

The Blue Sheet Upcoming Activities & Announcements

Unitarian Universalist Society of Sacramento
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www.uuss.org

Sunday December 4

9:00am - UNA Board Meeting - Room 9
9:30am - Nursery Care - Room 11
9:45am - Labyrinth Walk - 1st Sunday - Labyrinth Walk
10:30am - Sunday Worship Service - Sanctuary
10:30am - RE Classes - Room 6, 7/8 and 12
11:30am - Kids Freedom Club - Room 6
11:45am - UJME Olive Oil and Craft Fair - Welcome Hall

Monday December 5

10:00am - Adult Enrichment: Chair Yoga - Fahs Room
1:30pm - Party Bridge - Room 7/8
7:00pm - Adult Enrichment: Mat Yoga - Room 7/8

Tuesday December 6

10:00am - Ted's Web Discussion Group - Fahs Room
6:30pm - Easing Awake Meditation - Library
6:30pm - Mah Jongg - Room 6
7:00pm - Theater One Christmas Party - Welcome Hall

Wednesday December 7

1:00pm - Women's Support Group - Fahs Room
5:00pm - Religious Services Monthly Meeting - Library
7:00pm - SURJ Movie Viewing *13th* - Welcome Hall
7:00pm - UUSS Choir Rehearsal - Fahs Room

Thursday December 8

10:45am - Alliance Program - Fahs Room
1:00pm - Beginning Ukulele Group - Music & Theater Room
1:30pm - Slow Jam Ukulele Group - Music & Theater Room
2:30pm - FRST Monthly Committee Meeting - Library
7:00pm - AE: 12 Step Recovery Group - Room 9
7:00pm - UUSS Generation Y Group - Fahs Room

Friday December 9

No Events Scheduled, Office Open

Saturday December 10

8:45pm - American River Parkway Cleanup - Offsite
3:00pm - UJME Coalition Meeting - Fahs Room

Sunday December 11

9:15am - Banner Banter - Room 9
9:30am - Nursery Care - Room 11
9:45am - QiGong & Tai Chi - 2nd Sunday - Fahs Room
10:30am - Sunday Worship Service - Sanctuary
10:30am - RE Classes - Room 6, 7/8 and 12
11:30am - Soup Sunday - Welcome Hall
11:45am - Owl Grades 4, 5 & 6 - Fahs Room
12:00pm - Membership/ Greeters Monthly Meeting - Room 7/8
12:00pm - Racial Justice - Main Hall
12:00pm - Nominating Committee Meeting - Room 6
12:00pm - Family Promise Meeting - Room 9

Visit our online calendar: <http://uuss.org>
**Learn details about all activities in the Pathways
brochure and the monthly Unigram newsletter.**

**Submit articles to bluesheet@uuss.org
before 1:00pm on Wednesday
65 word or less.**

**Submit articles for the Unigram to
unigram@uuss.org
by the 15 of the month.**

-RELIGIOUS EDUCATION-

Hello UUSS Families,

Today we have **Religious Education** classes for all groups:
-Nursery kids infant age through preschool are welcome to be dropped off in our **Room 11 Nursery** before getting settled in our sanctuary.
-Children in elementary attend **Spirit Play** but will start in the sanctuary with you before the Doorkeeper walks them over to class.
-**Junior High** youth go directly to Room 6 to sign in with Neighboring Faiths leader, Anthony Johnson.
-Our **Senior High** youth start in the sanctuary then head to Room 12 with their Advisors.

Looking ahead: We have RE planned for today and December 11. December 18 is our Yule service where we will trim the trees which means there is no RE. Also, there is no RE scheduled for December 25. The Nursery will also be closed on December 25.

Happy day!
-Miranda Massa, Religious Education Coordinator

-CURRENT & UPCOMING ACTIVITIES-

Fair Trade Palestinian Olive Oil: available for purchase *today* after service in the Welcome Hall. Each 750ml bottle sells for \$20. All proceeds will help Palestinian farming families to stay on their land. Brought to you by *Sacramento Bethlehem* Sister City, this tasty olive oil makes a thoughtful holiday or hostess gift!

Alliance Program: Dec. 8 at 10:45 am. A private collection of costumes from Palestine will be shown. Our speaker will give information on each one and the story that goes with it. Holiday Refreshments will be offered. Donation of \$3 is suggested.

Senior Fellowship (65+ or there about): Social, community group for all seniors. Dec. 10, Global Winter Wonderland at Cal Expo 5pm. Seniors \$16, general admission. Carpool from church at 4:30. Host Jean Kohlhoff. Dec. 26, Holiday potluck and movie. Bring Decorations. Host Jean Kohlhoff. Contact Jean Kohlhoff, at 916-544-4014 or at jeaniek44@aol.com.

Chanteuses: 20th Anniversary Christmas Concert "Seven Joys of Christmas", Dec. 10 at 4 p.m., Trinity Episcopal Cathedral, 2620 Capitol Avenue, Sacramento. Tickets \$15 in advance; \$20 at the door; seniors and students \$15; under age 17 Free. To purchase advance tickets, please call (916) 234-0289 or email info@chanteuses.org and your tickets will be reserved at "Will Call."

Family Promise: Are you a Family Promise volunteer or interested in becoming one? Interested in supporting homeless families in Sacramento? Join us after the service Dec. 11 at 12:00pm in Room 9 for discussion and planning session.

UUSS Racial Justice Committee: Attend our first open meeting on Sunday, Dec. 11 after service in the Sanctuary to connect with like-minded people and brainstorm ideas for how to deepen our participation in racial justice and be a force for healing in the world.

