

The Blue Sheet Upcoming Activities & Announcements

Unitarian Universalist Society of Sacramento
2425 Sierra Blvd. Sacramento, CA 95825
(916)483-9283, office@uuss.org
www.uuss.org

Sunday January 1

8:30am - Labyrinth Walk and New Year's Potluck -
Welcome Hall
9:00am - UNA Board Meeting - Room 9
9:30am - Nursery Care - Room 11
10:30am - Sunday Worship Service - Sanctuary
10:30am - RE Classes - Room 6, 7/8 and 12
11:30am - Soup Sunday - Welcome Hall

Monday January 2

Office Closed for New Year's Holiday

10:00am - Adult Enrichment: Chair Yoga - Fahs Room
1:30pm - Party Bridge - Room 7/8
7:00pm - Adult Enrichment: Mat Yoga - Room 7/8

Tuesday January 3

10:00am - Ted's Web Discussion Group - Fahs Room
6:30pm - Easing Awake Meditation - Library
6:30pm - Mah Jongg - Room 6

Wednesday January 4

12:30pm - UUSS Staff Meeting - Library
1:00pm - Women's Support Group - Fahs Room
6:00pm - Religious Services Committee - Library
7:00pm - UUSS Choir Rehearsal - Fahs Room
7:00pm - Stewardship Committee Meeting - Room 9

Thursday January 5

11:00am - AE: Age Challengers - Fahs Room
1:00pm - Beginning Ukulele Group - Music & Theater Room
1:30pm - Slow Jam Ukulele Group - Music & Theater Room
6:30pm - Social Justice Movie Night - Welcome Hall
7:00pm - AE: 12 Step Recovery Group - Room 9

Friday January 6

7:00pm - Mobilizing Terry Preston Dinner - Main Hall

Saturday January 7

10:00am - UU Saturday Stitchers - Fahs Room

Sunday January 8

9:30am - Nursery Care - Room 11
9:45am - QiGong and Tai Chi - Fahs Room
10:30am - Sunday Worship Service - Sanctuary
10:30am - RE Classes - Room 6, 7/8 and 12
11:30am - Soup Sunday - Welcome Hall
12:30pm - Book Discussion: *Hillbilly Elegy* - Library
6:00pm - AE: Improv Class - Fahs Room

Visit our online calendar: <http://uuss.org>

**Learn details about all activities in the Pathways brochure
and the monthly Unigram newsletter.**

**Submit articles to bluesheet@uuss.org
before 1:00pm on Wednesday
65 word or less.**

**Submit articles for the Unigram to
unigram@uuss.org
by the 15 of the month.**

Contact the office for more information:
(916)483-9283, office@uuss.org

If you're not receiving email reminders from UUSS, please be sure we have your correct and up-to-date address! We get many bounced emails returned. If you haven't seen a recent Unigram or Minister's Message, please call the office - 916-483-9283 - and give us your correct email address.

-RELIGIOUS EDUCATION-

Hello UUSS Families,

Today we have Religious Education classes for all groups:
-Nursery kids infant age through preschool are welcome to be dropped off in our Room 11 Nursery before getting settled in our sanctuary.

-Children in elementary attend Spirit Play but will start in the sanctuary with you before the Doorkeeper walks them over to class.

-Junior High youth go directly to Room 6 to sign in.

-Our Senior High youth start in the sanctuary then head to Room 12 with their Advisors.

Looking ahead: Next weekend is a Feast Day in Sprit Play. Please let Miranda know of any food allergies. Thanks so much!

Happy 2017!

-Miranda Massa, Religious Education Coordinator

-CURRENT & UPCOMING ACTIVITIES-

Senior Fellowship (65+ or there about): Social, community group for all seniors. January 10. Movie, Matinee for Hidden Figures. Host Jean Kohlhoff. January 15, 2pm Tour of the Almond Factory. Carpool from church at 1:30pm. Hosted by Ray Reynolds. Call Jean Kohlhoff, at 916-544-4014 or email at jeaniek44@aol.com.

