

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday September 10

- 9:20am - Nursery Care - Room 11
- 9:45am - QiGong & Tai Chi Chuan - Room 7/8
- 10:30am - Sunday Service - All-Ages Service - Sanctuary
- 11:30am - Newcomers Meet-and-Greet - Library
- 12:00pm - Membership/Greeters Meeting - 7/8
- 1:00pm - Interfaith Earth Justice Speaker - Library
Contact: interfaiheart@uuss.org
- 2:00pm - Theater One Production: *Shadow Hour* - Main Hall/Welcome Hall Contact: theaterone@uuss.org

Monday September 11

- 10:00am - Chair Yoga- Room 7/8 & 7:00pm Mat Yoga Room 7/8
Yoga by Paige Labrie - Try a first class for free.
Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!
- 1:30pm - Party Bridge: All skill levels welcome - Room 7/8
Contact: partybridge@uuss.org
- 6:30pm - Gen X/Boomer Club Monthly Meeting - Welcome Hall
Contact: genxboomers@uuss.org
- 7:00pm - Men's Group 2nd & 4th Monday - Music & Theater Room
Contact: men@uuss.org

Tuesday September 12

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org
- 6:30pm - Easing Awake Meditation - Library
With Doug Kraft. Contact: doug@dougkraft.com
- 6:30pm - Mah Jongg: All are welcome - Room 6
Contact: mahjongg@uuss.org
- 6:30pm - Reading Group/SURJ - Welcome Hall

Wednesday September 13

- 1:00pm - Women's Group - Fahs Room
All are welcome. Contact: women@uuss.org
- 2:30pm - Fundraising Strategy Team Monthly Meeting - Library
- 6:00pm - Finance Committee Meeting - Library
- 7:00pm - UUSS Choir Rehearsal - Fahs Room/Room 6
Contact: keith@uuss.org

Thursday September 14

- 1:00pm - UUSS Ukulele Group - Music & Theater Room.
New beginners at 1:00 p.m. or individual tutoring.
Slow jam 1:30 to 3:00. Ukuleles available to lend.
Contact: ukes@uuss.org
- 7:00pm - Gen Y (20's & 30's) Group - Room 7/8
Contact: geny@uuss.org

Friday September 15

- 3:00pm - A.E. World Religions - Library
We will listen to a lecture concerning Hinduism, specifically the way of action and the way of wisdom.
We will discuss the beliefs and practices of this religion. For more information, contact Ray Reynolds
raycreynolds9164@gmail.com
- 5:30pm - Art Reception - Main Hall
Artist Reception for Marleen Merchant, a watercolorist. Contact: art@uuss.org
- 8:00pm - Theater One Production: *Shadow Hour* - Main Hall/Welcome Hall Contact: theaterone@uuss.org

Saturday September 16

- 2:00pm - Auditions for *Wizard of Oz* - Main Hall
- 2:00pm - Coven of Unitarian Universalist Pagans - Seasonal Celebration - Fahs Room
- 6:00pm - Black Lives Matter UUSS Racial Justice - Room 7/8
Contact: racialjustice@uuss.org
- 8:00pm - Theater One Production: *Shadow Hour* - Main Hall/Welcome Hall Contact: theaterone@uuss.org

Spiritual Deepening Circles at UUSS - Are you looking for ways to connect with members of the UUSS community? Wanting to talk about what is important and meaningful to you? Longing to listen and share deeply? Sign up online at <http://www.uuss.org/circles> , at UUSS Office (483-9283), or after church service on Sundays at the information table. Sign up by September 13. Circles start the second week of October.

About these Announcements: Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. **Deadline is noon Wednesday.** We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays

ComingUp@UUSS Unitarian Universalist Society of Sacramento

Faculty Recital (by UUSS members)

Thomas Derthick, Double Bass, Dr. John Cozza, Piano
Lisa Derthick, Narrator Friday 9/22 7:30PM at Sac State,
Capistrano Hall 151

Prom Fundraiser Oct. 7

It's coming soon! uuss.org/prom for more info. Send your High School photo to prom@uuss.org. Go to uuss.org/songrequest to request a song for the night.

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room
September 17 - Social Justice: How Do We Live Our Values?
October 15 - Survey of UU History

Sunday Morning Spiritual Practices

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)
3rd Sunday - Silent Meditation - Room 6
4th Sunday - Reading Reflection on Poetry & Prose - Room 6

Ways to Serve

Getting the Interfaith Environmental Justice Committee off to a good start!

Gabby Trejo, from Sacramento Area Congregations Together, (ACT) will lead an organizational meeting at UUSS on Tuesday, September 19, 7-8:30PM to identify as a faith community our priorities and plans for addressing environmental justice issues in Sacramento. Future monthly meetings will be held on the third Tuesday. Contact: interfaithearth@uuss.org

Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev Lucy lucy@uuss.org to find out how you can get involved.

Together We Share:

We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday.

Contact: share@uuss.org

Religious Education Message

Hello UUSS Families,

Welcome! Today is an all-ages service, which means no RE classes are being held. The kids will be with us in the sanctuary for our Gathering of the Waters: Homecoming service. There are coloring pages and crayons at the RE Welcome Table for your child if they would like.

First day of the 2017-18 Religious Education (RE) year begins next Sunday, September 17. Our Spirit Play children in Kinder through 5th grades will have their classroom orientation. Participation will help start them off with the procedures and expectations of their classroom (located in Room 7/8). Our Whole Lives (OWL) program begins today in Room 9.

Junior High Youth Group (JHYG) and Senior High Youth Group (SHYG) begin RE on Sunday, October 22.

Please make sure to fill out a new Religious Education form for this year. Your participation makes our program wonderful!

Happy day!

-Miranda Massa, Religious Education Coordinator