

The Blue Sheet Upcoming Activities & Announcements

Unitarian Universalist Society of Sacramento
2425 Sierra Blvd. Sacramento, CA 95825
(916)483-9283, office@uuss.org
www.uuss.org

Sunday November 20 All Ages Service

9:30am - Nursery Care - Room 11
9:30am - Exploring Unitarian Universalism - Fahs Room
9:45am - Silent Meditation - 3rd Sunday - Room 6
10:30am - All Ages Sunday Worship Service - Sanctuary
11:45am - Song Fest - Main Hall by piano

Monday November 21

10:00am - Adult Enrichment: Chair Yoga - Fahs Room
1:30pm - Party Bridge - Room 7/8
6:15pm - Internship Committee Meeting - Room 6
6:30pm - UU Justice Middle East Meeting - Fahs Room
7:00pm - Adult Enrichment: Mat Yoga - Room 7/8

Tuesday November 22

10:00am - Ted's Web Discussion Group - Fahs Room
6:30pm - Easing Awake Meditation - Library
6:30pm - Mah Jongg - Room 6

Wednesday November 23

1:00pm - Women's Support Group - Fahs Room
7:00pm - Threshold Choir - Room 7/8
7:00pm - UUSS Choir Rehearsal - Fahs Room

Thursday November 24

Office Closed for Thanksgiving

2:00pm - Thanksgiving Potluck - Welcome Hall

Friday November 25

No Events, Office Closed for Thanksgiving

Saturday November 26

No Events, Office Closed

Sunday November 27

9:00am - Recycle Table - Front Patio
9:30am - Nursery Care - Room 11
9:45am - Reading and Reflection - 4th Sunday - Room 6
10:30am - Sunday Worship Service - Sanctuary
11:45am - RE Classes - Room 6, 7/8 and 12
12:00pm - Newcomer's Orientation - Welcome Hall

Visit our online calendar: <http://uuss.org>

**Learn details about all activities in the Pathways
brochure and the monthly Unigram newsletter.**

**Submit articles to bluesheet@uuss.org
before 1:00pm on Tuesday (This week Only due to
Thanksgiving Holiday)
65 word or less.**

**Submit articles for the Unigram to
unigram@uuss.org
by the 15 of the month.**

-RELIGIOUS EDUCATION-

Hello UUSS Families,

This morning we give thanks together in this all ages service. Let's support the Religious Education presence of children and youth being paired up with an adult Greeter to help **collect the shared offering**. Additionally, a **Junior High Youth Group** participant provides our welcome. **The Kids' Freedom Club** shares with us their recent success of freeing over 100 slaves.

We look forward to spending the morning with you and your family.

Happy Sunday,
-Miranda Massa, Religious Education Coordinator

-CURRENT & UPCOMING ACTIVITIES-

Coat & Blanket Drive for Refugees: The International Rescue Committee (IRC) Sacramento invites UUSS to help make refugees welcome by donating *new* or **gently used** coats and blankets. All sizes are needed, especially children and youth. Drop off your donations in the Welcome Hall **today**, Nov. 27 and Dec. 4.

Thanksgiving sign-ups - Join us for dinner on Nov. 24, 2pm in the Welcome Hall. Contact Laurie Jones at 916-490-6697 or thanksgiving.uuss@gmail.com.

Senior Fellowship (65+ or there about): Social, community group for all seniors. Dec. 10, Global Winter Wonderland at Cal Expo 5pm. Seniors \$16 – general admission. Eat at Cal Expo. Carpool from church at 4:30. Host Jean Kohlhoff. Happy Thanksgiving. Call Jean Kohlhoff, at 916-544-4014 or email at jeaniek44@aol.com.

Earth Justice Ministry will meet for general meeting Dec. 1, 2016 at 7:00pm to 8:15pm, Room 6. We'll discuss pollinator/butterfly garden, steps toward green sanctuary recertification, work with other groups and upcoming events. Hope to see you there! Contact Patricia Johnson at patricia459@yahoo.com or call her at 642-6067 and leave message.

- ONGOING ACTIVITIES -

The Banner Team will be selling the new 14-banner calendar, 26-banner posters and UU note cards in the Welcome Hall on Sundays during November and December, in time for holiday giving for loved ones and our sacred home at UUSS.

Soup Sunday - held the first and second Sundays of each month until March. Join us after the service in December for delicious soup. The suggested donation is \$5.00 per person.

Party Bridge: Join a social bridge group that plays for fun. The people in the group have various skill levels and are always willing to accept newcomers whatever their skills. Party bridge scoring is used. We meet Mondays from 1:30pm to 4:15pm in Room 7/8. Email Mary Schneider marymschneider@comcast.net or call at (916)454-2995 for a reservation. Treats are provided. A small donation is appreciated.

UUSS Ukulele players - New beginners at 1:00 p.m. for individual tutoring. Slow jam 1:30 to 3:00 in Music and Theater Room. Ukuleles available to lend. Judy Lane jlane612@earthlink.net, or Cherie O'Boyle oboyle.cgo@gmail.com.

