

The Blue Sheet

Upcoming Activities & Announcements

Unitarian Universalist Society of Sacramento
2425 Sierra Blvd. Sacramento, CA 95825

Sunday August 14

8:00am - YRUUP - Campus
9:30am - Nursery Care - Room 11
9:45am - QiGong & Tai Chi Chuan - 2nd Sunday - Fahs Room
10:30am - Sunday Worship Service - Sanctuary
10:30am - Summer RE ArtWorks - Room 7/8
12:00pm - Sunday Forum - Fahs Room

Monday August 15

10:00am - Adult Enrichment: Chair Yoga - Fahs Room
7:00pm - Senior Fellowship Steering Meeting - Room 6
7:00pm - Adult Enrichment: Mat Yoga - Room 7/8

Tuesday August 16

10:00am - Ted's Web Discussion Group - Fahs Room
2:00pm - FRST Monthly Meeting - Library
6:30pm - Easing Awake Meditation - Fahs Room
6:30pm - Mah-Jongg - Room 6

Wednesday August 17

1:30pm - Women's Support Group - Fahs Room
5:30pm - Silent Meditation - Room 6 - All Welcome!
7:00pm - Threshold Choir - Room 7/8
7:00pm - UUSS Choir Rehearsal - Fahs Room

Thursday August 18

1:30pm - Beginning Ukulele Activity Group - Music Room
2:30pm - Slow Jam Ukulele Activity Group - Music Room
7:00pm - Program Council Monthly Meeting - Library

Friday August 19

6:00pm - Games Night, Mad Gab - Fahs Room

Saturday August 20

8:00am - Sheriff's Work Day Crew - Campus
9:30am - Religious Services Writing Workshop - Main Hall
10:00am - Endowment Trustees Meeting - Library
1:00pm - Theater One: *Snow White* Auditions - Fahs Room

Sunday August 21

9:30am - Nursery Care - Room 11
9:30am - Exploring Unitarian Universalism - Fahs Room
9:45am - Silent Meditation - 3rd Sunday - Room 6
10:30am - Sunday Worship Service - Sanctuary
10:30am - Summer RE ArtWorks - Room 7/8
12:00pm - Meet Our Neighbors, The Sikhs - Sanctuary

**Visit our online calendar: <http://uuss.org>
Learn details about all activities in the Pathways
brochure and the monthly Unigram newsletter.**

**Submit articles to bluesheet@uuss.org
before 1:00pm on Wednesday, 65 word or less.**

**Submit articles for the Unigram to
unigram@uuss.org by the 15 of the month.**

**Contact the office for more information:
(916)483-9283, office@uuss.org**

– RELIGIOUS SERVICES –

Hello UUSS Families,

Summer ArtWorks in Room 7/8 for all children and youth grades Kinder through middle school. High School students are invited and encouraged to stay in service with their YRUUP visiting friends. UUSS has been the host church for this district wide youth conference since Friday evening. Welcome.

*Donations needed: RE Kids to Make Stepping Stones on August 21 and 28, the RE ArtWorks project will be making mosaic stepping stones with Patty Taylor Gutermute. Donations of mosaic materials are most welcome: small colorful tiles, interesting stones or small shells, or glass pebbles. If you have donations, please leave them at the RE table any Sunday from now until August 21.

Mark your calendars for an Our Whole Lives informational parent/guardian meeting for grades 4-6 and grades 7-9 on August 21 beginning at 12 noon in the Fahs classroom.

First day of Religious Education is September 18. A new registrations form will be available soon.

Happy day!

-Miranda Massa, Religious Education Coordinator

– CURRENT & UPCOMING ACTIVITIES –

Water for Homeless Neighbors - Ross Hammond has set up a bottled water drive for Loaves and Fishes at his music studio, Gold Lion Arts. Loaves and Fishes has requested bottled water due to the high volume of homeless served and the lack of fresh water resources in this area. To donate, you can drop off pallets of bottled water at Gold Lion (2733 Riverside Blvd in Land Park) weekdays after 2pm. You can also bring water donations to UUSS from, **today** to 8/21.

Games Night: Join us on August 19 from 6:00pm - 9:00pm in the Fahs Classroom. The featured game is *Mad Gab* and the potluck theme is *Bite Size*. Bring your favorite party games to add to the fun!

UUSS Social and Potluck Group - All are welcome! Swim Party and Potluck, August 20, 4604 Briarwood Dr., Sacramento 95821. Potluck: 3:00pm, 2:30pm for swimming. RSVP: Ruth Kletzing, 487-2427 Fran Clarke, 283-5884.

Senior Fellowship (65+ or there about): Social, community group for all seniors. August 25, Guided Tour of art at Matsu Federal Court House, 10:30, lunch after at Fats – lunch cost \$20. Carpool from church at 9:45. August 28, On Golden Pond at Chautauqua Playhouse 2pm, cost \$18. Presale of tickets August 14. Lunch before cost \$15. Contact Jean Kohlhoff, at 916-544-4014 or jeaniek44@aol.com.

