

## The Blue Sheet

### Upcoming Activities & Announcements

Unitarian Universalist Society of Sacramento  
2425 Sierra Blvd. Sacramento, CA 95825

#### Sunday July 10

9:30am - Nursery Care - Room 11  
9:45am - QiGong & Tai Chi - 2<sup>nd</sup> Sunday - Fahs Room  
10:30am Sunday Worship Service - Sanctuary  
10:30am - Summer RE ArtWorks - Room 7/8  
10:30am - Summer SHYG - Room 12  
12:00pm - Membership/Greeters Meeting - Room 7/8

#### Monday July 11

10:00am - Adult Enrichment: Chair Yoga - Fahs Room  
3:00pm - FRST Meeting Monthly Meeting- Library  
6:30pm - GenX/ Boomer Monthly Meeting - Room 6  
7:00pm - Adult Enrichment: Mat Yoga - Room 7/8  
7:00pm - Theater One Cinderella Tech Week - Main Hall

#### Tuesday July 12

10:00am - Ted's Web Discussion Group - Fahs Room  
6:30pm - Easing Awake Meditation - Fahs Room  
6:30pm - Summer Reading - Library  
6:30pm - Mah-jongg - Room 6  
7:00pm - Theater One Cinderella Tech Week - Main Hall

#### Wednesday July 13

1:30pm - Women's Support Group - Fahs Room  
5:30pm - Silent Meditation - Room 6 - All Welcome!  
6:00pm - Finance Committee Meeting - Room 9  
7:00pm - Threshold Choir - Room 7/8  
7:00pm - Young Adults Circle (20's & 30's) - Fahs Room  
7:00pm - Theater One Cinderella Tech Week - Main Hall

#### Thursday July 14

1:30pm - Beginning Ukulele Activity Group - Music Room  
2:30pm - Slow Jam Ukulele Activity Group - Music Room  
6:30pm - Refugee Support Planning Meeting- Room 6  
7:00pm - Theater One Cinderella Tech Week - Main Hall

#### Friday July 15

6:00pm - Games Night - Fahs Room  
7:00pm - Theater One Cinderella Tech Week - Main Hall

#### Saturday July 16

11:00am - Theater One Performance: Cinderella - Main Hall  
2:00pm - Theater One Performance: Cinderella - Main Hall

#### Sunday July 17

##### Family Promise Week Begins

9:30am - Nursery Care - Room 11  
9:30am - Exploring Unitarian Universalism - Fahs Room  
9:45am - Silent Meditation - 3<sup>rd</sup> Sunday - Room 6  
10:30am Sunday Worship Service - Sanctuary  
10:30am - Summer RE ArtWorks - Room 7/8  
12:00pm - UUSS Forum - Black Lives Matter - Main Hall  
5:00pm - Family Promise Week - Fahs Room 6, 9, 10 and 12

**Visit our online calendar:** <http://uuss.org>

**Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.**

**Submit articles to [bluesheet@uuss.org](mailto:bluesheet@uuss.org) before 1:00pm on Wednesday, 65 word or less.**

**Submit articles for the Unigram to [unigram@uuss.org](mailto:unigram@uuss.org) by the 15 of the month.**

**Contact the office for more information:  
(916)483-9283, [office@uuss.org](mailto:office@uuss.org)**

## – RELIGIOUS SERVICES –

Hello UUSS Families,

**This morning:** Summer RE ArtWorks for Spirit Play, True Reflections and JHYG in Room 7/8 with RE volunteer, Tiki Harlow finishing up a summer mural collaboration project. Adults volunteers are needed over the summer to support our ArtWorks teachers. Be present in the room helping, participating, and enjoying summer with our children and youth. Contact Miranda at [re@uuss.org](mailto:re@uuss.org). Summer SHYG, this morning in Room 12 and again on August. 14.

Next Sunday: Summer RE ArtWorks – Spirit Play, True Reflections, JHYG and SHYG in Room 7/8.

