

The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday April 3

8:00am - YRUUP Chaplain Training Conference - Campus
9:00am - UNA Board Meeting - Room 9
9:00am - Pre Auction Bidding Review - Rear Patio
9:15am - Stewardship Member Visit - Room 12
9:30am - Nursery Care - Room 11
9:45am - Labyrinth Walk - 1st Sunday - Labyrinth
10:15am - Religious Education - Room 6, 7/8, 10 and 12
10:30am - Sunday Worship Service - Sanctuary
11:30am - Stewardship Member Visits - Room 9
11:45am - Board of Trustees - **Chili Sunday** - Welcome Hall
11:45am - Kids Freedom Club Monthly Meeting - Room 6
12:00pm - Stewardship Committee Meeting - Room 9
12:15pm - Auction Planning Committee - Library

Monday April 4

10:00am - Adult Enrichment: Chair Yoga - Fahs Room
7:00pm - Adult Enrichment: Mat Yoga - Room 7/8
7:00pm - Theater One: *The Odd Couple* Rehearsal - Main Hall

Tuesday April 5

10:00am - Ted's Web Discussion Group - Library
10:00am - Art Exhibit Hanging - Sanctuary
6:30pm - Easing Awake Meditation - Fahs Room
7:00pm - Theater One Monthly Meeting - Library
7:00pm - Palestine/ Israel Study Group - Welcome Hall
7:00pm - Theater One: *The Odd Couple* Rehearsal - Main Hall

Wednesday April 6

1:30pm - Women's Support Group - Library
5:30pm - Silent Meditation - Room 6 - All Welcome!
6:00pm - Religious Services Monthly Meeting - Library
7:00pm - Theater One: *The Odd Couple* Rehearsal - Main Hall

Thursday April 7

11:00am - Adult Enrichment: Age Challengers - Fahs Room
7:00pm - UUSS Choir Rehearsal - Fahs Room

Friday April 8

5:30pm - Art Reception - Sanctuary

Saturday April 9

No UUSS Events Scheduled, Office Closed

Sunday April 10

9:00am - Pre Auction Bidding Review - Front Patio
9:30am - Nursery Care - Room 11
9:45am - QiGong & Tai Chi Chuan - 2nd Sunday - Labyrinth
10:15am - Religious Education - Room 6, 7/8, 10 and 12
10:30am - Sunday Worship Service - Sanctuary
11:45am - BoT - **Baked Potato Bar Sunday** - Welcome Hall
12:00pm - RE - Understanding Gender - Fahs Room
12:15pm - Auction Planning Committee Meeting - Library

Check the glass case by the office for Daily Lists of Meeting and Event Locations.

Visit our online calendar to view these and other scheduled activities: <http://uuss.org>

Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.

Submit articles to bluesheet@uuss.org before 1:00pm on Wednesday, 65 word or less.

- RELIGIOUS EDUCATION -

Good morning UUSS Families,

We are happy to see you this morning! **The Room 11 Nursery** is a fun place for our youngest to play and opens at 9:30 to provide child care for adults to attend Sunday Morning Spiritual Practice. **Kindergarten – 2nd grade Spirit Play** friends gather in Room 10. **True Reflections – 3rd – 5th graders** join Mary Howard, long-time UUSS member, volunteer, teacher, and current Effie Yeaw Nature Center docent on a much-desired field trip to Effie Yeaw. The **Junior High Youth Group (JHYG)** meets in Room 6 and you can find the **Senior High Youth Group (SHYG)** in Room 12.

Next Sunday: Spirit Play and True Reflections combined in Room 7/8. No RE for JHYG and SHYG will be attending service.

Happy Sunday!

-Miranda Massa, Religious Education Coordinator

- CURRENT & UPCOMING ACTIVITIES -

The Auction action begins TODAY! For the next two Sundays, Auction pre-bidding tables will be on the patio through the EAST doors (where they have always been.) Look for the clipboards. Peruse the possibilities and pick your favorites! Most items include a chance to "Buy It Now" if you want to guarantee yourself a place at the table, so to speak. Printed catalogs will be available. Tickets for the big event on April 16 are going fast - be sure to get yours before they sell out!

Rev. Roger's party at the YMCA gymnasium for kids and youth from UUSS has been scheduled for Sunday, April 9 at 3:30 p.m. There is still space for more friends to join. If you would like to sign-up, please visit the RE Welcome Table or email Miranda at re@uuss.org. Kids and youth are welcome to the fun and games and adults are welcome to provide refreshments. Let Miranda know if you have any questions or want to help out.

Senior Fellowship (65+ or there about): Social, community group for all seniors. Upcoming events: April 9 American River Parkway Stewards. Meet at 8:45. Panera at Northrup and Howe. RSVP please so they will have enough supplies. April 16, Lunch after at Fats in Old Town. Hosted by Jean Kohlhoff. Call Jean Kohlhoff, at 916-544-4014 or email at jeaniek44@aol.com for complete info.

