

# **ThisWeek@UUSS Unitarian Universalist Society of Sacramento**

## **Sunday April 9**

- 9:15am - Banner Banter - 2<sup>nd</sup> Sunday - Room 9  
Shintoism. Child care provided in Room 11.
- 9:20am - Nursery Care - Room 11
- 9:45am - QiGong & Tai Chi Chuan - 2<sup>nd</sup> Sunday Fahs Room
- 10:30am - Sunday Service - Sanctuary
- 10:30am - RE Classes - Room 6, 7/8 and 12
- 11:30am - Newcomers Meet-and-Greet - Library
- 11:30am - Salad Sunday - Welcome Hall  
The Racial Justice Committee is serving a variety of salads for a \$5 donation. Donations will support Black Lives Matter Sacramento's Freedom School.
- 11:45am - Help Wanted Meeting: All Ages Camp - Fahs Room
- 12:00pm - All Ages Drumming Workshop  
Professor Eric Chun for all interested folks of any skill level. Bring a drum or he'll provide one!
- 12:00pm - Auction Team Meeting - Room 10
- 12:15pm - Membership/Greeters Meeting - Room 9

## **Monday April 10**

- 10:00am - Chair Yoga & 7:00pm - Mat Yoga - Fahs Room  
Yoga by Paige Labrie - Try a first class for free.  
Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis.  
All Welcome!
- 1:30pm - Party Bridge - Room 7/8  
All skill levels welcome. Contact [partybridge@uuss.org](mailto:partybridge@uuss.org)
- 4:30pm - Earth Justice Ministry Monthly Meet - Fahs Room  
Discussing environmental events. Such as the Earth Day Service on April 30, and upcoming marches April 22 and April 29, etc.  
Contact: [earthjustice@uuss.org](mailto:earthjustice@uuss.org)
- 6:30pm - Gen X/Boomer Club Monthly Meeting - Room 6  
Contact: [genxboomers@uuss.org](mailto:genxboomers@uuss.org)
- 7:00pm - Men's Group (2<sup>nd</sup> & 4<sup>th</sup> Mondays) - Room 12  
All are welcome. Contact: [men@uuss.org](mailto:men@uuss.org)

## **Tuesday April 11**

- 10:00am - Ted's Web Discussion Group - Fahs Room  
Contact: [tedsweb@uuss.org](mailto:tedsweb@uuss.org).
- 6:30pm - Easing Awake Meditation with Doug Kraft- Library

- 6:30pm - Mah Jongg - Room 6 All are welcome.  
Contact: [mahjongg@uuss.org](mailto:mahjongg@uuss.org)

## **Wednesday April 12**

- 1:00pm - Women's Support Group - Fahs Room  
All are welcome. Contact: [women@uuss.org](mailto:women@uuss.org).
- 2:00pm - A.E: Spring in Your Step Dance Class. - Main Hall
- 6:00pm - Finance Committee Meeting - Library
- 7:00pm - UUSS Choir Rehearsal - Fahs Room  
Contact: [music@uuss.org](mailto:music@uuss.org).

## **Thursday April 13**

- 10:45am - Alliance - Welcome Hall  
Carolyn Martin will give us a lively presentation on remarkable women. Refreshments will be offered bring a friend. A \$3 donation will be appreciated.  
Contact: [alliance@uuss.org](mailto:alliance@uuss.org).
- 1:00pm - UUSS Ukulele Group - Music & Theater Room.  
New beginners at 1:00 p.m. or individual tutoring.  
Slow jam 1:30 to 3:00. Ukuleles available to lend.  
Contact: [ukes@uuss.org](mailto:ukes@uuss.org).
- 7:00pm - UUSS Generation Y (20's & 30's) - Fahs Room  
Contact: [geny@uuss.org](mailto:geny@uuss.org)

## **Friday April 14**

- 3:00pm - Great World Religions - Library  
Video of great religions course: Judaism followed by a discussion on what is a major religion and a comparison of Christianity and Buddhism.
- 5:30pm - Art Reception - Virginia Dunstan/Iona Montel  
-Main Hall

## **Saturday April 15**

- 9:00am - Regional Social Justice Training/UUJMC  
- Welcome Hall

Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at [bluesheet@uuss.org](mailto:bluesheet@uuss.org). Deadline is noon Wednesday. We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays.

# ComingUp@UUSS Unitarian Universalist Society of Sacramento

**2017 Auction** This year's auction, "Auction without Borders: Think Outside the Wall", is April 29. Contact [auktion@uuss.org](mailto:auktion@uuss.org).

**Stewardship Drive:** Have you turned in your pledge card? We each are responsible for supporting our beloved community. Without your pledge, we cannot plan. Pledge forms and information available after church, or [uuss.org/stewardship](http://uuss.org/stewardship).

**Spring in Your Step:** Dance for fun and health class for seniors and other folks, 2:00pm to 3:00pm. Drop in class \$15 per session. Malia Jones - choreographer, teacher and dancer.

**Third Sunday Songfest:** Wish you could sing and/or hear more of your favorite songs? Come down by the piano every third Sunday after the service and request your favorites! Pianists, guitars, and ukuleles also welcome to play along! Contact [music@uuss.org](mailto:music@uuss.org). April 16.

**UUSS Earth Justice Groups:** Saturday, April 22 @ 10:00am March for Science - Sacramento. Meet us at the corner of eighth and V Streets, so we UUs can march together. Contact: [interfaithearth@uuss.org](mailto:interfaithearth@uuss.org)

**Salad Sunday:** The Racial Justice Committee will serve a variety of salads after service on April 23 for a small \$5 donation (larger amounts gratefully accepted). All donations will support Black Lives Matter Sacramento's Freedom School.

**Activity Groups Fair:** Sunday, May 7 following the service. Most of our 60+ groups will be staffing a table in the patio/yard area. Come discover the many ways to learn, play, serve, deepen and heal together! Contact [programcouncil@uuss.org](mailto:programcouncil@uuss.org).

## Exploring Unitarian Universalism

### Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room

**April** - Faith: What Does It Mean to a UU?

**May** - Social Justice: How Do We Live Our Values?

## SUNDAY MORNING SPIRITUAL PRACTICES

### Join Us Before the Service

9:45am- 10:15am every Sunday (except 5<sup>th</sup> Sundays)

**3rd Sunday - Silent Meditation - Room 6**

### Make a Difference

**Together We Share:** We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact [share@uuss.org](mailto:share@uuss.org).

**New Landscape Upkeep Team:** First week of each month, we spend 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Contact [landscape@uuss.org](mailto:landscape@uuss.org).

## Religious Education

Hello UUSS Families,

Today we have **Religious Education** classes for all groups:

- Nursery kids infant age through preschool are welcome to be dropped off in our **Room 11 Nursery** before getting settled in our sanctuary.
- Children in elementary attend **Spirit Play** but will start in the sanctuary with you before the Doorkeeper walks them over to class.
- Junior High** youth go directly to Room 6 to sign in.
- Our **Senior High** youth start in the sanctuary then head to Room 12 with their Advisors.

Nursery and Spirit Play kids, bring your Easter basket for our egg hunt after RE next weekend.

UUSS, 2425 Sierra Boulevard, Sacramento, [uuss.org](http://uuss.org)

UUSS Office – 8:30-5:00 Monday-Friday, (916) 483-9283, [office@uuss.org](mailto:office@uuss.org)

Send your brief submissions to ThisWeek at [bluesheet@uuss.org](mailto:bluesheet@uuss.org) by 1 pm Wednesday.