

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday April 30

- 9:20 am - Nursery Care - Room 11
- 10:30 am - Sunday Service - ALL AGES - Sanctuary
- 11:30 am - Newcomers Meet-and-Greet - Library
- 11:30am - Kids' Freedom Club Pancake Breakfast - Patio and Welcome Hall
- 11:30am - Reservations for Camp Norge start today - Patio
- 12:00pm - Forum of Hewlett Packard Free Church - Room 7/8
The Sacramento Chapter of Justice for the Middle East will be there to answer questions and provide information on the Hewlett Packard free Church.
- 12:30pm - Social Justice Book Discussion - Library
- 2:00pm - Memorial Service for Ruth Herrington - Sanctuary

Monday May 1

- 10:00am - Chair Yoga & 7:00pm - Mat Yoga - Fahs Room
Yoga by Paige Labrie - Try a first class for free
Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis
All Welcome!
- 1:30pm - Party Bridge - Room 7/8 All skill levels welcome.
Contact: partybridge@uuss.org

Tuesday May 2

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org.
- 6:30pm - Easing Awake Meditation - Library
6:30pm to 8:30pm with Doug Kraft.
- 6:30pm - Mah Jongg - Room 6
Meet and socialize with others who love the game!
Contact: mahjongg@uuss.org
- 6:30pm - Resilience Gatherings - Fahs Room
Contact: lucy@uuss.org

Wednesday May 3

- 1:00pm - Women's Support Group - Fahs Room
All are welcome. Contact: women@uuss.org
- 7:00pm - UUSS Choir Rehearsal - Fahs Room, Room 6 and Room 10 Contact: music@uuss.org

Thursday May 4

- 1:00pm - UUSS Ukulele Group - Music & Theater Room.
New beginners at 1:00 p.m. for individual tutoring.
Slow jam 1:30 to 3:00. Ukuleles available to lend.
Contact: ukes@uuss.org
- 6:30pm - Social Justice Movie Night - Library

Friday May 5

- 8:00pm - Theatre one 10x10 Short Play - Main Hall
Contact: theatreone@uuss.org

Saturday May 6

- 10:00am - UU Saturday Stitchers - Fahs Room

Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. **Deadline is noon Wednesday.** We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays.

ComingUp@UUSS Unitarian Universalist Society of Sacramento

Social justice movie night: *I am Not Your Negro*

Join Rev Lucy and members of our UUSS Racial Justice Program, Thursday May 4 at 6:30 for this provocative and compelling look at race in modern America through the eyes of author James Baldwin. Contact: racialjustice@uuss.org

Activity Groups' Fair - After the service on May 7. Tables staffed by members of each of the 60+ groups will be on the back patio. This is an opportunity to find out more about groups you've been thinking of looking into, and some you hadn't thought of. Contact: programcouncil@uuss.org

Banner Banter - No Banner Banter formerly on the 2nd and 5th Sundays for the rest of this year.

Salad Sunday - After the service, the Racial Justice Committee will serve a variety of salads after service on **May 7** for a small \$5 donation (larger amounts gratefully accepted). All donations will support Black Lives Matter Sacramento's Freedom School. Contact: racialjustice@uuss.org

The Peace Train - Grammy nominee & South African singer Sharon Katz will appear at Trinity Episcopal Cathedral (2620 Capitol Ave, Sacramento) on Sunday evening, May 7th at 7pm to sing, dance, and recount the history of The Peace Train, and discuss its continuing mission. Free admission, with donations collected to support Peace Train's Bay Area initiative.

2017-2018 Budget

The vote on the UUSS 2017-2018 budget is coming soon! Please watch your email for a copy. It will also be posted on our website. Plan to attend a Budget Forum with Treasurer Gordon Gerwig on Sunday, May 14 for an in-depth discussion of the proposed budget. Members of UUSS will then vote on it on Sunday, May 21 at our annual May Congregational Meeting.

All Ages Camp - Great time! Adults and children. Lovely Sierra location. Rustic Lodging and Tent sites available. August 11th to 13th. Register now! Call Christopher 541-5750 for information.

SUNDAY MORNING SPIRITUAL PRACTICES

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)

1st Sunday - Labyrinth walk - Labyrinth

2nd Sunday - Qi Gong & Tai Chi Chuan - Labyrinth

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room

May 21- Social Justice: How Do We Live Our Values?

Healing the World

Together We Share - We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact: share@uuss.org.

New Landscape Upkeep Team - First week of each month, we spend 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Tools are available if you need them. Contact: landscape@uuss.org.

Religious Education

Hello UUSS Families,

We are so happy to see you and your family this morning. Today is an all-ages service, which means no RE classes are being held. The kids will be with us in the sanctuary for our Earth Day 2017 service. There is a craft table set up for the kids to draw their favorite thing on Earth. Thank you for spending your morning with us.

Happy day!

-Miranda Massa, Religious Education Coordinator