00am - UU Saturday Stitchers - Library
Contact: stitchers@uuss.org

Monthly Newsletter - The November Unigram is now available in print at the Welcome Table and at www.uuss.org/unigram

"Fall Back" next weekend! Set your clocks back an hour Saturday night or you'll be an hour early to church.

Special Offering -- Disaster Relief—Today, 100% of non-pledge contributions help those affected by recent disasters: 1/2 to the UUA's Disaster Relief Fund for California & Gulf Coast UU families & churches; 1/2 supports vulnerable communities in Puerto Rico through the Hurricane Maria Community Relief & Recovery Fund. Thank you for your generosity.

Memorial Services at UUSS, reception following

- *Chuck Berkstresser, Sunday, Nov. 12, 1:30 p.m.
- *Ruth Davis Barr, Sunday, Nov. 19, 1:30 p.m.

About these Announcements: Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. **Deadline is noon Wednesday.** We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays.

ComingUp@UUSS Unitarian Universalist Society of Sacramento

"Global Goals Local Leaders" UN Day Dinner celebrating the 72nd anniversary of United Nations Charter. **Tonight, Sunday October 29, 5pm - 8:30pm**, Christ Temple Apostolic Church (9000 La Riveria Drive Sacramento 95826). Celine Walker will be one of the honored speakers. For information and to tickets visit SacUNDay2017.eventbrite.com (\$15 for students | \$35 for non-students). We hope to see you there! Please send questions to info.unausasacramento@gmail.com.

UUs for Justice in the Middle East: Discussions "On Anti-Semitism, Solidarity and the Struggle for Justice" Oct 30, Nov 6, and Nov 13, at UUSS, Fahs Room, 7:00 p.m. Book in Library for purchase. Contact: uuyme@uuss.org

Art Show - Please enjoy the current art show of Marleen Merchant as the show will be removed on October 31. Remember the art is for sale. For information please contact Patricia Pratt 916-482-3018.

Speaker Nov. 5: Dr. Tom Suchanek will speak on a timely and interesting subject "Climate Change: Where we are now" He'll speak Nov. 5 at 1:00. He is a Climate Scientist with USGS and a researcher at UC Davis. Contact: earthjustice@uuss.org

Alliance Program schedule of Thursday morning speakers:

- Nov. 9 Rich and Mary Howard on recent trip to Amazon
- Dec. 14 Holiday Luncheon \$5 All Welcome!
Meet in the library at 10:45 am refreshments (\$3 donation)

UUSS Thanksgiving - a pot luck dinner 2:00 p.m. 11/23. Signups after service. \$5/adult donation (to repay advance purchases) and side dish requested. Volunteers needed. Organizer: Laurie Jones 916 694-4471 ljones.asbarc@gmail.com All-Welcome!

SUNDAY MORNING SPIRITUAL PRACTICES

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)

1st Sunday - Labyrinth walk - Labyrinth

2nd Sunday - Qi Gong & Tai Chi Chuan - Fahs Room

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room

November 19 - Principles and Sources of Our Tradition

Healing the World

Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev. Lucy lucy@uuss.org to find out how you can get involved.

Together We Share - We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact: share@uuss.org.

New Landscape Upkeep Team - First week of each month, we spend 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Tools are available if you need them. Contact: landscape@uuss.org.

Religious Education Message

Hello UUSS Families,

Today is an all-ages service, which means no RE classes are scheduled. Children and youth are welcome in the sanctuary with us as we come together in community.

Happy day!

-Miranda Massa, Religious Education Coordinator