

# **ThisWeek@UUSS Unitarian Universalist Society of Sacramento**

## **Sunday August 27**

- 9:20am - Nursery Care - Room 11  
9:45am - Spiritual Reading and Reflection - 4<sup>th</sup> Sunday - Room 6  
10:30am - Sunday Service – Sanctuary  
10:30am - RE Summer Art Works - Room 7/8  
Contact: [re@uuss.org](mailto:re@uuss.org)  
11:30am - Newcomers Meet-and-Greet - Library  
11:45am - Religions of Japan: Shinto - Main Hall  
Keith Atwater gives the first part of a two-part class presentation about Shinto. Keith uses video and slides in a lecture about Japan's ancient indigenous spirituality. Part two is scheduled for October 29.  
12:00pm - Newcomers Orientation - Meet at Welcome Table  
For newcomers and all those interested in taking the Orientation Tour of the campus.  
6:00pm - Earth Justice Movie Night - Fahs Room  
'This Changes Everything' based on book by Naomi Klein  
doors open at 6:00. Hope to see you there. Questions?  
Contact: Patricia 642-6067, [EarthJustice@uuss.org](mailto:EarthJustice@uuss.org)

## **Monday August 28**

- 7:30am - Loaves & Fishes - Offsite  
The Food Prep crew meets at 7:30am and the Serving/Clean Up crew meets at 10:15am.  
Contact: [loavesandfishes@uuss.org](mailto:loavesandfishes@uuss.org)  
10:00am - Chair Yoga-Fahs Room & 7:00pm Mat Yoga Room 7/8 Yoga by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!  
1:30pm - Party Bridge: All skill levels welcome - Room 7/8  
Contact: [partybridge@uuss.org](mailto:partybridge@uuss.org)  
7:00pm - Men's Group - Room 12  
Contact: [men@uuss.org](mailto:men@uuss.org)

## **Tuesday August 29**

- 10:00am - Ted's Web Discussion Group - Fahs Room  
Contact: [tedsweb@uuss.org](mailto:tedsweb@uuss.org)  
6:30pm - Mah Jongg - Room 6 Newcomers welcome  
Contact: [mahjongg@uuss.org](mailto:mahjongg@uuss.org)  
6:30pm - Easing Awake Meditation - Library  
With Doug Kraft. Contact: [doug@doukraft.com](http://doug@doukraft.com)  
7:00pm - UU Readers Book Discussion - Welcome Hall  
Contact: [uureaders@uuss.org](mailto:uureaders@uuss.org)

## **Wednesday August 30**

- 1:00pm - Women's Support Group - Fahs Room  
All are welcome. Contact: [women@uuss.org](mailto:women@uuss.org)  
7:00pm - UUSS Choir Rehearsal - Fahs Room/Room 6  
Contact: [keith@uuss.org](mailto:keith@uuss.org)

## **Thursday August 31**

- 1:00pm - UUSS Ukulele Group - Music & Theater Room.  
New beginners at 1:00 p.m. for individual tutoring. Slow jam 1:30 to 3:00. Ukuleles available to lend.  
Contact: [ukes@uuss.org](mailto:ukes@uuss.org)

## **Friday September 1**

- 3:00pm - A.E World Religions - Library  
Come hear a lecture concerning Hinduism's caste system and the stages of life patterns for men and women, followed by a discussion concerning this religion's basic ideas and practices. Contact: Ray Reynolds 916 254-3516 or [raycreynolds9164@gmail.com](mailto:raycreynolds9164@gmail.com)

## **Saturday September 2**

- 10:00am - UU Saturday Stitches - Fahs Room

**Photo Directory:** Members and Pledging Friends, it's time to update your contact information in the UUSS directory. Drop by the table outside today or September 3 to report changes and/or have a new photo taken.

**Kids Freedom Club:** We have a garage sale September 30. If you have lightly used items to donate, please visit our table in the Welcome Hall.

## **Sunday Morning Spiritual Practices**

### **Join Us Before the Service**

9:45am- 10:15am every Sunday (**except 5<sup>th</sup> Sundays**)

**1<sup>st</sup> Sunday** - Labyrinth Walk - Labyrinth

About these Announcements: Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at [bluesheet@uuss.org](mailto:bluesheet@uuss.org). **Deadline is noon Wednesday.** We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays

# ComingUp@UUSS *Unitarian Universalist Society of Sacramento*

**Spiritual Deepening Circles** are starting up again for 2017-18. Come to the circle table in the welcome hall to register, or online at [UUSS.org/circles](http://UUSS.org/circles)

**Theater One** is holding auditions for "The Wizard of Oz" on September 16 from 2:00 to 4:00 pm in Room 7/8. Jill McMahon is directing, and the role of Dorothy has been precast. The show runs November 3-17, Friday the 3rd at 7:00 pm and Saturdays at 11:00 am and 2:00 pm. There are lots of fun roles to be filled in this engaging production. Come play with us! Must be 16 or older. Contact: [theaterone@uuss.org](mailto:theaterone@uuss.org)

## **A Force for Healing in the World**

**Explore the possibilities of a "Kids in Nature" Program:** Sunday September 10 1-2PM, in the library, the UUSS Interfaith Earth Justice Program is continuing our work with Jason Fareira, an educational ranger from the Nimbus Fish Hatchery, to identify the framework, resources and people needed to establish a "Kids in Nature" program at UUSS. Please come, bring your ideas and energy; we will bring the cookies! Contact: [interfaithearth@uuss.org](mailto:interfaithearth@uuss.org).

**Getting the Interfaith Environmental Justice Committee off to a good start!** Gabby Trejo, from Sacramento Area Congregations Together, (ACT) will lead an organizational meeting at UUSS on Tuesday, September 19, 7-8:30PM to identify as a faith community our priorities and plans for addressing environmental justice issues in Sacramento. Future monthly meetings will be held on the third Tuesday. Contact: [interfaithearth@uuss.org](mailto:interfaithearth@uuss.org)

## **Participate in Interfaith efforts:**

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev Lucy [lucy@uuss.org](mailto:lucy@uuss.org) to find out how you can get involved.

**Together We Share** - We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal,

peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact [share@uuss.org](mailto:share@uuss.org).

## **Volunteers Needed for Literacy Little League Tutoring**

Unique program offers tutors a chance to connect with the same 3<sup>rd</sup> grade student for the entire school year, while reading and discussing fun and interesting short paperback books. This is a one-on-one tutoring program, at Edison Language Institute, near Morse and Hurley Way. Tutors come one day a week, Monday, Tuesday or Wednesday from 1:50 to 2:30p.m. You may also volunteer as a substitute. Our training /scheduling coffee is Thursday, September 7, 2:30 p.m. in the Fireside Room St. Marks United Methodist Church 2391 St. Marks Way. Sacramento UUs have been doing this for years. For more information, contact: Dorothy Marshall [dorotymarshall@comcast.net](mailto:dorotymarshall@comcast.net) 916-488-2578 or Jeff Voeller [jeffvoeller@comcast.net](mailto:jeffvoeller@comcast.net), 916- 456-1422

**New Landscape Upkeep Team** - First week of each month, our group spends 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Tools are available if you need them. Contact: [landscape@uuss.org](mailto:landscape@uuss.org).

## **Religious Education Message**

Hello, UUSS Families and Volunteers!

Today we have RE Summer Art Works for all children and youth in Room 7/8. Thank you to our volunteer leaders!

The mandatory parent orientation for this year's Our Whole Lives (OWL) sexuality curriculum takes place at noon.

All-congregation photo after church September 10!

## **Happy day!**

-Miranda Massa, Religious Education Coordinator