

# ThisWeek@UUSS Unitarian Universalist Society of Sacramento

## Sunday March 19

- 9:30am - Nursery Care - Room 11
- 9:30am - Exploring Unitarian Universalism - Fahs Room  
Principles and Sources of Our Tradition
- 9:45am - Silent Meditation - 3<sup>rd</sup> Sunday - Room 6
- 10:30am - Sunday Service - **All Ages Service** - Sanctuary
- 11:30am - Newcomers Meet-and-Greet - Library
- 11:45am - Songfest - Main Hall (Come down by the piano after the service, request your favorites! Pianists, guitarists and ukuleles also welcome! Contact [music@uuss.org](mailto:music@uuss.org).)
- 11:45am - Auction Ticket Seller Training - Fahs Room
- 12:30pm - Website Training with Dirk Tuell - Library
- 2:00pm - Theater One Presents Stephen Sondheim's musical comedy *Company*, directed by Michael Erwin and musically directed by May Tucker - Main Hall
- 6:00pm - Memorial Service for Doreen Sinclair - Main Hall

## Monday March 20

- 10:00 am - Chair Yoga & 7:00pm - Mat Yoga - Fahs Room  
Yoga by Paige Labrie - Try a first class for free  
Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis  
All Welcome!
- 1:30pm - Party Bridge - Room 7/8  
All skill levels welcome. Contact [partybridge@uuss.org](mailto:partybridge@uuss.org)
- 4:30pm - Earth Justice Ministry Meeting - Room 6  
Contact: [Earthjustice@uuss.org](mailto:Earthjustice@uuss.org)

## Tuesday March 21

- 10:00am - Ted's Web Discussion Group - Library  
Contact: [tedsweb@uuss.org](mailto:tedsweb@uuss.org).
- 10:00am - Art Removal - Main Hall  
The art is for sale and 30% of the sale goes to UUSS. It has been a joy to present Vinay Sharma's art. The next art reception will be Friday, April 14.  
Contact: [art@uuss.org](mailto:art@uuss.org)
- 6:30pm - Mah Jongg - Room 6  
Contact [mahjongg@uuss.org](mailto:mahjongg@uuss.org)
- 6:30pm - Easing Awake Meditation - Library  
With Doug Kraft. Contact: [doug@dougkraft.com](mailto:doug@dougkraft.com)

- 6:30pm - Resilience Gatherings - Room 12  
Every first and third Tuesday of the month. This 45-minute session will include singing, readings, silence, prayer, and candles of hope and encouragement. Can't make it to church, join us live on the web:  
[uuss.org/resilience](http://uuss.org/resilience)

## Wednesday March 22

- 1:00pm - Women's Support Group - Library  
All are welcome. Contact [women@uuss.org](mailto:women@uuss.org)
- 2:00pm - Spring in Your Step Dance Class - Main Hall
- 4:00pm - St. John's Shelter - Offsite  
Contact - [stjohns@uuss.org](mailto:stjohns@uuss.org)
- 6:00pm - Showing Up for Racial Justice Meeting - Main Hall
- 7:00pm - UUSS Choir Rehearsal - Fahs Room  
Contact [music@uuss.org](mailto:music@uuss.org)

## Thursday March 23

- 1:00pm - UUSS Ukulele Group - Music & Theater Room.  
New beginners at 1:00 p.m. for individual tutoring.  
Slow jam 1:30 to 3:00. Ukuleles available to lend.  
Contact [ukes@uuss.org](mailto:ukes@uuss.org)
- 4:00pm - Administrative and Property Management Team Meeting - Library
- 7:00pm - Board of Trustees Meeting - Library
- 7:00pm - Gen. Y Oktoberfest Event Planning Meeting - Room 9

## Friday March 24

- 3:00pm & 7:00pm - Great World Religions - Library
- 8:00pm - Theater One Presents Company - Main Hall

## Saturday March 25

- 12:00pm - Auction Meeting - Room 9
- 8:00pm - Theater One Presents Company - Main Hall

Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at [bluesheet@uuss.org](mailto:bluesheet@uuss.org). Deadline is noon Wednesday. We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays.

## ComingUp@UUSS Unitarian Universalist Society of Sacramento

**World's Great Religions:** Ray Reynolds is offering a drop-in video and discussion group based on the Great Courses. Friday's from 3:00pm-4:00pm and 7:00pm-8:00pm in the library. Now thru April 14. For info., go to the AE table Sunday mornings.

**Confronting Economic Inequality Monthly Book discussion:** Sunday, March 26: *Elite by March Harris*. A historical review of issues of class in UUism and their relevance for our movement today.

**Newcomer Orientation:** On March 26, Newcomers and all those interested in taking the Orientation Tour of the campus please meet in the Library at noon.

**Stewardship Campaign:** Please turn in your pledge cards! We have only collected about half of the expected pledges. If your pledge will not change, we still need a card. Cards available after church or at [www.uuss.org/stewardship/giving-information](http://www.uuss.org/stewardship/giving-information). Thank you for your generosity.

**Interfaith Earth:** *Dial Down the Heat: A Moral Response to Climate Change*, April 4, 7:00pm. @ St. Francis of Assisi Parish. Meet @ UUSS @ 5:45 for Spring Snacks, carpool option. Contact: [beckerbailey@sbcglobal.net](mailto:beckerbailey@sbcglobal.net).

**Auction Without Borders:** Ticket sales start next week. We sold out last year –buy early and don't miss out! We need your donations of services, dinners, adventures and gift cards. Donations accepted through 4/9. See the table after church or [uuss.org/auction](http://uuss.org/auction)

### Sunday Morning Spiritual Practices

Join Us Before the Service

9:45am- 10:15am every Sunday (except 5<sup>th</sup> Sundays)

**4th Sunday - Reflection on poetry and prose - Room 6**

### Exploring Unitarian Universalism

**Members, Friends & Newcomers Join us:**

3<sup>rd</sup> Sunday of each Month 9:30am – 10:15am, Fahs Room

**April - Faith: What Does It Mean to a UU?**

### Ways to Serve

**UUSS Office Help Needed** Do you have bookkeeping or accounting skills that you can offer in service to UUSS? Please contact Rev. Lucy if you can help in May-June when our bookkeeper is away. Contact [lucy@uuss.org](mailto:lucy@uuss.org).

**Together We Share** - We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact [share@uuss.org](mailto:share@uuss.org).

**New Landscape Upkeep Team** - First week of each month, our group spend 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plant. Tools are available if you need them. Contact [landscape@uuss.org](mailto:landscape@uuss.org).

### Religious Education

Hello UUSS Families. We are so happy to see you and your family this morning. Today is an **all-ages service**, there are not RE classes - the kids will be with us in the sanctuary for our Fire and Blessing service. There is a craft table set up for the kids to color chalice cards inside our sanctuary. Thank you for spending your morning with us.