

## The Blue Sheet

### Upcoming Activities & Announcements

Unitarian Universalist Society of Sacramento  
2425 Sierra Blvd. Sacramento, CA95825

#### Sunday June 5

##### All Ages Service

9:00am - UNA Board Meeting - Room 9  
9:00am - Directory Photo Shoot - Welcome Hall  
9:30am - Nursery Care - Room 11  
9:45am - Labyrinth Walk - 1<sup>st</sup> Sunday - Labyrinth  
10:30am - Sunday Worship Service - Sanctuary

#### Monday June 6

10:00am - Adult Enrichment: Chair Yoga - Fahs Room  
6:30pm - Adult Enrichment: Beyond First Aid -  
Welcome Hall  
7:00pm - Adult Enrichment: Mat Yoga - Room 7/8

#### Tuesday June 7

6:00am - Sacramento County Elections - Fahs Room  
10:00am - Ted's Web Discussion Group - Library  
6:30pm - Easing Awake Meditation - Main Hall  
7:00pm - Theater One Monthly Meeting - Library  
6:45pm - Palestine Study Group - Welcome Hall

#### Wednesday June 8

1:30pm - Women's Support Group - Library  
2:30pm - FRST Meeting - Room 6  
5:30pm - Silent Meditation - Room 6 - All Welcome!  
6:00pm - Finance Committee Meeting - Library  
7:00pm - Threshold Choir - Room 7/8  
7:00pm - Young Adult Circle - Fahs Room  
7:00pm - Meaning of Membership Class - Welcome Hall

#### Thursday June 9

1:30pm - Beginning Ukulele Activity Group - Room 9  
2:30pm - Slow Jam Ukulele Activity Group - Room 9

#### Friday June 10

\*\*\*No UUSS Events, Office is Open\*\*\*

#### Saturday June 11

\*\*\*No UUSS Events, Office is Open\*\*\*

#### Sunday June 12

9:30am - Nursery Care - Room 11  
9:45am - QiGong & Tai Chi - 2<sup>nd</sup> Sunday - Labyrinth  
10:30am - Sunday Worship Service - Sanctuary  
10:30am - Summer RE ArtWorks - Fahs Room, Room 7/8  
10:30am - Summer SHYG - Room 12  
12:00pm - Membership Meeting - Room 7/8

**Visit our online calendar: <http://uuss.org>  
Learn details about all activities in the [Pathways](#)  
brochure and the monthly [Unigram](#) newsletter.**

**Submit articles to [bluesheet@uuss.org](mailto:bluesheet@uuss.org)  
before 1:00pm on Wednesday, 65 word or less.**

**Contact the office for more information:  
(916)483-9283, [office@uuss.org](mailto:office@uuss.org)**

### – RELIGIOUS SERVICES –

Hello UUSS Families,

This morning: Enjoy our service for all ages. There is no RE scheduled.

Next Sunday: First day of Summer RE ArtWorks for Spirit Play, True Reflections, and JHYG in Room 7/8. Summer SHYG happens as well in Room 12!

Happy Sunday!

-Miranda Massa, Religious Education Coordinator

### – CURRENT & UPCOMING ACTIVITIES –

**Join us at our annual UUSS All Ages Camp** Next Weekend, June 10-12. Families, couples, singles, kids, and pets will all gather at Camp Norge. A grassy meadow for tent camping and rustic dorm rooms in the lodge. Register **today** after service. Contact Christopher Jensen at 916-541-5750.

**UUSS Photo Directory update - Today is your picture in the directory of Members and Friends?** Check the directory at [www.uuss.org/directories/](http://www.uuss.org/directories/). Stop by the Photo Op Corner before or after service on President Linda Clear will have her camera.

**Refugee Welcome Kits:** Join UUSS in welcoming refugees by providing the basic household items they need for their new start in Sacramento. In honor of World Refugee Day, we will create Welcome Kits on Sunday, June 19 at 12:00 p.m. Visit our table in the Welcome Hall after service or email [refugeesupport@uuss.org](mailto:refugeesupport@uuss.org) for more info.

**Games Night:** Please join us on Friday, June 17th from 6:00 - 9:00 p.m. in the Sophia Fahs Classroom. The featured game is *Family Feud* and the potluck theme is *Comfort Food*. Bring your favorite party games to add to the fun!

**Senior Fellowship (65+ or there about):** Social, community group for all seniors. Upcoming events: **Today**, Sunday Brunch after service at Boudin SF. Hosted by Sally White. June 26, *Calendar Girl*, at the Chautauqua Theater. Call Jean Kohlhoff, at 916-544-4014 or email at [jeaniek44@aol.com](mailto:jeaniek44@aol.com) more info.

**Finishing Strong Fiscally--** UUSS hopes to end the 2015-16 fiscal year without a deficit in our operating fund. That goal is in sight! Do you have a balance remaining on your operating fund pledge for the year now ending? If you don't remember how much is left on your 2015-16 operating pledge, please call or [email Michele](mailto:Michele), our Bookkeeper. *Our next fiscal year begins July 1.* Thank you to all who have pledged for the coming year of 2016-17!

