

The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday March 6

- 7:00am - Family Promise - Fahs Room, Room 6, 9, 10 and 12
- 9:00am - UNA Sacramento Board Meeting - Room 9
- 9:15am - Stewardship Member Visit - Room 12
- 9:30am - Nursery Care - Room 11
- 9:45am - Sunday Morning Spiritual Practices - Labyrinth
- 10:15am - Religious Education - Room 6, 7/8, 10 and 12
- 10:30am - Sunday Worship Service - Sanctuary
- 11:30am - Stewardship Member Visits - Room 12
- 11:30am - Kids Freedom Club Pancake Breakfast - Welcome Hall
- 11:45am - Senior Fellowship Planning Meeting - Room 6
- 11:45am - Nominating Committee Meeting - Room 9
- 12:00pm - Meaning of Membership - Fahs Room
- 1:45pm - FRST Meeting - Room 6
- 2:00pm - Theater One Presents: *Steel Magnolias* - Sanctuary

Monday March 7

- 10:00am - Adult Enrichment: Chair Yoga - Fahs Room
- 1:30pm - EJM - *Cowspiracy* Film Viewing - Fahs Room
- 7:00pm - EJM - *Cowspiracy* Film Viewing - Fahs Room
- 7:00pm - Adult Enrichment: Mat Yoga - Room 7/8

Tuesday March 8

- 10:00am - Ted's Web Discussion Group - Library
- 6:00pm - Easing Awake Meditation - Fahs Room

Wednesday March 9

- 1:30pm - Women's Support Group - Library
- 5:30pm - Silent Meditation - Room 6 - All Welcome!
- 6:00pm - Finance Committee Meeting - Library
- 7:00pm - Threshold Choir - Room 7/8
- 7:00pm - Young Adult Circle (20's & 30's) - Fahs Room

Thursday March 10

- 10:45am - Alliance Program- All Welcome! - Fahs Room
- 12:00pm - Executive Committee Meeting (Closed)- Library
- 6:00pm - Earth Justice Ministry Monthly Meeting - Room 7/8
- 7:00pm - UUSS Choir Rehearsal - Sanctuary

Friday March 11

No Events Scheduled, Office is open

Saturday March 12

- 3:00pm - 60's - 70's Dance Prep - Main Hall
- 6:30pm - No Divas 60's - 70's Dance - Main Hall

Sunday March 13

- 9:15am - Stewardship Member Visit - Room 12
- 9:30am - Nursery Care - Room 11
- 9:45am - QiGong & Tai Chi Chuan- 2nd Sunday - Labyrinth
- 10:15am - Religious Education - Room 6, 7/8, 10 and 12
- 10:30am - Sunday Worship Service - Sanctuary
- 11:45am - Stewardship Member Visits - Room 9
- 11:45am - Soup Sunday - Welcome Hall
- 12:10pm - Auction Planning Committee - Library
- 12:30pm - Stewardship Committee Meeting - Room 9

Check the glass case by the office for Daily Lists of Meeting and Event Locations.

Visit our online calendar to view these and other scheduled activities: <http://uuss.org>

Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.

Submit articles to bluesheet@uuss.org before 1:00pm on Wednesday, 65 word or less.

- RELIGIOUS EDUCATION -

Good morning UUSS Families,

We are happy that you are here. Please stop by the Religious Education Welcome Table to sign in and make a name tag. Rev. Roger's Sports Party sign-ups are also there for you!

The Room 11 Nursery is a fun place for our youngest to play. Nursery opens at 9:30 to provide child care for adults to attend Sunday Morning Spiritual Practice.

Kindergarten – 2nd grade Spirit Play gathers in Room 10 and **3rd – 5th graders – True Reflections** meet together in Room 7/8. The **Junior High Youth Group (JHYG)** meets in Room 6 and you can find the **Senior High Youth Group (SHYG)** in Room 12.

We are looking for adults to help plan **Easter Sunday**. We need adult help to organize events in addition to participating that day. Please contact Miranda soon. Thank you!

We hope that you enjoy delicious kid approved pancakes this morning during the **Kids' Freedom Club Pancake Breakfast**. The group would love to see you and will be accepting voluntary donations.

Happy Sunday!

-Miranda Massa, Religious Education Coordinator

- CURRENT & UPCOMING ACTIVITIES -

Theater One Presents: *Steel Magnolias*. Final performance **today** at 2:00pm in the Main Hall. Get your tickets at the door.

Walkin' Boots join us on our first hike. **Today** at 2:00pm at Johnson-Springview Park in Rocklin for 3 easy miles. Read full hike description at uuss.org or email Nancy Flagg at hiking@uuss.org.

Senior Fellowship (65+ or there about): Social, community group for all seniors. Upcoming events: **Today**, short planning meeting to discuss events for April and beyond. March 8, Tuesday Movie is *Star Wars* hosted by Jean Kohlhoff. March 12 is a Tour of the Capitol hosted by Sally White. March 13 *Polish Baltic Philharmonic Orchestra* hosted by Ray Reynolds. Call Jean Kohlhoff, at 916-544-4014 or email at jeaniek44@aol.com for more info.

Earth Justice Ministry - *Cowspiracy*, two shows tomorrow at 1:30 pm and 7:00 pm in the Fahs Room, with a discussion afterwards. The burning of fossil fuels is generally presented as the primary cause of climate change. The film explores the significant role of animal agriculture in climate change. Free-will offering accepted. Email earthjustice@uuss.org for more info.

Alliance Program - On March 10, in the Fahs Room, Carolyn Martin will talk about "How Women Finally Got the Vote." October 2011 marked the centennial of California women's getting the vote by a slim margin. Learn about the history of women's suffrage with costume and visuals. Refreshments are served. A donation of \$3 is appreciated. All are welcome!

