

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday October 8

- 9:20am - Nursery Care - Room 11
- 9:45am - QiGong & Tai Chi Chuan - Fahs Room
- 10:00am - Our Whole Lives (OWL) - Room 9
- 10:30am - Sunday Service - Sanctuary
- 10:30am - Spirit Play - Room 7/8
- 11:30am - Soup Sunday - Welcome Hall
Delicious soups will be prepared for you by members of Women's Support Group and friends. The suggested donation per person is \$5.00.
- 11:30am - Newcomers Meet-and-Greet - Library
- 1:00pm - Interfaith Forum on Climate Change - Main Hall
Contact: interfaith@uuss.org

Monday October 9

- 10:00am - Chair Yoga- Fahs Room & 7:00pm Mat Yoga Room 7/8 Yoga by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!
- 11:00am - Barbara Amberson - Memorial Service - Main Hall
- 1:30pm - Party Bridge: All skill levels welcome - Room 7/8
Contact: partybridge@uuss.org
- 4:30pm - Earth Justice Ministry Monthly Meeting - Fahs Room
Please join us to plan the Nov. 5 climate change speaker Prof. Suchanek and other events.
Contact: earthjustice@uuss.org
- 6:30pm - Gen X/Boomer Club Monthly Meeting - Fahs Room
Contact: genxboomers@uuss.org
- 7:00pm - Men's Group 2nd & 4th Monday - Music & Theater Room
Contact: men@uuss.org

Tuesday October 10

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org
- 6:30pm - Easing Awake Meditation - Fahs Room
With Doug Kraft. Contact: doug@dougkraft.com
- 6:30pm - Mah Jongg: All are welcome - Room 6
Contact: mahjongg@uuss.org
- 7:00pm - Gen Y Ministry Circle - Room 9
Join the 20s/30s group for our monthly ministry circle and potluck.

- 7:30pm - TED Talks - Welcome Hall
Our first topic is "Fear" and will be led by Rev, Lucy Bunch

Wednesday October 11

- 1:00pm - Women's Group - Fahs Room
All are welcome. Contact: women@uuss.org
- 2:30pm - Fundraising Strategy Team Monthly Meeting - Library
- 6:00pm - Finance Committee Meeting - Library
- 7:00pm - UUSS Choir Rehearsal - Fahs Room/Room 6
All are Welcome! Contact: keith@uuss.org

Thursday October 12

- 10:45am - Alliance Meeting - Library
SPEAKER: Dr. Amy Rogers will speak about microbes, where they come from and their role in the ecosystem of our bodies. Not all germs are bad.
Contact: alliance@uuss.org
- 1:30pm - Ukulele Players Slow Jam - Music and Theater Room
Join us for ukulele jam 1:30 to 3:00. Instruction and loaner ukuleles available by prior.
Contact: ukes@uuss.org

Saturday October 14

- 8:45am - American River Parkway Cleanup - (Offsite)
Meet at the parking lot west-end of Northrop Ave.
Contact: parkway@uuss.org

About these Announcements: Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. **Deadline is noon Wednesday.** We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays

ComingUp@UUSS Unitarian Universalist Society of Sacramento

UUSS Lesbian-Identified Gathering: Gather with other lesbian-identified women from UUSS for lunch and conversation. Sunday October 8 at 11:45 in Ettore's private dining room, 2376 Fair Oaks Blvd. Contact: lavender@uuss.org for info.

Discussions on Anti-Semitism, Solidarity and the struggle for Justice Oct 16, Oct 30, Nov 4, and Nov 13, at UUSS, Fahs Room, 7:00 p.m. Sponsored by UU Justice in the Middle East. Contact: uujme@uuss.org

Second meeting of Sacramento Area Congregations Together Environmental Justice Committee. Gabby Trejo, Associate Director of Sacramento ACT, will lead the meeting as we at UUSS work with them to identify priorities and plans for addressing environmental justice issues in Sacramento. All are welcome. Tuesday, October 17, 7:00 - 8:30 p.m. in UUSS Fahs Room. Contact: interfaithearth@uuss.org

-Congregational Meeting Notice-

At our fall meeting October 22, 2017 at 11:50 a.m., our major business will be voting to choose 12 Community Partner organizations to receive half of every Sunday's offering in calendar year 2018. Nomination forms are available on the UUSS website in the Forms section of the Members menu, or at the UUSS office. Current recipients are automatically listed on the ballot. Sign in at the meeting to receive your agenda and ballot. Child Care continuing until 1:00 p.m.

Force for the Future - Our UUSS Congregational Long-Range Planning Retreat is Saturday, October 28 at 9:30am to 3:00pm in our Main Hall. It will be an exciting event. Light breakfast will be provided and lunch will be served. Register now for you and your family. Child care provided. Sign up after the service today or register online at our website uuss.org/future. Help us be a Force for the Future!

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room

October 15 - Survey of UU History

Sunday Morning Spiritual Practices

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)

3rd Sunday - Silent Meditation - Room 6

Ways to Serve

Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev Lucy lucy@uuss.org to find out how you can get involved.

Together We Share:

We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday.

Contact: share@uuss.org

Religious Education Message

Hello UUSS Families,

Spirit Play children in Kinder through 5th grades meet for *The Golden Rule* lesson in Room 7/8. **Our Whole Lives (OWL)** gathers in Room 9 from 10:00 am -12 noon. Much gratitude to all families who contribute to our programs by attending.

Youth Ministry begins soon! Mark your calendars! **Junior High Youth Group (JHYG)** and **Senior High Youth Group (SHYG)** begin RE on Sunday, October 22.

Please make sure to fill out a new Religious Education form for this year. Your participation makes our program wonderful!

Happy Sunday!

-Miranda Massa, Religious Education Coordinator