Coat & Blanket Drive for Refugees: The International Rescue Committee (IRC) Sacramento invites UUSS to help make refugees welcome by donating *new* or *gently used* coats and blankets. All sizes are needed, especially children and youth. **Today** is the last day to drop off your donations in the Welcome Hall.

Games Night: Let's celebrate the holiday season on Dec. 16 at 6pm in the Fahs Room with a White Elephant Gift Exchange and Winter Potluck! Bring a wrapped gift valued under \$20 and your favorite winter dish, along with your favorite party games to add to the fun.

– ONGOING ACTIVITIES –

The Banner Team: will be selling the new 14-banner calendar, 26-banner posters and UU note cards in the Welcome Hall on Sundays in December, in time for holiday giving for loved ones.

Soup Sundays: held the first and second Sundays from now until March. There will be **no** Soup Sunday **today** due to the California Marathon. Join us December 10 following the service in Welcome Hall for delicious soups prepared for you by The Howards' Ministry Circle. The suggested donation per person is \$5.00.

Party Bridge: Join a social bridge group that plays for fun. People in the group have various skill levels and are always willing to accept newcomers whatever their skills. Mondays 1:30pm to 4:15pm in Room 7/8. Email Mary Schneider marymschneider@comcast.net or call (916)454-2995. Treats are provided. A small donation is appreciated.

UUSS Ukulele players: New beginners at 1:00 p.m. for individual tutoring. Slow jam 1:30 to 3:00 in Music and Theater Room. Ukuleles available to lend. Judy Lane jlane612@earthlink.net, or Cherie O'Boyle oboyle.cgo@gmail.com.

Saturday Stitches: The first Saturday of the month we will work on our projects from 10am to 1pm in the Fahs Room. Bring your project, machine, and all the tools to work on your craft. We will supply tables, chairs, coffee and water. Contact Karen Sparrow: 818-510-2337 or karenjsparrow@gmail.com.

Third Sunday Songfest: Wish you could sing and / or hear more of your favorite songs? Come down by the piano every third Sunday after the service and request your favorites! Pianists, guitars, and ukuleles also welcome to play along!

– OPPORTUNITIES TO SERVE –

Together We Share: We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. For more information, contact Mary Ann Wilhelm marelz1@aol.com or Marie Pearce kknmee@gmail.com.

New Landscape Upkeep Team: First week of each month, our group spend 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plants. Tools are available if you need them. Contact Annie Kempees - arkfloats1@gmail.com or 916-974-1052 (9am-10pm).

– EXPLORING UNITARIAN UNIVERSALISM –

Members, Friends & Newcomers Join us:
3rd Sunday of each Month 9:30 – 10:15, Fahs Classroom
December 18 - Faith: What Does It Mean to a UU

– SUNDAY MORNING SPIRITUAL PRACTICES –

Join Us Before the Service
9:45- 10:15 every Sunday (except 5th Sundays)
1st Sunday - Labyrinth walk - Labyrinth
2nd Sunday - QiGong & Tai Chi Chuan
3rd Sunday - Silent Meditation - Room 6
4th Sunday - Reflection on poetry and prose - Room 6

– ADULT ENRICHMENT –

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

Yoga by Paige Labrie: Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga - Mondays 10-11am - Fahs Room
Mat Yoga – Mondays, 7-8pm - Room 7/8

Women's Support Group: Wednesdays, 1:00-3:00pm in the Fahs Room. Contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Banner Banter: *Do you ever wonder about the banners in our sanctuary?* Because they did, Carol and Jerry Houseman are leading small and large group discussions that explore how each of the banner represented religion/philosophy practices and beliefs could add to one's spiritual journey. Each session is stand alone and there is no cost. Join them 9:15 - 10:15am, Room 9 every second & fifth Sunday. **Dec. 11 - Goddess Religion.**

The Twelve Steps: as a Spiritual Practice is a 12-Step recovery group for anyone who is struggling with an addiction or is just interested in using the twelve steps as a way of life and/or spiritual practice. We meet Thursdays, from 7:00 – 9:00pm in Room 9. All are welcome. For more information, contact Evan at evanmc58@gmail.com.

Check the Sunday Connections table for upcoming activities and workshops.

Office Hours

Monday thru Friday 8:30am to 5:00pm

– CHURCH STAFF HOURS –

Rev. Roger Jones - Away on sabbatical in December, back in January. For ministerial needs, please contact Rev. Lucy or Ministerial Intern Scott. For UUSS program questions, call our UUSS Office weekdays.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday. Noon to 5:00pm, by appointment.

D. Scott Cooper (Ministerial Intern) - Out of the office from Dec. 5 to Dec. 9. Will have access to email.

Miranda Massa: (RE Coordinator): Monday, Friday, Sunday morning and by email.

Michele Ebler: (Bookkeeper): Monday thru Friday.

Stanton Vedell: (Communications and Facilities Coordinator, Sunday 7:30am to 4:00pm and Tuesday thru Friday 9:30am to 6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday, 8:30am to 5:00pm.

Ina Jun (Accompanist): at UUSS on Wednesdays for Choir Rehearsal and Sundays.

Keith Atwater (Music Director): Choir rehearsal Wednesdays 7:00-8:30 p.m. and Sunday mornings.

Childcare Providers: Krystal Gollaher & Yer Chang.

Custodians: Aaron Molina, Saturday thru Thursday.