RE Kids to make stepping stones on August 21 and 28, the RE ArtWorks project will be making mosaic stepping stones with Patty Taylor Gutermute. Donations of mosaic materials are most welcome: small colorful tiles, interesting stones or small shells, or glass pebbles. If you have donations, please leave them at the RE table any Sunday from now until August 21.

Happy day!

-Miranda Massa, Religious Education Coordinator

## – CURRENT & UPCOMING ACTIVITIES –

**Senior Fellowship (65+ or there about):** Social, community group for all seniors. Upcoming events: Ticket sales for Cabaret at Music Circus last day this Sunday. Tickets \$45. River Cats Game July 23, 7:05pm. Carpool from church. Call Jean Kohlhoff, at 916-544-4014 or email at [jeaniek44@aol.com](mailto:jeaniek44@aol.com).

**Summer Day Camp** - UUSS RE volunteer Sarah Barbulesco hosts Rock N Art, ages 10-18. Learn to act, dance, sing, play an instrument, write, or create fine art! Also 3 fun trips as part of camp. Academic tutoring available. July 11-Aug 5; Mon-Fri, 9a-4p (extended 8a-5:30p available); \$830/full camp & trips; \$620/camp days with NO trips; drop-in rate \$45/camp day or trip. Go to [www.ourciacademy.com/rocknart](http://www.ourciacademy.com/rocknart) for more info.

**Games Night:** Join us on Friday, July 15 from 6:00 - 9:00pm in the Sophia Fahs Room. The featured game is **Wits & Wagers**, where betting on the best guess may be better than knowing the answer! Let's celebrate the U.S.A. and bring an **All-American** potluck dish along with your favorite party games to add to the fun!

**Palestinian-Israeli Study Group** *Occupation of the American Mind* a film depicting America's failure to bring peace in the Palestinian-Israeli conflict. July 27 7:00 pm in the Welcome Hall refreshments to be served.

## – ONGOING ACTIVITIES –

**The UUSS Beginners Uke players:** Thursdays 1:30 - 3:30pm in Music Room. Cherie O'Boyle brings together folk interested in playing, this sweet instrument. If you would like to borrow a ukulele, let us know. Contact Judy Lane at [jlane612@earthlink.net](mailto:jlane612@earthlink.net), or [ljhoganson@gmail.com](mailto:ljhoganson@gmail.com) for more info.

**3<sup>rd</sup> Sunday Sing-alongs** - Join Ina Jun, other pianists, our choir, and all who like to sing for a fun time around the piano during Coffee Hour the 3<sup>rd</sup> Sunday of the month. Favorite hymns and other songs, just for the joy of singing together. After service, greet a few folks--then come to the piano by noon!

**From the Beacon Bookstore-** In support of our discussions and vote on "Black Lives Matter", we have new books for your reading and reflection. *The Warmth of Other Suns*, Isabel Wilkerson. *The New Jim Crow*, Michelle Alexander. *Just Mercy*, Bryan Stevenson. *The Turner House* by Angela Flournoy. Come in and browse through our selection of used books and magazines for a next to nothing price!

**-IN LOVING MEMORY -**

**Marlene Parkinson** passed away peacefully on the morning of June 18. She was 82 years old. Marlene and her husband Lyle are long-time members of UUSS. She served as our accompanist for several years and was well known for her beautiful piano playing. Marlene passed away in a care home several months after suffering a fall. Her husband Lyle is in a care home suffering from dementia. Rev. Lucy will officiate Marlene's service at 2:00pm, July 31.

**- OPPORTUNITIES TO SERVE -**

**Together we Share (Red Grocery Basket)-** We can help the 240,000 "food insecure" adults and children in our area by donating canned food, cereal, fresh fruit, vegetables, clothing and household items. Donations in the basket at the main entrance on Sundays. For more info, contact Mary Ann Wilhelm or Marie Pearce [share@uuss.org](mailto:share@uuss.org).