Mobilizing Terry Spaghetti Dinner: January 6 from 5:00pm to 9:00pm, dinner at 6:00pm. Live rock n roll music and dancing. We'll have an art auction too. Cost is \$25.00, all proceeds directly to Terry to purchase a van with an electric ramp for his wheelchair. Contact Patricia459@yahoo.com or call 642-6067.

No Child Behind Bars: Living Resistance from U.S. To Palestine: January 18, 7:00pm in the Main Hall, featuring UU Minister Rev. Amanda Weatherspoon and Ahed Tamimi, Palestinian teen. Rev. Weatherspoon's ministry centers on collective liberation, global human rights, and organizing toward black liberation. Ahed is from Palestine. Come learn how their stories are intertwined. Contact Cathy Hackett 916-716-3827

Alliance Program: January 12, 10:45am, Fahs Room. Karen Tarp and Eric Ross traveled to the islands of Haida Gwai six hours by boat off the Coast of British Columbia. They met tribal people and learned about their culture and will show pictures of wildlife, ancient villages and totem polls. Contact Vivian Counts at viviancounts@yahoo.com.

- ONGOING ACTIVITIES -

Soup Sundays: held the first and second Sundays from now until March. Join us January 1 following the service in the Welcome Hall. Delicious soups will be prepared for you by members of the Library Committee. Next Sunday members of the Membership and Greeters Committees are the soup makers. The suggested donation per person is \$5.00.

Third Sunday Songfest: Wish you could sing and / or hear more of your favorite songs? Come down by the piano every third Sunday after the service and request your favorites! Pianists, guitars, and ukuleles also welcome to play along!

Party Bridge: Join a social bridge group that plays for fun. People in the group have various skill levels and are always willing to accept newcomers whatever their skills. Mondays 1:30pm to 4:15pm in Room 7/8. Email Mary Schneider marymschneider@comcast.net or call (916)454-2995. Treats are provided. A small donation is appreciated.

UUSS Ukulele players: Beginners at 1:00 p.m. for individual tutoring. Slow jam 1:30 to 3:00 in Music and Theater Room. Ukuleles available to lend. Judy Lane jlane612@earthlink.net, or Cherie O'Boyle oboyle.cgo@gmail.com.

The Age Changers: All over 70 are welcome. Next meeting is January 5 from 11:00am to 1:00pm in the Fahs Room. We discuss and share how each of us deals with changes in life that come up in our aging process. Register at the Adult Enrichment Table after service or just show up. Facilitator and fellow Age Challenger is Ilona Montel, Ph.D., montelart@msn.com

Saturday Stitches: The first Saturday of the month we will work on our projects from 10:00am to 1:00pm in the Fahs Room. Bring your project, machine, and all the tools to work on your craft. We will supply tables, chairs, coffee and water. Karen Sparrow: 818-510-2337 or karenjsparrow@gmail.com.

– **FREEDOM CLUB** –

Fair Trade Chocolate Tasting: *Did you know that many chocolate companies use child labor and slavery in their chocolate production?* The only way to be sure that cocoa is not harvested and manufactured by slaves is to buy fair trade chocolate. Join us in the Fahs Room January 22 after service, Freedom-Club tested and approved fair trade chocolate.

Trip to India: We would like to invite a few others from UUSS to join us. The trip in April will include visiting the work of "Free the Slaves" and discovering the country of India. All travelers must cover their own costs. If you are interested, contact Petra for details: petrastanton@comcast.net

– **OPPORTUNITIES TO SERVE** –

Together We Share: We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. For more info. Mary Ann Wilhelm marelz1@aol.com or Marie Pearce kknmee@gmail.com.

New Landscape Upkeep Team: First week Friday of each month, our group spends 1-3 hours pulling weeds, dead-heading the rose shrubs, check the irrigation and replace broken emitters, replace dead plants, or prune plants. Tools are available. Annie Kempees - arkfloats1@gmail.com or 916-974-1052 (9:00am-10:00pm).

– **EXPLORING UNITARIAN UNIVERSALISM** –

Members, Friends & Newcomers Join us:
3rd Sunday of each Month 9:30am – 10:15am, Fahs Room
January - Social Justice: How Do We Live Our Values?
February - Survey of UU History
March - Principles & Sources of our Tradition
April - Faith: What Does It Mean to a UU?

