

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday August 13

- 9:20am - Nursery Care - Room 11
- 9:45am - QiGong & Tai Chi Chuan - Fahs Room
- 10:30am - Sunday Service - Sanctuary
- 10:30am - RE Summer Art Works - Room 7/8
- 11:30am - Newcomers Meet-and-Greet - Library

Monday August 14

**** Yoga resumes August 28 ****

- 1:30pm - Party Bridge: All skill levels welcome - Room 7/8
Contact: partybridge@uuss.org
- 6:30pm - Gen X / Boomer Club Monthly Meeting - Fahs Room
Contact: genxboomers@uuss.org
- 7:00pm - Men's Group 2nd & 4th Monday - Room 12
Contact: men@uuss.org

Tuesday August 15

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org
- 6:30pm - Easing Awake Meditation - Library
With Doug Kraft. Contact: doug@dougkraft.com
- 6:30pm - Mah Jongg: All are welcome - Room 6
Contact: mahjongg@uuss.org

Wednesday August 16

- 1:00pm - Women's Group - Fahs Room
All are welcome. Contact: women@uuss.org
- 7:00pm - UUSS Choir Rehearsal - Fahs Room/Room 6

Thursday August 17

- 1:00pm - UUSS Ukulele Group - Music & Theater Room.
New beginners at 1:00 p.m. or individual tutoring.
Slow jam 1:30 to 3:00. Ukuleles available to lend.
Contact: ukes@uuss.org
- 7:00pm - Program Council - Library
Contact: programcouncil@uuss.org
- 7:00pm - Theology on Tap
Building a spiritual community one pub at a time.
Highwater Sacramento - Bar and Restaurant 1910 Q
Street, Sacramento
Contact: John McMillan mcmillanjohn@att.net

Friday August 18

- 3:00pm - A.E. World Religions - Library
We will commence our study of Hinduism.
A video lecture will be shown.
Contact: raycreynolds9164@gmail.com
- 6:00pm - Games Night - Fahs Room
Join us for an all ages open gaming/potluck. Bring a
dish and your favorite games.
Contact: gamesnight@uuss.org

ComingUp@UUSS

Lavender Women: Lesbian identified women in UUSS are invited to meet for lunch in the private room at Ettore's Restaurant after the August 20 Sunday service. Ettore's is at 2376 Fair Oaks Blvd., and you pay for your meal when you order at the counter. Contact: lavender@uuss.org.

Organizing for Interfaith Earth Justice:

On August 20, from 1-2:30PM in the main hall, the UUSS Interfaith Earth Justice Team will host Gabby Trejo, associate director of Sacramento Area Congregations. Together (ACT) to teach us to organize effectively to be advocates and change agents for environmental justice.
Contact: interfaihearth@uuss.org

Photo Directory: Members and Pledging Friends, it's time to update your information in the UUSS directory. Drop by the table in Welcome Hall to submit updates, and come on Sunday Aug. 27 or Sept. 3 to have a photo taken.

All-Ages Prom! The Gen Y group is planning a fundraiser on October 7. We'd love photos of you from high school that we can use at the Prom. Please bring your photos to the Prom table after church or Contact: Brett Hendrickson Prom@uuss.org

About these Announcements: Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. **Deadline is noon Wednesday.** We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays

ComingUp@UUSS Unitarian Universalist Society of Sacramento

All-Ages Talent Show - Saturday, August 26 at 7:00 p.m.
Our whole community is invited to share this fun-filled evening of entertainment (and amazement!) Children, youth and adults will have an opportunity to dazzle and amuse us with their talents.

- All types of talent are welcome, not just musical.
- Each act will have 5 minutes to share their talent.
- *Sign up for the show starts after the service today!*

Prepare for Water Communion - Our Annual Ingathering Service for All Ages will take place September 10. Remember to bring a small jar of water that represents part of your summer--travel to a faraway place or a nearby river, lake or public swimming pool, time with friends, working in your garden, or in activities here at UUSS.

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room

August 20 - Faith: What Does It Mean to a UU?

Sunday Morning Spiritual Practices

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)

3rd Sunday - Silent Meditation - Room 6

4th Sunday - Reading Reflection on Poetry & Prose - Room 6

Ways to Serve

Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev Lucy lucy@uuss.org to find out how you can get involved.

Together We Share:

We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact: share@uuss.org

Arizona/Mexico Border Trip - Immerse yourself in a faith-based learning experience with UU Church of Davis led by UU College of Social Justice & Rev. Beth Banks. Gain a deeper understanding of the issues. Be prepared to have your mind and heart opened in a way that is not possible in the comfort of the community in which most of us live. Make a new community with people who will travel with you. Hosted by BorderLinks in Tucson, Arizona, and Nogales, Sonora, Nov. 7-12. Cost: room, board, local transport \$950 (excludes airfare). <http://www.uucsj.org//journeys/borderlinks/>. Questions? Contact: roger@uuss.org

Religious Education

Hello UUSS Families,

Today we have RE Summer Art Works for all children and youth in Room 7/8. Thank you to our volunteer leaders!

Registration today for Spirit Play kickoff training, for new and continuing volunteers - Saturday August 26 at UUSS.

Happy day!

-Miranda Massa, Religious Education Coordinator

UUSS, 2425 Sierra Boulevard, Sacramento, uuss.org
UUSS Office – 8:30-5:00 Monday-Friday, (916) 483-9283, office@uuss.org
Send your brief submissions to bluesheet@uuss.org **by Noon Wednesday.**