**Sheriff's Detail Volunteers:** Volunteers needed every 3rd Saturday of the month. Sheriff's Deputy with 25 men and women, fulfill part of their community service obligation, here from 9:00 to 1:00pm. Contact John at [mcmillanjohn@att.net](mailto:mcmillanjohn@att.net) to volunteer.

**Family Promise** - UUSS will host guest families, July 17-24. Please sign-up at the FP table in the Welcome Hall until 7/10. Volunteers needed to bring a dinner, stay overnight, donate pantry supplies, setup/clean-up, do laundry. Thanks to all the volunteers who helped make "guests" comfortable the week of May 16. Contact Nancy Oprsal, 482-5736 or [noprsl@aol.com](mailto:noprsl@aol.com).

**Theater One** is looking for helpers for box office and concessions for the run of *Cinderella*. There is one Friday night performance on July 15 at 7:00pm, two performances (11:00 am and 2:00 pm) each Saturday, July 16-August 6. Contact Madden at 916-524-1032 or [actorsue@aol.com](mailto:actorsue@aol.com) if you're available to help out.

**-EXPLORING UNITARIAN UNIVERSALISM-**  
**Members, Friends and Newcomers Join us for:**  
3<sup>rd</sup> Sunday of the Month 9:30 – 10:15, Fahs Room  
**July 17** - Principles & Sources of Our Tradition  
**August 21** - Faith: What Does It Mean to a UU

**- SUNDAY MORNING SPIRITUAL PRACTICES -**  
**Join Us Before the Service**

9:45- 10:15 every Sunday (except 5<sup>th</sup> Sundays)

1<sup>st</sup> Sunday - Labyrinth walk - Labyrinth

**2<sup>nd</sup> Sunday - QiGong & Tai Chi Chuan**

3<sup>rd</sup> Sunday - Silent Meditation - Room 6

4<sup>th</sup> Sunday - Reflection on poetry and prose - Rm 6

**-ADULT ENRICHMENT-**

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

**Yoga** by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

**Chair Yoga - Mondays 10-11am - Fahs Room**  
**Mat Yoga – Mondays, 7-8pm - Room 7/8**

**Summer Reading with Rev. Lucy: Challenging Books for Challenging Times!** The summer reading group will commence again this summer with three challenging books. We will meet on the second Tuesday of July and August at 6:30. More info at adult enrichment table.

**Women's Support Group** Wednesdays, 1:30-3:30pm in the Fahs Room. Please contact Lynn Carlson at [apriljade@comcast.net](mailto:apriljade@comcast.net) or (916) 719-2304 to get a weekly reminder of the meeting.

**Check the Sunday Connection table for upcoming activities and workshops.**

**Office Hours**

Monday thru Friday 9:30am to 5:00pm

**- CHURCH STAFF HOURS -**

**Rev. Roger Jones** - Good to make an appointment. Monday, Wednesday and Thursday 11-6pm. Tuesday is day off. Friday and Saturday out writing.

**Rev. Lucy Bunch:** Tuesday, Wednesday and Thursday. Noon to 5:00pm, by appointment.

**Miranda Massa:** (RE Coordinator): Monday, Friday, Sunday morning and by email.

**Michele Ebler:** (Bookkeeper): Monday thru Friday.

**Stanton Vedell:** (Communications and Facilities Coordinator): Sunday 8:00am to 4:4:30pm and Tuesday thru Friday, 9:30-6:00pm.

**Elaine Cooper:** (Receptionist): On Vacation Monday thru Wednesday. Thursday and Friday, 8:30am to 5:00pm.

**Keith Atwater** (Music Director): Is employed here August through May. Choir practice resumes with an August retreat!

**Childcare Providers:** Krystal Gollaher & Yer Chang.

**Custodians:** Aaron Molina, Sunday thru Thursday and Miguel Neri, Friday, Saturday and Sunday.