– **SUNDAY MORNING SPIRITUAL PRACTICES** –

Join Us Before the Service
9:45am- 10:15am every Sunday (except 5th Sundays)
1st Sunday - Labyrinth walk - Labyrinth (8:30am on Jan. 1)
2nd Sunday - QiGong & Tai Chi Chuan
3rd Sunday - Silent Meditation - Room 6
4th Sunday - Reflection on poetry and prose - Room 6

– **ADULT ENRICHMENT** –

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

Theater One Acting Classes: Theater One is sponsoring a six-week improvisational acting class led by a professional actor, director and teacher, Betsaida LeBron. Sunday evenings, 6-8 pm, Fahs Room, January 8 to February 12. The cost is \$105 for the entire series. Class is limited to 10-24 people. Sign-up at the Adult Enrichment table or David Paul at Davep429@gmail.com.

MULTIKULTI: Introduction to Multicultural Awareness. This workshop is held January 21, 10:00am to 3:00pm. Registration is a sliding scale from \$40-\$60, lunch included. Led by Mtuaswa Anthony Johnson, a Starr King ministry student visiting and volunteering in our congregation this year. Advance registration required at the Adult Enrichment table. Scholarships available.

Yoga by Paige Labrie: Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga - Mondays 10:00am-11:00am - Fahs Room
Mat Yoga – Mondays, 7:00pm-8:00pm - Room 7/8

Women's Support Group: Join us on Wednesdays, 1:00-3:00pm in the Fahs Room. Contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Easing Awake Meditation: Tuesday evenings, January 10 through February 28, 6:30pm to 8:30 p.m., with Doug Kraft. Signup sheet and information in the Welcome Hall.

The Twelve Steps: as a Spiritual Practice is a 12-Step recovery group for anyone who is struggling with an addiction or is just interested in using the twelve steps as a way of life and/or spiritual practice. Thursdays, from 7:00pm to 9:00pm in Room 9. All are welcome. Contact Evan at evanmc58@gmail.com for more.

Banner Banter: 9:15 to 10:15am, Room 9 every second & fifth Sunday. *Do you ever wonder about the banners in our sanctuary?* Carol and Jerry Houseman are leading small and large group discussions that explore how each of the banner represented religion/philosophy practices and beliefs could add to one's spiritual journey. Each session is stand alone and there is no cost. **January 8, no class, January 29 Buddhism.**

Check the Sunday Connections table for upcoming activities and workshops.

Office Hours

Monday thru Friday 8:30am to 5:00pm
Office is Closed Monday, January 2
New Year's Day Holiday

– **CHURCH STAFF HOURS** –

Rev. Roger Jones: I look forward to reconnecting with members and meeting our new families and friends. Happy to make an appointment! Office hours Mon, Wed, Thurs afternoons. Sabbath is Tuesday; study day is Friday. From Jan. 9-12 I will be in Berkeley at a doctoral seminar at Pacific School of Religion but available by phone and email.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday. Noon to 5:00pm, by appointment.

D. Scott Cooper (Ministerial Intern) - My regular office hours are on Monday, Wednesday, and Thursday. I'm sharing the RE Office with Miranda and welcome your visits. Please call or e-mail first so I can be sure to be available.

Miranda Massa: (RE Coordinator): Tuesday, Friday, Sunday morning and by email.

Michele Ebler: (Bookkeeper): Tuesday thru Friday.

Stanton Vedell: (Communications and Facilities Coordinator, Tuesday thru Friday 9:30am to 6:00pm.

Elaine Cooper: (Receptionist): Tuesday thru Friday, 8:30am to 5:00pm.

Ina Jun (Accompanist): at UUSS on Wednesdays for Choir Rehearsal and Sundays.

Keith Atwater (Music Director): Choir rehearsal Wednesdays 7:00-8:30 p.m. and Sunday mornings.

Childcare Providers: Krystal Gollaher & Yer Chang.

Custodians: Aaron Molina, Tuesday thru Thursday and Miguel Neri; Friday, Saturday and Sunday.