The Age Challengers - Anyone over 70 is welcome. We meet the first Thursday of the month, in the Fah's room, to talk and share how each of us deals with the changes in life that come up in our aging process. Next meeting is Dec. 1 from 11:00 am to 1:00 pm. Bring a brown bag lunch. Register at the Adult Enrichment Table after service or you can just show up. Facilitator and fellow Age Challenger is Ilona Montel, Ph.D. Email her at montelart@msn.com.

Saturday Stitchers - The first Saturday of the month we will work on our projects from 10am to 1pm in the Fahs Room. Bring your project, machine, and all the tools to work on your craft. We will supply tables, chairs, coffee and water. Contact Karen Sparrow: 818-510-2337 or karenjsparrow@gmail.com.

Third Sunday Songfest - Wish you could sing and / or hear more of your favorite songs? Come down by the piano every third Sunday after the service and request your favorites! Pianists, guitars, and ukuleles also welcome to play along!

– **OPPORTUNITIES TO SERVE** –

Together We Share - We can help the 240,000 "food insecure" adults and children in our area by placing canned food, cereal, peanut butter, fruit, vegetables, eyeglasses, clothing and household items in the RED GROCERY BASKET at the main entrance on any Sunday. For more information, contact Mary Ann Wilhelm marezl1@aol.com or Marie Pearce kknmee@gmail.com.

New Landscape Upkeep Team - The first week of each month, groups spend 1-3 hours pulling weeds, dead-heading the rose shrubs, checking the irrigation and replacing broken emitters, replacing dead plants, or pruning plant. Tools are available if you need them. Contact Annie Kempees - arkfloats1@gmail.com or 916-974-1052 (9am-10pm).

– **EXPLORING UNITARIAN UNIVERSALISM** –

Members, Friends & Newcomers Join us:
3rd Sunday of each Month 9:30 – 10:15, Fahs Classroom
November 20 - Principles & Sources of Our Tradition
December 18 - Faith: What Does It Mean to a UU

– **SUNDAY MORNING SPIRITUAL PRACTICES** –

Join Us Before the Service
9:45- 10:15 every Sunday (except 5th Sundays)
1st Sunday - Labyrinth walk - Labyrinth
2nd Sunday - QiGong & Tai Chi Chuan
3rd Sunday - **Silent Meditation - Room 6**
4th Sunday - Reflection on poetry and prose - Room 6

– **ADULT ENRICHMENT** –

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

Yoga by Paige Labrie - Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga - Mondays 10-11am - Fahs Room
Mat Yoga – Mondays, 7-8pm - Room 7/8

Women's Support Group Wednesdays, 1:00-3:00pm in the Fahs Room. Contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Banner Banter- *Do you ever wonder about the banners in our sanctuary?* Because they did, Carol and Jerry Houseman are leading small and large group discussions that explore how each of the banner represented religion/philosophy practices and beliefs could add to one's spiritual journey. Each session is stand alone and there is no cost. Join them 9:15 - 10:15am, Room 9 every second & fifth Sunday. Dec. 11 - Goddess Religion.

The Twelve Steps as a Spiritual Practice is a 12-Step recovery group for anyone who is struggling with an addiction or is just interested in using the twelve steps as a way of life and/or spiritual practice. We meet Thursdays, from 7:00 – 9:0pm in Room 9. All are welcome. For more information, contact Evan at evanmc58@gmail.com.

Check the Sunday Connections table for upcoming activities and workshops.

Office Hours

Monday thru Wednesday 8:30am to 5:00pm
Office is Closed November 24 and 25 for
Thanksgiving Holiday

– **CHURCH STAFF HOURS** –

Rev. Roger Jones - Away on sabbatical in November and December, back in January. For ministerial needs, please contact Rev. Lucy or Ministerial Intern Scott. For UUSS program questions, call our UUSS Office weekdays.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday. Noon to 5:00pm, by appointment.

D. Scott Cooper (Ministerial Intern) - My regular office hours are on Monday, Wednesday, and Thursday. I'm sharing the RE Office with Miranda and welcome your visits. Please call or e-mail first so I can be sure to be available.

Miranda Massa: (RE Coordinator): Monday, Sunday morning and by email.

Michele Ebler: (Bookkeeper): Monday thru Wednesday.

Stanton Vedell: (Communications and Facilities Coordinator): Sunday 8:00am to 4:30pm, Tuesday and Wednesday 9:30am to 6:00pm.

Elaine Cooper: (Receptionist): Monday thru Wednesday, 8:30am to 5:00pm.

Ina Jun (Accompanist): at UUSS on Wednesdays for Choir Rehearsal and Sundays.

Keith Atwater (Music Director): Choir rehearsal Wednesdays 7:00-8:30 p.m. and Sunday mornings.

Childcare Providers: Krystal Gollaher & Yer Chang.

Custodians: Aaron Molina, Sunday thru Tuesday and Miguel Neri, Friday, Saturday and Sunday.