

The Blue Sheet

Upcoming Activities & Announcements

Unitarian Universalist Society of Sacramento
2425 Sierra Blvd. Sacramento, CA 95825

Sunday August 28

9:00am - Recycle Sunday Tables - Front Patio
9:00am - RE: SHYG Advisor Meeting - Room 12
9:30am - Music Work Day - Music Office
9:30am - Nursery Care - Room 11
9:45am - Reading & Reflection - 4th Sunday - Room 6
10:30am - Sunday Worship Service - Sanctuary
10:30am - Summer RE ArtWorks - Room 7/8
12:00pm - Meet Our Neighbors, The Sikhs - Sanctuary
12:00pm - Newcomer Orientation - Welcome Hall
12:30pm - Theater One Play Reading - Fahs Room
5:00pm - UUA Presidential Candidate Reception - Welcome Hall

Monday August 29

10:00am - Adult Enrichment: Chair Yoga - Fahs Room
7:00pm - Adult Enrichment: Mat Yoga - Room 7/8
7:00pm - Theater One Call Backs Auditions - Main Hall

Tuesday August 30

10:00am - Ted's Web Discussion Group - Fahs Room
10:00am - Art Removal - Main Hall
6:30pm - Easing Awake Meditation - Fahs Room
6:30pm - Mah-Jongg - Room 6
7:00pm - UU Readers Book Discussion - Library

Wednesday August 31

9:30am - Music Work Day - Music Office
1:00pm - Women's Support Group - Fahs Room
5:30pm - Silent Meditation - Room 6 - All Welcome!
7:00pm - *Kinship* Rehearsal - Main Hall
7:00pm - UUSS Choir Rehearsal - Fahs Room

Thursday September 1

11:00am - Age Challengers - Fahs Room
1:30pm - Beginning Ukulele Activity Group - Music Room
2:30pm - Slow Jam Ukulele Activity Group - Music Room

Friday September 2

No Events Scheduled, Office is Open

Saturday September 3

7:00pm - *Kinship* Performance - Main Hall

Sunday September 4

9:00am - UNA Board Meeting - Room 9
9:30am - Music Work Day - Music Office
9:30am - Nursery Care - Room 11
9:45am - Labyrinth Walk - 1st Sunday - Labyrinth
10:30am - Sunday Worship Service - Sanctuary
10:30am - Summer RE ArtWorks - Room 7/8

Visit our online calendar: <http://uuss.org>

Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.

Submit articles to bluesheet@uuss.org before 1:00pm on Wednesday, 65 word or less.

Submit articles for the Unigram to unigram@uuss.org by the 15 of the month.

Contact the office for more information:
(916)483-9283, office@uuss.org

– RELIGIOUS SERVICES –

Hello UUSS Families,

Summer RE ArtWorks takes place this morning for the last time in 2016. What a dynamic and crafty summer we have had. Many thanks to all the volunteers that helped with their talents and time. Your presence contributes to the wonderful memories our program continues to make.

Next Sunday: Yoga for all children and youth in RE with Paige. Please encourage your children and youth to dress in clothes suitable for practicing yoga with others.

First day of Religious Education is September 18. New registration forms available online and at the RE Table in the lobby.

Happy day!

-Miranda Massa, Religious Education Coordinator

–CURRENT & UPCOMING ACTIVITIES–

UUSS Generation Y Luncheon (20s/30s group)

August 28, 12:30-4:00pm *Off the Grid* at River Walk Park 651 2nd St., West Sacramento. Join us after service for food trucks, music, and a picnic lunch. Please note: We have changed our monthly 20s & 30s Ministry Circle to the 2nd Thursday of every month, Fahs room, 7:00-9:00pm.

***Kinship* concert with Ina Jun**, dance presentation with Malia in Motion Contemporary dance company, and art show, in support of Black Lives Matter. In the Main hall on September 3 at 7:30 pm. See our Music conversation table hosts today on the front patio after service to learn more about our UUSS music program for 2016-2017 and purchase discounted tickets for today only, \$12.

Volunteer Reading Tutoring Opportunity - Literacy Little League reading program at San Juan District's Edison Language Institute is again recruiting volunteer tutors. Orientation, training and scheduling September 8 2:30pm in the Fireside Room at St. Marks United Methodist Church 2391 St. Marks Way. Contact Dorothy Marshall, Psychologist (retired) San Juan Unified School District; Coordinator Literacy Little League at 916-488-2578, email: dorothym@csus.edu.

First annual Afternoon of Storytelling - Join Sally Wilkins, Lonon Smith, Rev. Roger, Rev. Lucy, and others at 2pm in the Main Hall on Sept. 11. Many of you purchased this event at the auction. It's an open event, and we invite you to come and bring a friend. Cost: \$15 each. Refreshments following. Contact Sally at sawsac@msn.com for more info.

Senior Fellowship (65+ or there about): Social, community group for all seniors. Upcoming events: September 11, 8 pm, Fair Oaks Village Theater, "Grand Night for Singing" \$12. Eat in Fair Oaks \$20. Tickets on sale now. Carpool from church. September 17, Powerhouse Science Museum, 10:30 am with lunch after. Carpool from church at 10am. Call **Jean Kohlhoff**, at 916-544-4014 or email at jeaniek44@aol.com.

Spiritual Deepening Circles Starting Up Again! An insert in today's Order of Service has information on what Circles are and how to sign up. There will also be a staffed information table/registration in the Welcome Hall today after the service. Online registration available at uuss.org/circles (closes September 20. Attend the first two meetings in October to try it out – commitment not required until first November meeting.

