

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday July 23

- 9:20am - Nursery Care - Room 11
- 9:45am - Reading and Reflection - 4th Sunday - Room 6
- 10:30am - Sunday Service - Sanctuary
- 10:30am - RE Summer Art Works - Room 7/8
Contact: re@uuss.org
- 11:30am - Newcomers Meet-and-Greet - Library
- 12:00pm - Newcomers Orientation - Library
For newcomers and all those interested in taking the Orientation Tour of the campus.

Monday July 24

- 7:30am - Loaves & Fishes - Offsite
The Food Prep crew meets at 7:30am and the Serving/Clean Up crew meets at 10:15am.
Contact: loavesandfishes@uuss.org
- 10:00am - Chair Yoga-Fahs Room & 7:00pm Mat Yoga Room 7/8 Yoga by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!
- 1:30pm - Party Bridge: All skill levels welcome - Room 7/8 Contact: partybridge@uuss.org
- 7:00pm - Men's Group - Music and Theatre Room
Contact: men@uuss.org

Tuesday July 25

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org
- 6:30pm - Mah Jongg - Room 6 Newcomers welcome
Contact: mahjongg@uuss.org
- 6:30pm - Easing Awake Meditation - Library
With Doug Kraft. Contact: doug@doukraft.com
- 7:00pm - UU Readers Discussion Group - Welcome Hall
Contact: uureaders@uuss.org

Wednesday July 26

- 1:00pm - Women's Support Group - Fahs Room
All are welcome. Contact: women@uuss.org
- 4:00pm - St. John's Shelter - Offsite
Help prep and serve dinner to women and children who are escaping homelessness and domestic abuse. Contact: stjohns@uuss.org

Thursday July 27

- 1:00pm - UUSS Ukulele Group - Music & Theater Room.
New beginners at 1:00 p.m. for individual tutoring. Slow jam 1:30 to 3:00. Ukuleles available to lend. Contact: ukes@uuss.org

Friday July 28

Saturday July 29

Next Sunday

Breaking News! Next Sunday, July 30, Rev. Roger will preach a *different sermon* from the one listed in the newsletter. Come to hear "Our Journey from a Culture of Conflict to a Renewal of Covenant." It's a history of UUSS from the 1970s to late 90s. We've changed over the years!

Forum at 12:15: Our General Assembly Stories-

Several members discuss lessons and experiences from the recent national gathering of 4,100 Unitarian Universalists in New Orleans. Advance reading at www.uuworld.org

Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. **Deadline is noon Wednesday.** We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. **Maximum 25 words.** The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays.

ComingUp@UUSS Unitarian Universalist Society of Sacramento

All-Ages Talent Show - Saturday, August 26 at 7:00 p.m.
Our whole community is invited to share this fun-filled evening of entertainment (and amazement!) Children, youth and adults will have an opportunity to dazzle and amuse us with their talents.

Aug. 12 Anniversary Dinner - Join Western Service Workers Assoc. members and supporters to celebrate 44 years of organizing by and for service, caregiving, domestic and other low-wage workers. Enjoy dinner, entertainment & speakers on organizing victories and goals. At UUSS Sat., Aug. 12, 6-9 p.m. Bring a family, bring a friend. Affordable tickets on sale after church. Table sponsorships welcome! This all-volunteer organization offers emergency food & clothing, preventive health care, and organizing skills to address root causes of poverty.

Seeking fellowship?

Consider visiting our Ministry Circle. We are a small, informal, confidential group that gathers for sharing, support, and discussion of our spiritual journeys. You are welcome to drop in when we meet on the 2nd and 4th Tuesdays at 10 a.m. in Room 12. Next meeting Tuesday, July 25. We'll discuss "What brought you to UUism, and have you found what you were looking for?" Contact: Judy Lane jlane6122@gmail.com or (916) 457-4527.

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room
August 20th - Faith: What Does It Mean to a UU?

Sunday Morning Spiritual Practices

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)
1st Sunday - Labyrinth Walk - Labyrinth

Healing the World

Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev Lucy lucy@uuss.org to find out how you can get involved.

Together We Share - We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact share@uuss.org.

New Landscape Upkeep Team - First week of each month, our group spends 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Tools are available if you need them. Contact: landscape@uuss.org.

Religious Education

Hello UUSS Families,

Today we have RE Summer Art Works for all children and youth in Room 7/8. Thank you to our volunteer leaders!

**We need parent/guardian/adult volunteers to contribute as adult support over July and August. Let me know what days you can help, we need your presence, and value.

Happy day!

-Miranda Massa, Religious Education Coordinator