

ComingUp@UUSS Unitarian Universalist Society of Sacramento

Sunday February 26

- 9:00am - Recycle Sunday - Boxes on Patio
- 9:30am - Nursery Care - Room 11
- 9:45am - Reading and Reflection - 4th Sunday - Room 6
- 10:30am - Sunday Service – Sanctuary
- 10:30am - RE Classes - Room 6, 7/8 and 12
- 11:30am - Newcomers Meet-and-Greet - Library
- 11:45am - Chili Sunday - Welcome Hall
Your Board of Trustees will serve a variety of chili after Sunday Service. A \$5 donation (larger amounts gratefully accepted). All donations support our Congregation's operating budget.
- 12:00pm - Newcomer Orientation - Welcome Hall
Newcomers and all those interested in taking the Orientation Tour of the campus please meet in the Library at noon.
- 12:30pm - Book Discussion: *Criminal of Poverty* - Library

Monday February 27

- 7:30am - Preparers Loaves and Fishes & 11:00am Servers Offsite. Contact: loavesandfishes@uuss.org.
- 10:00am - Chair Yoga & 7:00pm - Mat Yoga - Fahs Room
Yoga by Paige Labrie - Try a first class for free
Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis
All Welcome!
- 1:30pm - Party Bridge - Room 7/8
All skill levels welcome. Contact partybridge@uuss.org

Tuesday February 28

- 10:00am - Ted's Web Discussion Group - Fahs Room
Contact: tedsweb@uuss.org.
- 6:30pm - Easing Awake Meditation - Library
January 10 to February 28, 6:30pm to 8:30pm with Doug Kraft. Sign-up sheet & info. in Welcome Hall
- 6:30pm - Mah Jongg - Room 6 Newcomers welcome
Contact mahjongg@uuss.org
- 7:00pm - UU Readers Discussion Group - Welcome Hall
Contact: uureaders@uuss.org

Wednesday March 1

- 1:00pm - Women's Support Group - Fahs Room
All are welcome. Contact women@uuss.org
- 6:30pm - Refugee Team Meeting - Room 10
refugeesupport@uuss.org
- 7:00pm - UUSS Choir Rehearsal - Fahs Room
Contact music@uuss.org

Thursday March 2

- 11:00am - Age Challengers - Fahs Room
- 1:00pm - UUSS Ukulele Group - Music & Theater Room.
New beginners at 1:00 p.m. for individual tutoring.
Slow jam 1:30 to 3:00. Ukuleles available to lend.
Contact ukes@uuss.org
- 1:00pm - Welcome Hall & 7:00pm - Room 7/8 Build Your Own Theology
- 7:00pm - Social Justice Movie Night: Sponsored by Earth Justice Ministry - Welcome Hall
National Geographic documentary on Climate Change: Before the Flood
A 90-minute film followed by discussion.
Contact: earthjustice@uuss.org.

Friday March 3

- 3:00pm & 7:00pm - Great World Religions - Library

Saturday March 4

- 10:00am - UU Saturday Stitchers - Fahs Room
All are welcome. Contact stitchers@uuss.org
- 1:00pm - Memorial Service for Barbara Lazar - Main Hall

Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at bluesheet@uuss.org. Deadline is noon Wednesday. We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays.

ComingUp@UUSS *Unitarian Universalist Society of Sacramento*

2017 Auction This year's auction, "Auction without Borders: Think Outside the Wall", is April 29. Have fun and support UUSS! Donation sign-ups begin March 5. Contact auction@uuss.org with questions or to volunteer.

Resilience Gatherings First and third Tuesdays of the month at 6:30pm in Room 12, starting March 7. Come gather together to lift our spirits and support our efforts to counter the negativity in our country and live our mission in the world to "deepen our lives and be a force for healing." Can't make it to church at that time? The gatherings will be livestreamed on Youtube. Contact Rev Lucy for more information lucy@uuss.org.

Exploring Unitarian Universalism

Members, Friends & Newcomers Join us:

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room

March - Principles & Sources of our Tradition

April - Faith: What Does It Mean to a UU?

May - Social Justice: How Do We Live Our Values?

Sunday Morning Spiritual Practices

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)

1st Sunday - Labyrinth walk - Labyrinth

2nd Sunday - QiGong & Tai Chi Chuan

3rd Sunday - Silent Meditation - Room 6

4th Sunday - Reflection on poetry and prose - Room 6

Make a Difference

UUSS Office Help Needed Do you have bookkeeping or accounting skills that you can offer in service to UUSS? Please contact Rev Lucy if you can help in May-June when our bookkeeper is away. Contact lucy@uuss.org.

Together We Share - We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact share@uuss.org.

New Landscape Upkeep Team - First week of each month, our group spends 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Tools are available if you need them. Contact landscape@uuss.org.

Religious Education

Hello UUSS Families,

Today we have **Religious Education** classes for all groups:

- Nursery kids infant age through preschool are welcome to be dropped off in our **Room 11 Nursery** before getting settled in our sanctuary.
- Children in elementary attend **Spirit Play** but will start in the sanctuary with you before the Doorkeeper walks them over to class.
- Junior High** youth go directly to Room 6 to sign in.
- Our **Senior High** youth start in the sanctuary then head to Room 12 with their Advisors.