

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday September 3

- 9:00am - UNA Board Meeting - Room 9
- 9:20am - Nursery Care - Room 11
- 9:45am - Labyrinth Walk - 1st Sunday - Labyrinth
- 9:45am - Photo-taking for UUSS Directory - Entryway Patio
- 10:30am - Sunday Worship Service - All Ages - Sanctuary
- 10:30am - Art Works - Room 7/8 Contact: re@uuss.org
- 11:30am - Newcomers Meet-and-Greet - Library
- 11:45am - Kids Freedom Club - Room 6

Monday September 4

- 9:30am - (Labor Day start time) - Chair Yoga Room 7/8
& 7:00pm Mat Yoga Room 7/8 Yoga by Paige Labrie -
Try a first class for free. Classes are \$8 each if you
sign up for a two-month series or \$10 on a drop-in
basis. All Welcome!

Tuesday September 5

- 10:00am - Ted's Web Discussion Group - Room 7/8
Contact: tedsweb@uuss.org
- 6:30pm - Mah Jongg - Welcome Hall
Contact: mahjongg@uuss.org
- 6:30pm - Easing Awake Meditation - Library
With Doug Kraft. Contact: doug@doukraft.com

Wednesday September 6

- 1:00pm - Women's Group - Library
All are welcome. Contact: women@uuss.org
- 7:00pm - UUSS Choir Rehearsal - Room 7/8
Contact: keith@uuss.org

Thursday September 7

- 1:00pm - UUSS Ukulele Group - Music & Theater Room.
New beginners at 1:00 p.m. for individual tutoring.
Slow jam 1:30 to 3:00. Ukuleles available to lend.
Contact: ukes@uuss.org
- 6:30pm - First Thursday Social Justice Movie Night
Returns! Join us Thursday September 7 at 6:30
PM for *Traces of the Trade: A Story from the Deep
North*. Sponsored by Racial Justice.

Friday September 8

- 4:00pm - A.E. World Religions - Library
We will commence our study of Hinduism.
A video lecture will be shown.
Contact: raycreynolds9164@gmail.com
- 8:00pm - Theater One is proud to present the provocative
courtroom drama, "Shadow Hour," directed by Jill
McMahon. The show opens this Friday and
continues Friday and Saturday nights at 8:00 and
Sunday afternoons at 2:00 through October 1. The
show features several UUSS members in the cast.
Tickets are \$15 general and \$13 students, seniors,
and SARTAmembers. Tickets are available at the
door or through brownpapertickets.com. - Main
Hall/Welcome Hall Contact: theaterone@uuss.org

Saturday September 9

- 8:45am - American River Parkway Cleanup - Offsite
Meet at the parking lot west-end of Northrop Ave.
Contact: parkway@uuss.org
- 8:00pm - Theater One Production: *Shadow Hour* - Main
Hall/Welcome Hall Contact: theaterone@uuss.org

UUSS Members and Pledging Friends Directory: Be sure to drop by the table outside today to have a photo taken and to report any changes in your contact information.

Spiritual Deepening Circles - Register After Services Today. Information and registration forms will be available after today's service. You can also sign up on-line at uuss.org/circles. Last day to register is September 13. Circles will begin 2nd week of October and conclude 4th week of May 2018.

About these Announcements: Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. **Deadline is noon Wednesday.** We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays

ComingUp@UUSS Unitarian Universalist Society of Sacramento

Sunday Coffee Hour - The Coffee Crew enjoys serving you on Sunday, and we gently remind you to put a little money in the donation container. Thanks!

Prepare for Water Communion - Our Ingathering Service for All Ages will take place September 10. Remember to bring a small jar of water that represents part of your summer--travel to a faraway place or a nearby river, lake or public swimming pool, time with friends, working in your garden, or here at UUSS.

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room

September 17 - Social Justice: How Do We Live Our Values?

October 15 - Survey of UU History

Sunday Morning Spiritual Practices

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)

2nd Sunday - QiGong & Tai Chi Chuan - Fahs Room

3rd Sunday - Silent Meditation - Room 6

Ways to Serve

Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev. Lucy lucy@uuss.org to find out how you can get involved.

Together We Share: We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday.

Contact: share@uuss.org.

Explore the possibilities of a "Kids in Nature" Program.
Sunday September 10 1-2PM, in the library, please join the UUSS Interfaith Earth Justice group; Jason Fareira, an educational ranger from the Nimbus Fish Hatchery; and Chris Aguirre from the American River Parkway Foundation to discuss the feasibility of a "Kids in Nature" program at UUSS. Bring your ideas and energy, we will bring the cookies!
Contact: interfaithearth@uuss.org

Religious Education Message

Hello UUSS Families,

We are so happy to see you and your family, on this holiday weekend Sunday morning. We finish out ArtWorks with a yoga session with UUSS yoga instructor, Paige.

Religious Education for the 2017-2018 church year begins on Sunday, September 17. Spirit Play kids (grades Kinder – 5th) please plan on attending the two-part orientation during Religious Education on September 17 and September 24. Your presence will help with program success and a spiritual community designed to support and guide young minds. Please email me at re@uuss.org if you have questions.

Jr and High School Youth groups will have 10 scheduled Sundays this Religious Education year beginning on Sunday, October 22. More information to be released soon.

Happy day!

-Miranda Massa, Religious Education Coordinator