Town Hall Forum - September 15, 10am to 2pm at the CA Alliance for Retired Americans. Learn about issues for Seniors. Mayor Elect Steinberg, will speak on health, drug benefits, pensions, Medicare and Social Security, and CA bills and propositions, we will be voting on in November. Cost of \$10 includes lunch, Scholarships are available. Call Elizabeth Pataki, 916-383-1146 or get a flyer after service.

Saturday Stitches - The first Saturday of the month we will gather together to work on our favorite projects. Beginning October 1, from 10am to 1pm in the Fahs Room. Bring your project, machine, and all the tools to work on your craft. We will supply tables, chairs, coffee and bottled water. Contact Karen Sparrow at 818-510-2337 or at karenjsparrow@gmail.com for more info.

– ONGOING ACTIVITIES –

The USS Beginners Uke players: Thursdays 1:30 - 3:30pm in Music Room. If you would like to borrow a ukulele. Judy Lane jlane612@earthlink.net, or Cherie O'Boyle oboyle.cgo@gmail.com for info.

Sunday Sing-alongs - Join Ina Jun, other pianists, our choir, and all who like to sing for a fun time around the piano on the 3rd Sunday of the month. Favorite hymns and other songs, just for the joy of singing together. After service, greet a few folks--then come to the piano by noon!

Black Lives Matter Banner - On August 7 our congregation voted to approve mounting a *Black Lives Matter* banner at USS. The vote: Yes - 95, No - 22, Abstentions - 3. A task force will be convened by the Board to develop wording for the banner, raise funds for its purchase, mount and maintain it. The task force will be comprised of one member each from the Board, the Aesthetics Committee, the APM Team, and from the existing BLM task force.

– OPPORTUNITIES TO SERVE –

Together we Share (Red Grocery Basket)- Donations in the basket Sundays on the front patio. Contact Mary Ann Wilhelm and Marie Pearce share@uuss.org.

Prescription and reading glasses donations are being accepted at USS. Place items in the designated receptacle attached to the Red Grocery Basket usually located in the Welcome Hall Sundays and weekdays. If you have any questions related to your donated items, contact Steve Hoverman at shoverman@sbcglobal.net.

– THEATER ONE –

Staged reading of *Special Request*, an original two act play by Tim Foley, directed by Lonon Smith. A dying man has a special request of a pretty barista with whom he discusses books. August 28, 2 PM, the Fahs Room. Discussion of the play to follow.

– EXPLORING UNITARIAN UNIVERSALISM –

Members, Friends & Newcomers Join us:
3rd Sunday of each Month 9:30 – 10:15, Fahs Classroom
Sept. 18 - Social Justice - How do we live our values?
October 16 - Survey of UU History
November 20 - Principles & Sources of Our Tradition
December 18 - Faith: What Does It Mean to a UU

– SUNDAY MORNING SPIRITUAL PRACTICES –

Join Us Before the Service

9:45- 10:15 every Sunday (except 5th Sundays)

1st Sunday - Labyrinth walk - Labyrinth

2nd Sunday - QiGong & Tai Chi Chuan

3rd Sunday - Silent Meditation - Room 6

4th Sunday - Reflection on poetry and prose - Rm 6

– ADULT ENRICHMENT –

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

Yoga by Paige Labrie - Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga - Mondays 10-11am - Fahs Room
Mat Yoga – Mondays, 7-8pm - Room 7/8

Meet our neighbors, the Sikhs: At noon today, join Keith Atwater in the Main Hall for Part 2 of his presentation on this interesting, peaceful religion. Handouts will be available in case you missed Part 1, and today's presentation will include music and video.

Women's Support Group Wednesdays, 1:00-3:00pm in the Fahs Classroom. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Banner Banter: *Do you wonder about the banners in our sanctuary?* This free class starts October 2 at 9:15 am. Join retired curriculum developers and group facilitators, Carol and Jerry Houseman, developed the course, "Banner Banter", every 1st & 5th Sundays 9:15 - 10:15am. No preparation or homework required. Every class stands alone, so no long term commitment. Teens welcome. Come whenever you can.

Check the Sunday Connections table for upcoming activities and workshops.

Office Hours

Monday thru Friday 8:30am to 5:00pm

– CHURCH STAFF HOURS –

Rev. Roger Jones - Good to make an appointment. Here most Monday, Wednesday & Thursday afternoons/evenings. Study/writing day is Friday. Day off is Tuesday.

Rev. Lucy Bunch: On vacation from 8/22 to 9/6.

D. Scott Cooper, Ministerial Intern - We welcome Scott for nine months of learning and serving. He's moving in this week, so call the USS Office to reach him.

Miranda Massa: (RE Coordinator): Monday, Friday, Sunday morning and by email.

Michele Ebler: (Bookkeeper): Monday thru Friday.

Stanton Vedell: (Communications and Facilities Coordinator): Sunday from 8:00am to 4:30pm and Tuesday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday, 8:30am to 5:00pm.

Ina Jun (Accompanist): at USS on Wednesdays for Choir Rehearsal and Sundays.

Keith Atwater (Music Director): Choir rehearsal Wednesdays 7:00-8:30 p.m. and Sunday mornings.

Childcare Providers: Krystal Gollaher & Yer Chang.

Custodians: Aaron Molina, Sunday thru Tuesday and Miguel Neri, Friday, Saturday and Sunday.