Gender Queer, Cis-Gender, your choice of pronouns, Transgender, and other terms may be confusing to some of us. As a Welcoming Congregation, UUSS strives to continue learning and widening our understanding of human diversity. The discussion about gender and gender identity will be Sunday, April 10, Fahs classroom, from noon - 1:30 p.m. This discussion is intended for all RE families and volunteers, but it is open to other UUSS members. Please let RE Coordinator Miranda or Rev. Lucy know if you plan to attend or if you have any questions. People are encouraged to submit questions in advance to lucy@uuss.org or in Rev. Lucy's mailbox in the church office.

The Alliance Group, April 14 at 10:45 am in the Fahs Room. Refreshments will be served. Our speaker, Linda Dawson, former organist and pianist for UUSS. She has played the piano since age 5. Her lecture is titled *Musical Creativity: A Personal Path*. She will also perform original compositions. All are welcome!

Don't let Tax Day bring you down... Get your returns at Games Night! Please join us on Friday, April 15th from 6:00 - 9:00 p.m. in the Sophia Fahs Classroom. The featured game is *The \$20 Pyramid!* Let's be frugal and bring a potluck dish made of *5 Ingredients or Less* along with your favorite party games to add to the fun!

– USEFUL INFORMATION –

Family Promise Dinner fundraiser- Family Promise, a Sacramento interfaith network of churches. Join the UUSS table at the Family Promise 11th Annual Dinner, April 21 at the Carmichael Presbyterian Church. Tickets are \$50, to hear graduates and guest speaker, Darrel Steinberg, former CA Senator. Contact Nancy Oprsal or Barbara Hopkins at the Connections Central for reservation info.

Activity Fair: May 1 is your opportunity to make connections with activity groups here at UUSS. Find new ways to serve UUSS, play and learn with fellow UUs, and help heal the world. Stroll from table to table, talk to group members, sample their snacks and read their hand-outs. Event will begin May 1 after Sunday service, on the patio and lawn. Contact lisaderthick@gmail.com for more info.

Together We Share - Remember to bring food items for the red Grocery cart! Contact Joan Rubenson at joann david2@gmail.com or Virginia Dunstan at vadunstan@aol.com, for information.

3rd Sunday Sing-alongs - Join Ina Jun, other pianists, our choir, and all who like to sing for a fun time around the piano during Coffee Hour every 3rd Sunday of the month. Favorite hymns and a few other songs, just for the joy of singing together. After service, greet a few folks briefly--then come to the piano by noon!

– OPPORTUNITIES TO SERVE –

Friends in Deed- Our UUSS volunteers help congregants with rides, visits, emails or phone calls. For assistance, request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call (916) 686-1206 or on her cell- (650) 291-4603.

– EXPLORING UNITARIAN UNIVERSALISM –

Members, Friends and Newcomers Join in for:
Third Sunday of the Month 9:30 – 10:15 before service in the Fahs Room
April 17 - Faith - what does it mean to a UU?
May 15 - Social Justice - How do we live our values?

– SUNDAY MORNING SPIRITUAL PRACTICES –

Join Us Before the Service

9:45- 10:15 every Sunday (except 5th Sundays)

1st Sunday - Labyrinth walk - Labyrinth

2nd Sunday - QiGong & Tai Chi Chuan - Labyrinth

3rd Sunday - Silent Meditation - Room 6

4th Sunday - Reflection on poetry and prose - Room 6

– ADULT ENRICHMENT –

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

New Discussion Group Led by Rev Lucy – *The Happiness Hypothesis*. We meet the third week of the month now through May to explore this rich and rewarding book. The discussion will be offered the third Tuesday of the month at 1pm and the third Wednesday of the month at 7pm. Contact Rev. Lucy lucy@uuss.org.

Yoga by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room
Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check the Sunday Connection table for upcoming activities and workshops.

Office Hours

Monday thru Friday 8:30am to 5:00pm
Office Closed March 31 for Cesar Chavez Day

– CHURCH STAFF HOURS –

Rev. Roger Jones: Good to make an appointment! Here Mon 10:30-2:00; Wed 10:30-8:30; Thurs 10:30-7:00. Friday is writing day. Tuesday is day off.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday and Sunday mornings and by email.

Michele Ebler: (Bookkeeper): Monday thru Friday by appointment.

Stanton Vedell: (Communications and Facilities Coordinator): Monday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday, 8:30am to 5:00pm.

Keith Atwater (Music Director): choir rehearsal Thursdays, 7:00-8:30pm and by appointment.

Ina Jun (Accompanist): at UUSS on Thursdays for Choir Rehearsal and Sundays.

Childcare Providers: Krystal Gollaher & Yer Chang, Sundays.

Custodians: Aaron Molina, Sunday thru Thursday and Miguel Neri, Friday, Saturday and Sunday.