Refugee Support Volunteer Kick-Off: UUSS has partnered with International Rescue Committee (IRC) to provide support to refugees. Join us August 26 at 6:30pm in the Welcome Hall for a potluck and volunteer kick-off orientation to learn more about IRC and sign-up for specific activities. Visit our table after service to RSVP with a potluck dish.

The Palestine-Israel Study Group is sponsoring a Palestinian Cooking afternoon on August 27 at 11:00 to 4:00pm. Join us for some hands on learning. We will prepare a main dish, salad and desert and then taste our efforts together. A donation is requested of \$5 to \$10 to pay for the food. RSVP Cathy Hackett at Unionhackett@comcast.net or 916-716-3827.

– ONGOING ACTIVITIES –

The USS Beginners Uke players: Thursdays 1:30 - 3:30pm in Music Room. If you would like to borrow a ukulele. Judy Lane jlane612@earthlink.net, or Cherie O'Boyle oboyle.cgo@gmail.com for info.

Sunday Sing-alongs - Join Ina Jun, other pianists, our choir, and all who like to sing for a fun time around the piano on the 3rd Sunday of the month. Favorite hymns and other songs, just for the joy of singing together. After service, greet a few folks--then come to the piano by noon!

– OPPORTUNITIES TO SERVE –

Together we Share (Red Grocery Basket)- Donations in the basket Sundays on the front patio. Contact Mary Ann Wilhelm and Marie Pearce share@uuss.org.

Sheriff's Detail Volunteers: Volunteers needed every 3rd Saturday of the month. Sheriff's Deputy with 25 men and women, fulfill part of their community service obligation, here from 9:00 to 1:00pm. Contact John at mcmillanjohn@att.net to volunteer.

– THEATER ONE –

Auditions for Snow White, directed by Jill McMahon, August 20, from 1:00 to 3:00 pm. The roles of *Snow White* and the Queen have been precast, all other roles are open. Rehearsals will begin August 29, Monday through Wednesday (except tech week) from 7:00 to 9:00 pm. Performances are Friday, October 7 and October 14 at 7:00 pm and Saturdays, October 15, 22, and 29 at 11:00 am and 2:00 pm.

Middletown, directed by Lonon Smith - **Auditions** will be held on August 27 from 11:00am to 3:00pm in the Fahs Room. Roles are available for six men and six women of various ages. Please bring a headshot and resume. Rehearsals start September 18. Show runs November 3 thru 20, Thursday, Friday, and Saturday nights 8:00 p.m. and Sundays at 2:00 p.m. Email theaterone@uuss.org for more information.

– EXPLORING UNITARIAN UNIVERSALISM –

Members, Friends and Newcomers Join us for: 3rd Sunday of the Month 9:30 – 10:15, Fahs Room **August 21** - Faith: What Does It Mean to a UU

– SUNDAY MORNING SPIRITUAL PRACTICES –

Join Us Before the Service

9:45- 10:15 every Sunday (except 5th Sundays)
1st Sunday - Labyrinth walk - Labyrinth
2nd Sunday - QiGong & Tai Chi Chuan
3rd Sunday - Silent Meditation - Room 6
4th Sunday - Reflection on poetry and prose - Room 6

– ADULT ENRICHMENT –

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

Yoga by Paige Labrie - Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga - Mondays 10-11am - Fahs Room
Mat Yoga – Mondays, 7-8pm - Room 7/8

Summer Reading with Rev. Lucy: Challenging Books for Challenging Times! The summer reading group will commence again this summer with three challenging books. August 9 at 6:30. Info at adult enrichment table.

A new Adult Enrichment Class: Meet our neighbors, the Sikhs - August 21 and 28, at noon in the Main Hall. Join us for talks by our Music Director, Keith Atwater (he's also a professor of humanities and religious studies at ARC) with art, slides, and video. Signups and donations are encouraged. All are welcome!

Women's Support Group Wednesdays, 1:30-3:30pm in the Fahs Room. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check the Sunday Connection table for upcoming activities and workshops.

Office Hours

Monday thru Friday 8:30am to 5:00pm

– CHURCH STAFF HOURS –

Roger Jones - Always good to make an appointment. Hours at UUSS: Mon. 9 am-3pm; Tues 1:30-8:30 pm; Wed 11 am-6 pm; Thurs 11 am-5 pm; Fri 9 am - 1 pm. Sat AM: Board of Trustees retreat. Sat PM: River Cats game on YMCA night!

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday. Noon to 5:00pm, by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday, Sunday morning and by email.

Michele Ebler: (Bookkeeper): Monday thru Friday.

Stanton Vedell: (Communications and Facilities Coordinator): Monday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday, 8:30am to 5:00pm.

Ina Jun (Accompanist): at UUSS on Thursdays for Choir Rehearsal and Sundays.

Keith Atwater (Music Director): Is employed here August through May. Choir practice resumes on August 17.

Childcare Providers: Krystal Gollaher & Yer Chang.

Custodians: Aaron Molina, Sunday thru Tuesday and Miguel Neri, Friday, Saturday and Sunday.