Human Trafficking in this Region - Community forum by AAUW, with activists, survivors, and DA office speakers. March 10, 7:00pm, St. Mark's United Methodist, 2391 St. Mark's Way. Go to <http://sacramento-ca.aauw.net/> for more info.

UUSS 1960's-1970's Dance Feelin' Groovy - March 12, 6:30pm-10pm in the Sanctuary. From Flower Power to Funk and Punk, from Swingin' to Soul. A family-friendly community event. Potluck finger food/ desserts. Volunteers needed. Please register to help us plan. Contact Laurie Jones at laurievaljo@gmail.com.

Theater One is holding auditions for Neil Simon's *The Odd Couple* on March 16 from 7:00 to 9:00 pm in the Fahs Room. We're looking for five men and two women (the role of Oscar has been precast). Directed by Jill McMahon, the show runs April 29 through May 22, Friday and Saturday nights and Sunday afternoons.

Games Night is an all ages social event that is held on the third Friday of each month from 6:00 to 9:00 p.m. in the Fahs Room. All are welcome. Join us March 18 for a St. Paddy's Day themed game of *Jeopardy!* and potluck. Bring an Irish or green-colored dish along with your favorite party games to add to the fun!

Earth Justice Ministry - March 20, at noon in the Main Hall, Rev. Amanda Ford with Environmental Justice Coalition for Water, will join us for a showing and discussion of the 40-minute film, *Thirsty for Justice*. She will talk about the current issues of getting clean water to all Californians, in recognition of World Water Day. For more info., email us at earthjustice@uuss.org or see us on Sundays in the Welcome Hall after the service.

- USEFUL INFORMATION -

Family Promise is grateful to our volunteers who helped set up and made this week of Family Promise possible for our guest families. If you missed helping this week, Family Promise guests will be back here the week of May 15. You will have an opportunity to help homeless families. Thank you all for being a part of the Family Promise Team.

Temporary housing for UU seminarian--Millie Phillips, the ministerial intern at UU Congregation, Santa Rosa, will be doing a 3-month pastoral chaplaincy internship at UC Davis Medical Center June-August. Millie lives in Oakland, and is looking for a spare room to rent in Sacramento. Probably 4 nights a week and occasional day-time use, as the chaplaincy involves some night shifts. If you have a room to rent this summer, please call Millie at 415 272-4152 or email at milliephillips@comcast.net.

Spring Fling - the Auction Thing! - April 16 at 5:30pm in the Main Hall. Tickets on sale **today**. We plan to sell out! *Donations are still needed*. Forms are available after church, or donate online at uuss.org/auction. To donate items for raffle, contact Kim Ayers imberlykay@me.com. More info. at uuss.org/auction, or email auction@uuss.org.

Together We Share - Remember to bring food items for the red Grocery cart! Contact Joan Rubenson at joandavid2@gmail.com or Virginia Dunstan at vadunstan@aol.com, for information.

3rd Sunday Sing-alongs - Join Ina Jun, other pianists, our choir, and all who like to sing for a fun time around the piano during Coffee Hour every 3rd Sunday of the month. Favorite hymns and a few other songs, just for the joy of singing together. After service, greet a few folks briefly--then come to the piano by noon!

- OPPORTUNITIES TO SERVE -

Friends in Deed- Our UUSS volunteers help congregants with rides, visits, emails or phone calls. For assistance, request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call (916) 686-1206 or on her cell- (650) 291-4603.

-EXPLORING UNITARIAN UNIVERSALISM -

Members, Friends and Newcomers Join in for:
Third Sunday of the Month 9:30 – 10:15 before service in the Fahs Room

March 20 - Principles and Sources of our Tradition

April 17 - Faith - what does it mean to a UU?

May 15 - Social Justice - How do we live our values?

- SUNDAY MORNING SPIRITUAL PRACTICES -

Join Us Before the Service

9:45- 10:15 every Sunday (except 5th Sundays)

1st Sunday - Labyrinth walk - Labyrinth

2nd Sunday - QiGong & Tai Chi Chuan - Labyrinth

3rd Sunday - Silent Meditation - Room 6

4th Sunday - Reflection on poetry and prose - Room 6

- ADULT ENRICHMENT -

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

New Discussion Group Led by Rev Lucy – *The Happiness Hypothesis*. We meet the third week of the month now through May to explore this rich and rewarding book. The discussion will be offered the third Tuesday of the month at 1pm and the third Wednesday of the month at 7pm. Contact Rev. Lucy lucy@uuss.org.

Yoga by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga – Mondays, 10-11am-Welcome Hall
Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check the Sunday Connection table for upcoming activities and workshops.

Office Hours

Monday thru Friday 8:30am to 5:00pm

- CHURCH STAFF HOURS -

Rev. Roger Jones: Monday 11 am-3 pm, Wednesday 2-6:30pm, Thursday 2 am-6:30 pm, . Sabbath is Tuesday.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday and Sunday mornings and by email.

Michele Ebler: (Bookkeeper): Monday thru Friday by appointment.

Stanton Vedell: (Communications and Facilities Coordinator): Sunday, Monday and Wednesday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday.

Keith Atwater (Music Director): choir rehearsal Thursdays, 7:00-8:30pm and by appointment.

Ina Jun (Accompanist): at UUSS on Thursdays for Choir Rehearsal and Sundays.

Childcare Providers: Krystal Gollaher & Yer Chang, Sundays.

Custodians: Aaron Molina, Sunday thru Thursday and Miguel Neri, Friday, Saturday and Sunday.