ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday May 28

9:00am - Recycle Sunday - Boxes on Patio

9:20am - Nursery Care - Room 11

9:45am - Reading and Reflection - 4th Sunday - Room 6

10:30am - Sunday Service - Sanctuary

10:30am - RE Classes - Room 6, 7/8 and 12

11:30am - Newcomers Meet-and-Greet - Library

12:00pm - Newcomers Orientation - Library
For newcomers and all those interested in taking
the Orientation Tour of the campus.

12:30pm - Interfaith Earth Justice Meeting - Library One hour meeting. Snacks, introductions and future activities. All welcome. Contact: interfaithearth@uuss.org

1:00pm - Ina Jun Piano Recital - Main Hall

7:00pm - Film - Sacramento Chapter UUJME - Welcome Hall Contact: <u>uujme@uuss.org</u>

Monday May 29

10:00am - Chair Yoga & 7:00pm - Mat Yoga - Fahs Room Yoga by Paige Labrie - Try a first class for free Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis All Welcome!

Tuesday May 30

10:00am - Ted's Web Discussion Group - Fahs Room Contact: tedsweb@uuss.org

6:30pm - Mah Jongg - Room 6 Newcomers welcome Contact: <u>mahjongg@uuss.org</u>

6:30pm - Easing Awake Meditation - Library With Doug Kraft. Contact: doug@dougkraft.com

7:00pm - UU Readers Discussion Group - Welcome Hall Contact: <u>uureaders@uuss.org</u>

Wednesday May 31

10:00am - Boundary Committee - Room 9

1:00pm - Women's Support Group - Fahs Room All are welcome. Contact: women@uuss.org

Thursday June 1

1:00pm - UUSS Ukulele Group - Music & Theater Room. New beginners at 1:00 p.m. for individual tutoring. Slow jam 1:30 to 3:00. Ukuleles available to lend. Contact ukes@uuss.org

Friday June 2

1:00pm - A.E. Sharing Poetry (see reverse) - Room 12

3:00pm - A.E. Great World Religions - Library
We will discuss the implications of faith and politics
of the Muslims and the various paths to Allah. We
will also explore Islamic law and mysticism.
Contact: Ray Reynolds 916-254-3516

6:30pm - Social Justice Movie Night - Welcome Hall
He's back! Earlier in the year we enjoyed getting to
know Mr. Hulot in the movie My Uncle. Just in time
for summer, we will take a turn to the lighter side
with this mid-century French movie from Jacques
Tati. Contact: economicinequality@uuss.org

Saturday June 3

1:00pm - U.U. Saturday Stitchers - Fahs Room Contact: stitchers@uuss.org

Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at <code>bluesheet@uuss.org</code>. **Deadline** is noon Wednesday. We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays.

ComingUp@UUSS Unitarian Universalist Society of Sacramento

Poetry lovers!

Save these dates: Three Friday afternoons: June 2, 9, and 23. Reading poetry as a spiritual practice; bring your favorite poems to share. 1:00 to 2:00 p.m. in UUSS Room 12, facilitated by Doris Simonis and JoAnn Anglin. Sign up at Adult Enrichment table on Sundays or send an e-mail to dsimonis@surewest.net.

Social Justice Book Discussion

Sunday June 4 at 12:30pm in the Library: White Trash by Nancy Isenberg It's not too late to read this important book! Join us for a provocative discussion of this book on class in the US. All are welcome. Contact: economicinequality@uuss.org

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room **June 18**th - Survey of UU History **July 16**th - Principles and Sources of Our Tradition

Sunday Morning Spiritual Practices

Join Us Before the Service

9:45am- 10:15am every Sunday (except 5th Sundays)

1st Sunday - Labyrinth Walk - Labyrinth

2nd Sunday - Qi Gong & Tai Chi Chuan - Labyrinth

Healing the World

Interfaith Earth Justice

Sunday, June 4 @ 1:00 p.m. "Native Voices and Earth Justice." Indigenous people's environmental movement and removing investments from fossil fuels. Main hall Contact: interfaithearth@uuss.org

Family Promise

June 11 - June 18, families from Family Promise will be living in our UUSS buildings. Please support us by signing up for a dinner, an overnight or evening of hosting, or to help set up, tear down or provide the necessities for the week (milk, bread, lunchmeat, etc.). Sign-ups are for the next 3 weeks until June 11 in the Welcome Hall. Cash donations are also welcome.

Together We Share - We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact share@uuss.org.

New Landscape Upkeep Team - First week of each month, our group spends 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Tools are available if you need them. Contact: landscape@uuss.org.

Religious Education-Last Day!

Hello UUSS Families,

Today we have **Religious Education** classes for all groups:

- Nursery kids infant age through preschool are welcome to be dropped off in our **Room 11 Nursery** before getting settled in our sanctuary.
- Children in elementary attend **Spirit Play** but will start in the sanctuary with you before the Doorkeeper walks them over to class.
- **Junior High** youth go directly to Room 6 to sign in.
- Our **Senior High** youth start in the sanctuary then head to Room 12 with their Advisors.

We look forward to seeing all the RE volunteers next Sunday, June 4 when we take a moment to recognize all your hard work and dedication during service. All my appreciation, Miranda