

## **ThisWeek@UUSS Unitarian Universalist Society of Sacramento**

### **Sunday July 2**

- 9:20am - Nursery Care - Room 11  
9:45am - Labyrinth Walk - 1<sup>st</sup> Sunday - Labyrinth  
10:30am - Sunday Service - Sanctuary  
10:30am - RE Summer Art Works - Room 7/8  
    Contact: [re@uuss.org](mailto:re@uuss.org)  
11:30am - Newcomers Meet-and-Greet - Library  
11:45am - Kids Freedom Club - Room 6

### **Monday July 3**

- 10:00am - Chair Yoga-Fahs Room & 7:00pm Mat Yoga Room  
    7/8 Yoga by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!  
1:30pm - Party Bridge - Room 7/8 All skill levels welcome.  
    Contact: [partybridge@uuss.org](mailto:partybridge@uuss.org)

### **Tuesday July 4**

\*\*\*CLOSED FOR 4<sup>TH</sup> OF JULY\*\*\*

### **Wednesday July 5**

- 1:00pm - Women's Group - Fahs Room  
    All are welcome. Contact: [women@uuss.org](mailto:women@uuss.org)

### **Thursday July 6**

- 1:00pm - UUSS Ukulele Group - Music & Theater Room.  
    New beginners at 1:00 p.m. for individual tutoring. Slow jam 1:30 to 3:00. Ukuleles available to lend. Contact: [ukes@uuss.org](mailto:ukes@uuss.org)

### **Friday July 7**

### **Saturday July 8**

## **ComingUp@UUSS**

**All-Ages Talent Show** - Saturday, August 26 at 7:00 p.m.  
Our whole community is invited to share this fun-filled evening of entertainment (and amazement!) Children, youth and adults will have an opportunity to dazzle and amuse us with their talents.

**Prepare for Water Communion** - Our Annual Ingathering Service for All Ages will take place September 10. We invite you to remember to bring a small jar of water that represents part of your summer--travel to a faraway place or a nearby river, lake or public swimming pool, time with friends, working in your garden, or in activities here at UUSS. - Rev. Roger

**General Assembly (GA) News** - Last week in New Orleans, delegates from UUSS and other congregations gathered for the yearly General Assembly (GA) of our national denomination, the Unitarian Universalist Association (UUA). You will hear in coming weeks about the key issues and votes taken up by GA delegates.

The Rev. Susan Frederick-Gray, 42, is the first woman elected as UUA president. Last August she preached here. Many of you made endorsements and contributed funds to her campaign. Thank you! Read more: [uuworld.org](http://uuworld.org)

Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at [bluesheet@uuss.org](mailto:bluesheet@uuss.org). **Deadline is noon Wednesday.** We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays.

## ComingUp@UUSS *Unitarian Universalist Society of Sacramento*

**Gratitude for Generosity**—Members and friends have given \$1,870 to help set up a new shelter for St. John's Program for Real Change, this area's largest homeless shelter program and the only one for women and children. Your gifts will outfit up to 14 beds in the new site. Thanks!

### **Exploring Unitarian Universalism**

**Members, Friends & Newcomers Join us:**

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room

**July 16th** - Principles & Sources of Our Tradition

**August 20<sup>th</sup>** - Faith: What Does It Mean to a UU?

### **Sunday Morning Spiritual Practices**

**Join Us Before the Service**

9:45am- 10:15am every Sunday (**except 5<sup>th</sup> Sundays**)

**2<sup>nd</sup> Sunday** - QiGong & Tai Chi Chuan - Fahs Room

**3<sup>rd</sup> Sunday** - Silent Meditation - Room 6

**4<sup>th</sup> Sunday** - Reading Reflection - Room 6

### **Ways to Serve**

**Carpool to Church** - UUSS is going to experiment with ride-sharing on Sundays, to diminish our carbon footprint and maybe open up some parking spaces! Rev. Martha Hodges, our volunteer Pastoral Care Coordinator, is taking signups from everyone interested in obtaining or providing a ride. You will see green signup forms at a table in the Welcome Hall. Completed forms may go to Martha directly on Sundays, or to the Office Staff weekdays.

### **Participate in Interfaith efforts:**

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev. Lucy [lucy@uuss.org](mailto:lucy@uuss.org) to find out how you can get involved.

**Together We Share:** We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact: [share@uuss.org](mailto:share@uuss.org).

### **Religious Education**

Hello UUSS Families,

Today we have RE Summer ArtWorks for all children and youth in Room 7/8.

\*\*We need parent/guardian/adult volunteers to contribute as adult support over the months of July and August. Let me know what days you can help, we need your presence.

**Happy day!**

-Miranda Massa, Religious Education Coordinator

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UUSS, 2425 Sierra Boulevard, Sacramento, [uuss.org](http://uuss.org)

UUSS Office – 8:30-5:00 Monday-Friday, (916) 483-9283, [office@uuss.org](mailto:office@uuss.org)

Send your brief submissions to ThisWeek at [bluesheet@uuss.org](mailto:bluesheet@uuss.org) **by noon Wednesday.**