# ThisWeek@UUSS Unitarian Universalist Society of Sacramento

#### Sunday June 18

9:20am - Nursery Care - Room 11

9:30am - Exploring Unitarian Universalism - Fahs Room Survey of UU History.

9:45am - Silent Meditation - 3rd Sunday - Room 6

10:30am - Sunday Worship Service - All Ages - Sanctuary

11:30am - Newcomers Meet-and-Greet - Library

11:30am - UUSS Lesbian-Identified Gathering - Room 12 Please join us if you'd like to gather with other lesbian-identified women from UUSS for conversation about fun, friendship, and future gatherings.

2:00pm - John Vawter Memorial - Main Hall

6:00pm - Earth Justice Movie Night - Fahs Room
"Before the Flood" a 96-min film directed by Leonardo
Di Caprio goes over the globe to find solutions and
present positive actions that we can take. Light
snacks and optional discussion after. Contact:
earthjustice@uuss.org, 916-642-6067 or
patricia459@yahoo.com

## Monday June 19

10:00am - Chair Yoga - Fahs Room & Mat Yoga at 7:00pm - Room 7/8 Yoga by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis All Welcome!

1:30pm - Party Bridge - Room 7/8 All skill levels welcome. Contact: <u>partybridge@uuss.org</u>

7:00pm - UUJME Film Presentation - Welcome Hall Contact: <u>uujme@uuss.org</u>

### Tuesday June 20

10:00am - Ted's Web Discussion Group - Fahs Room Contact: tedsweb@uuss.org

6:30pm - Mah Jongg - Room 6

Contact: mahjongg@uuss.org

6:30pm - Easing Awake Meditation - Library

With Doug Kraft. Contact: doug@dougkraft.com

### Wednesday June 21

1:00pm - Women's Support Group - Fahs Room All are welcome. Contact: women@uuss.org

6:30pm - A.E. Committee Meeting - Library Contact: adultenrichment@uuss.org

## Thursday June 22

1:00pm - UUSS Ukulele Group - Music & Theater Room. New beginners at 1:00 p.m. for individual tutoring. Slow jam 1:30 to 3:00. Ukuleles available to lend. Contact: ukes@uuss.org

## Friday June 23

1:00pm - A.E. Sharing Poetry - Room 12 Contact: adultenrichment@uuss.org

3:00pm - A.E. World Religions - Library
We will listen to a lecture concerning Islamic
revivalism and contemporary Islam. Discussion will
follow. Contact: Ray Reynolds 916 254 3516 or
raycreynolds9164@gmail

7:00pm - Theatre One Performs - "Snow White" - Main Hall Fun for the whole family. June 9-24, all tickets are \$5 and are available at the door.

Contact: theatreone@uuss.org

## Saturday June 24

11:00am & 2:00pm - Theatre One perform - "Snow White" - Main Hall Contact: theatreone@uuss.org \$5 tickets!

Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at <code>bluesheet@uuss.org</code>. **Deadline is noon Wednesday**. We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. **Maximum 25 words**. The Blue Sheet is posted on the website and included as an insert in the Order of Service.

# ComingUp@UUSS Unitarian Universalist Society of Sacramento

### Upcoming hike with the Walkin' Boots:

Walk along the river on wooded trails in Rancho Cordova on June 24 at 7:45am, 3-4 miles. Please let hike leader Betty Crockford know you're coming <a href="mailto:betty.crockford@gmail.com">betty.crockford@gmail.com</a>. Find more information in the Walkin' Boots section of uuss.org

**Theater One Play Reading:** Friday, June 30, 7-9 pm in Fahs Room. Spend the evening hearing a play <u>in development</u> and offer constructive criticism for the next rewrite. The 75-minute play titled "It's not your father's health plan: a workplace dramedy" is about a health insurance company and the steps it takes to protect its bottom line. Refreshments will be served. Suitable for 18+. Contact: <u>theaterone@uuss.org</u>

# Sunday Morning Spiritual Practices Join Us Before the Service

9:45am- 10:15am every Sunday (except 5th Sundays)

4th Sunday - Reflection on poetry and prose - Room 6

1st Sunday - Labyrinth Walk - Labyrinth

# Exploring Unitarian Universalism Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am - 10:15am, Fahs Room

July 16: Principles & Sources of Our Tradition

August 20: Faith: What Does It Mean to a UU?

## Ways to Serve

Help UUSS volunteers outfit new rooms at St. John's Program for Real change. Our team of volunteers cooks and serves a meal to homeless women and children once a month. Now they are sponsoring one of the rooms in the expanded facility by buying bedding - \$350 outfits one room. Can you contribute to sponsoring a second room? All levels of contributions welcome. See Rev Lucy or <a href="https://lucyauuss.org">https://lucyauuss.org</a>

## Participate in Interfaith efforts:

Are you interested in social justice work with people of other faiths? Care about immigrant justice, homelessness, police relations, education? Contact: Rev. Lucy <a href="https://lucy@uuss.org">lucy@uuss.org</a> to find out how you can get involved.

**Together We Share -** We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact: <a href="mailto:share@uuss.org">share@uuss.org</a>.

## **Religious Education**

Hello UUSS Families,

We are so happy to see you this morning. Today is an all-ages service, which means no RE classes. The kids will be with us in the sanctuary for our Under the Bright Summer Sun service. There is a craft table set up for the kids to design suns. Thank you for being here and celebrating solstice with us.

\*\*We need parent/guardian volunteers to contribute as the second adult support over the months of June, July, and August in Art Works. Let me know what days you can help!

We spend a moment during service today to honor our high school graduates. Let's celebrate our youth and their recent accomplishments.

## Happy day!

-Miranda Massa, Religious Education Coordinator