



trying to catch 40 winks in between the crash of car wrecks  
risking their necks by surviving another day  
so they can starve  
so that famine can carve their body into a corpse  
before their heart stops beating  
so that men in a board room meeting  
can make it harder for them to get welfare or health care,  
it's no wonder some of them pawn off their own wheelchair  
and every time I walk by I can't help but feel at fault  
that maybe I didn't search myself hard enough  
for the control alt s  
so I could save the world.  
I've got to cash in my reality checks  
So I can drop the world some spare fantasies  
because the most valuable thing I ever learned  
is to believe people when they say please

So don't tell me there are no heroes  
this is for them  
the women and the men  
for helen keller who against all odds found a voice  
for the choice veronica guerin made  
for martin luther king who stayed just long enough  
to share a dream with us  
it came true one day on a bus for sister rosa parks  
this for the joan of arcs who believe even in the face of sparks  
becoming flame.  
this is for the game that Louis Riel refused to play  
this is for the day the dali lama finally goes home  
for dr. jeffrey wigand who alone stared down big tobacco  
for Nelson Mandela who continues to go the extra mile  
this is for the trial that finally found a man guilty of shooting  
medgar evers dead.  
this is for everything malcolm x said  
remembered by athletes  
who left the olympics double-fisted.  
for arthur miller blacklisted for calling a witch hunt  
what it was.  
for galileo locked up because he said the earth revolves around the sun  
for anyone who was told to be quiet but instead had their say  
And imagine if we could still hear john lennon play

this is for the someone who stood up today and said No  
for edward r murrow who shut down McCarthy

This is for salmon rushdie

mahatma ghandi,

you

me

this city

this country

we will always have a choice

So when you stand up to be counted

tell the world this is my voice

there are many like it but this one is mine