

ThisWeek@UUSS Unitarian Universalist Society of Sacramento

Sunday March 5

- 9:00am - UNA Board Meeting - Room 9
- 9:30am - Nursery Care - Room 11
- 9:45am - Labyrinth Walk - 1st Sunday - Labyrinth
- 10:30 am - Sunday Service – Sanctuary
- 10:30am - RE Classes - Rooms 6, 7/8 and 12
- 11:30 am - Newcomers Meet-and-Greet - Library
- 11:30am - Soup Sunday - Welcome Hall
Delicious soups have been prepared for you by the Stewards of the American River Parkway. Suggested donation per person is \$5.00.

Monday March 6

- 10:00am -Chair Yoga-Fahs Room & 7:00pm-Mat Yoga-Room 7/8
Yoga by Paige Labrie - Try a first class for free. Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!
- 1:30pm - Party Bridge - Room 7/8
All skill levels welcome. Contact partybridge@uuss.org

Tuesday March 7

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org.
- 6:30pm - Easing Awake Meditation - Library
January 10 to February 28, 6:30pm to 8:30pm with Doug Kraft. Sign-up sheet & info. in Welcome Hall
- 6:30pm - Mah Jongg - Room 6
All skill levels welcome. Contact mahjongg@uuss.org
- 6:30pm - Resilience Gatherings - Room 12
Every first and third Tuesday of the month. This 45-minute session will include singing, readings, silence, prayer, and candles of hope and encouragement. Can't make it to church, join us live on the web: uuss.org/resilience
- 7:00pm - Theater One Monthly Meeting - Music & Theater Room

Wednesday March 8

- 1:00pm - Women's Support Group - Fahs Room
All are welcome. Contact women@uuss.org
- 7:00pm - UUSS Choir Rehearsal - Fahs Room All are welcome.
Contact music@uuss.org.

Thursday March 9

- 10:45am - Alliance Program - Welcome Hall
Betty Mann, will present information on a study that has been going on regarding the use of music with Alzheimer's patients. Refreshments will be served and a \$3 donation. Contact alliance@uuss.org.
- 1:00pm - UUSS Ukulele Group - Music & Theater Room.
New beginners at 1:00 p.m. for individual tutoring. Slow jam 1:30 to 3:00. Ukuleles available to lend.
Contact ukes@uuss.org
- 7:00pm - UUSS Generation Y Group - Fahs Room

Friday March 10

- 3:00pm & 7:00pm - Great World Religions - Library
Video of great religions course: Christianity followed by a discussion on what is a major religion and a comparison of Christianity and Buddhism.

Saturday March 11

- 8:45am - American River Parkway Cleanup - Offsite
Meet at the parking lot west-end of Northrup Ave.
Contact: parkway@uuss.org.
- 6:15pm - **Performing for Peace:** Benefit Concert and Art Show
Advance tickets are \$15 (\$20 at the door), kids under 12 are \$5. We have a special deal to our UU youth over 12, youth from Salam Mosque, and other young Junior High, High School and college students of any age and guest passes for refugee families.

Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. Deadline is noon Wednesday. We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays.

ComingUp@UUSS Unitarian Universalist Society of Sacramento

Banner Banter: 9:15 to 10:15am, Room 9 every second & fifth Sunday. Carol and Jerry Houseman lead group discussions, that explore how each of the banners could add to one's spiritual journey. Each session is stand alone and there is no cost. March 12, Taoism. Child care provided in Room 11.

Back2Blue: Indivisible Group: Share tactics for local advocacy to support liberal principles! March 12, Noon to 1pm, Room 7/8. Contact: back2blue2018@gmail.com to RSVP or see back2blue.org.

2017 Assembly: The UUA General Assembly will be June 21-25 in New Orleans, LA. Look for our table after the service for more information, including scholarship opportunities. Contact Rich Howard at rhowarda@gmail.com.

Games Night: Friday, March 17 from 6:00pm - 9:00pm in the Fahs Room. St. Patrick's Day themed Games Night. The featured game will be St. Patrick's and Irish themed Jeopardy. Bring an Irish or green-colored potluck dish and join the fun!

Theater One Presents Stephen Sondheim's musical comedy "Company," directed by Michael Erwin and musically directed by May Tucker. Show runs March 18 to April 3, Friday's and Saturday's at 8:00 pm and Sundays at 2:00.

2017 Auction This year's auction, "Auction without Borders: Think Outside the Wall", is April 29. Donation sign-ups begin March 5. Contact auction@uuss.org.

Stewardship Drive: Please return your pledge forms! Forms and collection boxes available at the Stewardship table after church. Stewardship committee members can answer your questions. Go to uuss.org/stewardship. Thank you for supporting UUSS.

SUNDAY MORNING SPIRITUAL PRACTICES

Join Us Before the Service

9:45am- 10:15am every Sunday (except 5th Sundays)
2nd Sunday - QiGong & Tai Chi Chuan - Fahs Room

Make a Difference

UUSS Office Help Needed Do you have bookkeeping or accounting skills that you can offer in service to UUSS? Please contact Rev Lucy if you can help in May-June when our bookkeeper is away. Contact lucy@uuss.org.

Caretaker: Free master bedroom with adjoining study in exchange for caregiving help. My wife is in late stages with Alzheimer's bedridden and incontinent. Ideal for nursing student or related medical field. Hours and working conditions to be negotiated. Contact boyafuso@sbcglobal.net, 916-353-0376.

Together We Share: We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact share@uuss.org.

New Landscape Upkeep Team: First week of each month, we spend 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Contact landscape@uuss.org.

Religious Education

Hello UUSS Families,

Today we have **Religious Education** classes for all groups:

- Nursery kids infant age through preschool are welcome to be dropped off in our **Room 11 Nursery** before getting settled in our sanctuary.
- Children in elementary attend **Spirit Play** but will start in the sanctuary with you before the Doorkeeper walks them over to class.
- Junior High** youth go directly to Room 6 to sign in.
- Our **Senior High** youth start in the sanctuary then head to Room 12 with their Advisors.