**ThisWeek@UUSS**

***Unitarian Universalist Society of Sacramento***

**Sunday January 15**

9:30am - Nursery Care - Room 11

9:30am - Exploring Unitarian Universalism - Fahs Room

9:45am - Silent Meditation - Room 6

10:30am - Sunday Service - Sanctuary

10:30am - RE Classes - Room 6, 7/8 and 12

11:45am - Third Sunday Songfest - Main Hall

Pianists, guitars, and ukuleles, welcome to play

along! Contact [music@uuss.org](mailto:music@uuss.org)

12:00pm - Pastoral Visitor’s Program - Room 9

12:00pm - Membership/Greeters Committee Meeting - Room 7/8

3:00pm - Memorial Service for Paula Squire - Main Hall

5:30pm - Theater One *Company* Audtion - Room 6

6:00pm - Theater One: Improv Class - Fahs Room

**Monday January 16 - Office Closed for Holiday**

10:00am - Chair Yoga & 7:00pm - Mat Yoga - Fahs Room

Yoga by Paige Labrie - Try a first class for free

Classes are $8 each if you sign up for a

two-month series or $10 on a drop-in basis

All Welcome!

1:30pm - Party Bridge - Room 7/8

All skill levels welcome. Contact [partybridge@uuss.org](mailto:partybridge@uuss.org)

5:00pm - Earth Justice Ministry - Room 6

Discussion will include activities that engage others in work to protect our environment for ourselves and talk about the Mobilization for Climate Change on January 21. Contact: [earthjustice@uuss.org](mailto:earthjustice@uuss.org)*.*

**Tuesday January 17**

10:00am - Ted’s Web Discussion Group - Fahs Room

Contact tedsweb@uuss.org.

6:30pm - Easing Awake Meditation - Library

January 10 to February 28, 6:30pm to 8:30pm with

Doug Kraft. Sign-up sheet & information in Welcome

Hall

6:30pm - Mah Jongg - Room 6

Contact [mahjongg@uuss.org](mailto:mahjongg@uuss.org)

**Wednesday January 18**

1:00pm - Women’s Support Group - Fahs Room

All are welcome. Contact [women@uuss.org](mailto:women@uuss.org)

7:00pm - **No Child Behind Bars: Living Resistance from U.S. to Palestine -** Main Hall

UU Rev. Amanada Weatherspoon & Ahmed Tamimi

Contact uujme@uuss.org

7:00pm - UUSS Choir Rehearsal - Fahs Room

Contact[music@uuss.org](mailto:music@uuss.org)

7:00pm - Stewardship Committee Meeting - Room 6

**Thursday January 19**

1:00pm - UUSS Ukulele Group - Music & Theater Room.

New beginners at 1:00 p.m. for individual tutoring. Slow jam 1:30 to 3:00. Ukuleles available to lend. Contact [ukes@uuss.org](mailto:ukes@uuss.org)

1:00pm & 7:00pm - Building Your Own Theology - Room 7/8

7:00pm - Program Council Meeting - Library

7:00pm - 12 Step Recovery Group - Room 6

Twelve Steps as a Spiritual Practice. All are

welcome. Contact [evanmc58@gmail.com](mailto:evanmc58@gmail.com)

**Friday January 20**

6:00pm - Games Night - Fahs Room

The featured game is **Double Feature**, where all you need to know are the movies you've already seen! Bring a **movie night snack** and your favorite party games to add to the fun.

**Saturday January 21**

10:00am - MULTIKULTI - Fahs Room

Introduction to Multicultural Awareness. Led by Mtuaswa Anthony Johnson.

Church members who are leaders of UUSS activity groups may submit short articles of upcoming UUSS events for the next Blue Sheet Announcements at [*bluesheet@uuss.org*](mailto:bluesheet@uuss.org). Deadline is noon Wednesday. We are streamlining the bluesheet with new word limitations. Please include a two-word heading plus the name and nature of your event, with day, time, location and a contact name and email. Maximum 25 words. The Blue Sheet is posted on the website and included as an insert in the order of service on Sundays.

**ComingUp@UUSS**

***Unitarian Universalist Society of Sacramento***

**Senior Fellowship (65+ or there about):** Social, activity group for all seniors. Friday, January 27, 6pm Potluck and movie at church. Contact [seniors@uuss.org](mailto:seniors@uuss.org).

**Post-Inauguration Meditation--**Finding Serenity and Courage in One Simple Gesture: Saturday, January. 28, 8:15am to 1:00pm, Room 7/8. Rev. Dave Scheuneman returns. A divided nation, a planet at risk--and too many broken hearts! Where do we find courage in the face of dishonesty about suffering and injustice? Come join us. See how life calls us toward inward reflection AND outward service! Coffee/tea, snack at 8:15 a.m., retreat 8:45am sharp. $20 + voluntary donation. Register at Connections Table.

**MULTIKULTI:** Introduction to Multicultural Awareness. This workshop, Saturday, January 21, 10:00am to 3:00pm. Registration is a sliding scale from $40-$60, lunch included. Led by Mtuaswa Anthony Johnson, a Starr King ministry student visiting and volunteering in our congregation this year. Advance registration required at the Adult Enrichment table. Scholarships available.

**Exploring Unitarian Universalism**

3rd Sunday of each Month 9:30am – 10:15am, Fahs Room **January** - **Social Justice: How Do We Live Our Values?**

**February** -Survey of UU History

**Sunday Morning Spiritual Practices**

Join Us Before the Service

9:45am- 10:15am every Sunday (**except 5th Sundays**)

**4th Sunday - Reflection on poetry and prose - Room 6**

**Make a Difference**

**Reclaim MLK March:** UUSS is joining Black Lives Matter Sacramento for Reclaim MLK march on Monday, **January 16, 9:30am**. We will meet at **Safeway, 1025 Alhambra Blvd. and** march tothe State Capitol. Contact [jungian.pottenger@yahoo.com](mailto:jungian.pottenger@yahoo.com).

**Together We Share -** We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. Contact [share@uuss.org](mailto:share@uuss.org).

**New Landscape Upkeep Team** - First week of each month, our group spends 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Tools are available if you need them. Contact [landscape@uuss.org](mailto:landscape@uuss.org).

**BLM Sock Drive:** Black Lives Matter Sacramento is collecting socks, shoes, slippers, blankets, and throws for the homeless on **January 22** from 12:00 - 3:00pm in the Bel Air parking lot at 1301 Florin Rd. Let's give back and support BLM in this important cause for our community.

**Religious Education**

Hello UUSS Families,

Today we have **Religious Education** classes for all groups:

-Nursery kids infant age through preschool are welcome to be dropped off in our **Room 11 Nursery** before getting settled in our sanctuary.

-Children in elementary attend **Spirit Play** but will start in the sanctuary with you before the Doorkeeper walks them over to class.

-**Junior High** youth go directly to Room 6 to sign in.

-Our **Senior High** youth start in the sanctuary then head to Room 12 with their Advisors.

**Happy day!**

-Miranda Massa, Religious Education Coordinator

UUSS, 2425 Sierra Boulevard, Sacramento, uuss.org

UUSS Office – 8:30-5:00 Monday-Friday, (916) 483-9283, [office@uuss.org](mailto:office@uuss.org)