– **ONGOING ACTIVITIES** –

**The USS Beginners Uke players:** Thursdays 1:30 - 3:30pm in Room 9. Cherie O'Boyle brings together folk interested in playing, this sweet instrument. If you would like to borrow a ukulele for a week or two, let us know. Contact [oboyle.cgo@gmail.com](mailto:oboyle.cgo@gmail.com), or [ljhoganson@gmail.com](mailto:ljhoganson@gmail.com) for more info.

**3<sup>rd</sup> Sunday Sing-alongs** - Join Ina Jun, other pianists, our choir, and all who like to sing for a fun time around the piano during Coffee Hour the 3<sup>rd</sup> Sunday of the month. Favorite hymns and other songs, just for the joy of singing together. After service, greet a few folks--then come to the piano by noon!

– **OPPORTUNITIES TO SERVE** –

**Together We Share** - Remember to bring food items for the red Grocery cart! Contact Joan Rubenson at [joann david2@gmail.com](mailto:joann david2@gmail.com) or Virginia Dunstan at [vadunstan@aol.com](mailto:vadunstan@aol.com), for inform.

**Sheriff's Detail Volunteers:** Volunteers needed every 3<sup>rd</sup> Saturday of the month. Sheriff's Deputy with 25 men and women, fulfill part of their community service obligation, here from 9:00 to 1:00pm. Contact John at [mcmillanjohn@att.net](mailto:mcmillanjohn@att.net) to volunteer.

– **EXPLORING UNITARIAN UNIVERSALISM** –

**Members, Friends and Newcomers Join us for:**  
3<sup>rd</sup> Sunday of the Month 9:30 – 10:15, Fahs Room  
**June 19** - Survey of UU History  
**July 17** - Principles & Sources of Our Tradition  
**August 21** - Faith: What Does It Mean to a UU

– **SUNDAY MORNING SPIRITUAL PRACTICES** –

**Join Us Before the Service**

9:45- 10:15 every Sunday (except 5<sup>th</sup> Sundays)

**1<sup>st</sup> Sunday - Labyrinth walk - Labyrinth**

**2<sup>nd</sup> Sunday - QiGong & Tai Chi Chuan - Labyrinth**

**3<sup>rd</sup> Sunday - Silent Meditation - Room 6**

**4<sup>th</sup> Sunday - Reflection on poetry and prose - Room 6**

– **ADULT ENRICHMENT** –

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

**Beyond First Aid: What We Should Know in the Adventure of Health Care--With Kim Marta, M.D., and Rev. Roger Jones. Today and 13, 6:30-8 p.m.**  
Update your basic knowledge of self-care, and learn when to see a medical provider. Session 1, Kim will introduce several topics and find out which we'd like to learn about in the next session. Register at Adult Enrichment table. Fee: sliding scale payable to USS Adult Enrichment (\$20-\$45).

**Summer Reading With Rev. Lucy Challenging Books for Challenging Times!** The summer reading group will commence again this summer with three challenging books. We will meet on the second Tuesday of June, July and August at 6:30. More info at adult enrichment table. For June we will discuss: *Beyond the Beautiful Forevers* by Katherine Boo. Meeting June 14 at 6:30pm in the Welcome Hall.

**Yoga** by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

**Mat Yoga – Mondays, 7-8pm - Room 7/8**  
**Chair Yoga – Tuesday this week only due to Memorial Day, 10-11am - Fahs Room**

**Women's Support Group** Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at [apriljade@comcast.net](mailto:apriljade@comcast.net) or (916) 719-2304 to get a weekly reminder of the meeting.

**Men, the Feminine, and the Unmaking of the Patriarchy**—Explore resolution of gender conflict; how men and women can grow into a relationship of inclusion and love. Presented by Dennis Pottenger, USS Board member in the Library, June 14 7:00pm-8:30 pm. Suggested freewill donation to USS Adult Enrichment is \$5-\$20. See flyer at Connections table after service or contact Dennis Pottenger at [jungian.pottenger@yahoo.com](mailto:jungian.pottenger@yahoo.com) or 916-751-9084.

**Check the Sunday Connection table for upcoming activities and workshops.**

**Office Hours**

Monday thru Friday 8:30am to 5:00pm

– **CHURCH STAFF HOURS** –

**Rev. Roger Jones** - Good to make an appointment! Here Monday 12-9, Wednesday 12-7, Thursday 11-9. Day off is Tuesday. Writing on Friday. At Camp Norge on Saturday!

**Rev. Lucy Bunch:** Tuesday, Wednesday and Thursday. Noon to 5:00pm, by appointment.

**Miranda Massa:** (RE Coordinator): Monday, Friday, Sunday morning and by email.

**Michele Ebler:** (Bookkeeper): Monday thru Friday by appointment.

**Stanton Vedell:** (Communications and Facilities Coordinator): Monday thru Friday, 9:30-6:00pm.

**Elaine Cooper:** (Receptionist): Monday thru Friday, 8:30am to 5:00pm.

**Keith Atwater** (Music Director): Is employed here August through May but will attend All-Ages Camp and will preach on Father's Day. Choir practice resumes with an August retreat!

**Childcare Providers:** Krystal Gollaher & Yer Chang.

**Custodians:** Aaron Molina, Sunday thru Thursday and Miguel Neri, Friday, Saturday and Sunday.