

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday October 1

- 9:00am - UNA Board Meeting - Room 10
- 9:20am - Nursery Care - Room 11
- 9:45am - Labyrinth Walk - 1st Sunday - Labyrinth
- 10:00am - OWL (Our Whole Lives) - Room 9
- 10:30am - Sunday Worship Service - Sanctuary
- 10:30am - RE Salsa Day - Community Garden
Contact: re@uuss.org
- 11:30am - Soup Sunday - Welcome Hall
- 11:30am - Newcomers Meet-and-Greet - Library
- 11:45am - Kids Freedom Club - Room 6
- 12:45pm - Strategic Planning Meeting - Library
- 2:00pm - Theater One Production: *Shadow Hour* - Main Hall/Welcome Hall Contact: theaterone@uuss.org

Monday October 2

- 10:00am - Chair Yoga Fahs Room & 7:00pm Mat Yoga Room
7/8 Yoga by Paige Labrie - Try a first class for free.
Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!
- 1:30pm - Party Bridge: All skill levels welcome - Room 7/8
Contact: partybridge@uuss.org
- 7:00pm - UUJME Meeting Book Discussion - Fahs Room

Tuesday October 3

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org
- 6:30pm - Mah Jongg - Room 6
Contact: mahjongg@uuss.org
- 6:30pm - Easing Awake Meditation - Library
With Doug Kraft. Contact: doug@doukraft.com

Wednesday October 4

- 1:00pm - Women's Group - Fahs Room
All are welcome. Contact: women@uuss.org
- 7:00pm - UUSS Choir Rehearsal - Fahs Room/Room 6
Contact: keith@uuss.org

Thursday October 5

- 1:30pm - Ukulele Players Slow Jam - Music and Theater Room
Join us for ukulele jam 1:30 to 3:00. Instruction and loaner ukuleles available by prior contact:
ukes@uuss.org
- 6:30pm - Social Justice Movie Night - Welcome Hall
A Fierce Green Fire: Battle for a Living Planet
Hosted by Interfaith Earth Justice

Friday October 6

- 4:00pm - A.E. World Religions - Library
We will commence our study of Hinduism.
A video lecture will be shown.
Contact: raycreynolds9164@gmail.com

Saturday October 7

- 8:45am - American River Parkway Cleanup - Offsite
Meet at the parking lot west-end of Northrop Ave.
Contact: parkway@uuss.org
- 10:00am - UU Saturday Stitchers - Fahs Room
- 6:00pm - All-Ages Prom Fundraiser - Main Hall
Visit uuss.org/prom for all the information you need.
Please send us your old high school photo
to prom@uuss.org. Go to uuss.org/songrequest to request a song for the night.

Do you or someone you know need a couch? The couch we've been using in Theater One's production of *Shadow Hour* is up for grabs at no charge. You just have to haul it away. It's available after 4:30 pm today. If interested, contact the office to make arrangements to pick it up.

About these Announcements: Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. **Deadline is noon Wednesday.** We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays

ComingUp@UUSS *Unitarian Universalist Society of Sacramento*

Interfaith Forum on Climate Change: Rev. Lucy Bunch and speakers from Jewish, Muslim, Buddhist, and Christian faiths will explore our spiritual and moral response to climate change. Bring your questions! We'll provide refreshments. UUSS Sanctuary, Sunday October 8 1:00 - 3:15 p.m. Contact: interfaith@uuss.org

UUSS Lesbian-Identified Gathering: Gather with other lesbian-identified women from UUSS for lunch and conversation. Sunday October 8 at 11:45 in Ettore's private dining room, 2376 Fair Oaks Blvd. Contact: lavender@uuss.org for info.

TED Talks - Starting Oct 10 there will be TED talks to watch and discuss on the second Tuesday of each month. First topic is "Fear". Led by Rev. Lucy Bunch. Starts at 7:30 in the Welcome Hall

-Congregational Meeting Notice-

At our fall meeting October 22, 2017 at 11:50 a.m., our major business will be voting to choose 12 Community Partner organizations to receive half of every Sunday's offering in calendar year 2018. Nomination forms are available on the UUSS website in the Forms section of the Members menu, or at the UUSS office. Current recipients are automatically listed on the ballot. Sign in at the meeting to receive your agenda and ballot.

Uke group change: Still meeting 1:30 to 3:00 p.m. Thursdays in UUSS Theater/Music Room. Brand-new beginner? Wanting a refresher? Contact: Judy Lane for a tutoring appointment: ukes@uuss.org

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room
October 15 - Survey of UU History

Sunday Morning Spiritual Practices

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)
2nd Sunday - QiGong & Tai Chi Chuan - Fahs Room
3rd Sunday - Silent Meditation - Room 6

Ways to Serve

Make new friends: Have you found a warm welcome at UUSS? Be a part of it by joining the Sunday Greeters! We are offering a lunch and training for new and current Greeters on Sunday, October 15. Contact: welcome@uuss.org to RSVP.

Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev. Lucy lucy@uuss.org to find out how you can get involved.

Together We Share: We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact: share@uuss.org.

Religious Education Message

Hello UUSS Families,

Our Spirit Play is in the Garden this morning. RE kids will be planting potatoes in the back plots and snacking on chips and salsa. Please pick up your children from the Garden after service.

Junior High Youth Group (JHYG) and Senior High Youth Group (SHYG) have their first meeting in RE on Sunday, October 22.

Please make sure to fill out a new Religious Education form for this year. Your participation makes our program wonderful!

Happy October!

-Miranda Massa, Religious Education Coordinator