

The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday February 7

- 8:30 am - United Nations Association Meeting - Room 9
- 9:30am - Nursery Care - Room 11
- 9:45am - Sunday Morning Spiritual Practices - Labyrinth
- 10:15am - Religious Education - Room 6, 7/8, 10 and 12
- 10:30am - Sunday Service - Sanctuary
- 11:30am - Aesthetic Committee - Sanctuary
- 11:45am - Soup Sunday - Welcome Hall
- 11:45am - Kids Freedom Club Meeting- Room 6
- 11:45am - Nominating Committee Meeting - Room 9
- 12:00pm - Stewardship Committee Meeting - Room 12
- 12:10pm - Auction Planning Committee - Library
- 1:45pm - Theater One Set Construction - Sanctuary
- 7:00pm - Theater One Tech week - Sanctuary

Monday February 8

- 10:00am - Adult Enrichment: Chair Yoga - Fahs Room
- 6:30pm - Gen. X/ Boomers Club Monthly Meeting - Room 6
- 7:00pm - Adult Enrichment: Mat Yoga - Room 7/8
- 7:00pm - Theater One *Steel Magnolias* Tech Week- Sanctuary

Tuesday February 9

- 10:00am - Ted's Web Discussion Group - Library
- 6:00pm - Easing Awake Meditation - Fahs Room
- 7:00pm - Theater One *Steel Magnolias* Tech Week- Sanctuary

Wednesday February 10

- 1:30pm - Women's Support Group - Room 12
- 5:30pm - Silent Meditation - Room 6 - All Welcome!
- 6:00pm - Finance Committee Meeting - Library
- 7:00pm - Threshold Choir - Room 7/8
- 7:00pm - Young Adult Circle (20's/ 30's Group) - Fahs Room
- 7:00pm - Theater One *Steel Magnolias* Tech Week- Sanctuary

Thursday February 11

- 10:45am - Alliance Program - Fahs Room - All Welcome!
- 12:00pm - Executive Committee Meeting (Closed) - Library
- 2:00pm - Family Promise Set up - Fahs Room
- 6:00pm - Earth Justice Ministry Monthly Meeting - Room 7/8
- 7:00pm - UUSS Choir Rehearsal - Fahs Room
- 7:00pm - Theater One *Steel Magnolias* Rehearsal- Sanctuary
- 7:00pm - Senior Fellowship Meeting - Room 6

Friday February 12

- 2:00pm - Family Promise Set up - Fahs Room
- 8:00pm - Theater One Presents: *Steel Magnolias* - Sanctuary

Saturday February 13

- 8:00pm - Theater One Presents: *Steel Magnolias* - Sanctuary

Sunday February 14

- 9:45am - Nursery Care - Room 11
- 9:45am - QiGong and Tai Chi Chuan - 2nd Sunday - Labyrinth
- 10:15am - Religious Education - Room 6, 7/8, 10 and 12
- 10:30am - Sunday Service - Sanctuary
- 11:45am - Soup Sunday - Welcome Hall
- 2:00pm - Theater One Presents: *Steel Magnolias* - Sanctuary

Check the glass case by the office for Daily Lists of Meeting and Event Locations.

Visit our online calendar to view these and other scheduled activities: <http://uuss.org>

Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.

Submit articles to bluesheet@uuss.org before 1:00pm on Wednesday, 65 word or less.

Contact the office for more information:
(916)483-9283, office@uuss.org

- RELIGIOUS EDUCATION -

Good morning UUSS Families,

The Room 11 Nursery, a fun place for our youngest to play. Nursery opens at 9:30 to provide child care for adults to attend Sunday Morning Spiritual Practice. **Kindergarten – 2nd grade Spirit Play** gathers in Room 10 and **3rd – 5th graders – True Reflections** meet together in Room 7/8. True Reflections has decided to finish out the RE year with the new theme of Nature and Earth-based Religion. The **Junior High Youth Group (JHYG)** meets in Room 6 and you can find the **Senior High Youth Group (SHYG)** in Room 12.

Chalice Camp is a weeklong event in which campers in grades first through sixth get to deepen their identities as Unitarian Universalists. We need at least 10 participants to make it happen. If you have a child in first through sixth grade and are interested, please e-mail RE Coordinator, Miranda, today re@uuss.org.

We welcome new hire, Yer Chang to our Nursery. Please stop in to say hello and introduce yourself.

Happy Sunday!

-Miranda Massa, Religious Education Coordinator

- CURRENT & UPCOMING ACTIVITIES -

Senior Fellowship (65+ or there about): Social, community group for all seniors. Feb. 9 is Movie Tuesday and this month is *The Revenant* and other matinees. On Feb. 28 we will attend *Steel Magnolias* at UUSS. Contact Jean Kohlhoff at 916-544-4014 or jeaniek44@aol.com for more info.

Young Adult Ministry Circle (20s & 30s) - Feb. 10, 7-9pm, Fahs Room. Our group's first Ministry Circle. This is a moment where we can explore and share our spiritual journey with one another. Bring an appetizer for the potluck. We will continue to meet the second Wed. of the month. -Avery Hulog-Vicente

Earth Justice Ministry - will meet on Feb. 11, 6-8 pm, in Room 7/8. Please join us to discuss plans for Earth Day in April as well as other events. For more information, email us at earthjustice@uuss.org.

UUSS Palestine-Israel Study Group - Feb. 21 at 7:30pm. An evening with Dr. Jeff Halper, Co-Founder of the Israeli Committee Against House Demolitions and 2006 Nobel Peace Prize nominee. Co-sponsored by Jewish Voice for Peace. Contact jme@uuss.org.

UUSS 1960's-1970's Dance Feelin' Groovy - March 12 6:30pm-10pm in the Sanctuary. From Flower Power to Funk and Punk, from Swingin' to Soul. A family-friendly community event. Potluck finger food/desserts. Volunteers needed. Please register to help us plan. Contact Laurie Jones at laurievaljo@gmail.com.

Games Night - All ages social event on the third Friday of the month, starting Feb. 19, 6 to 9pm in the Fahs Room. All are welcome! This month's featured game is *Majority Rules!* and the potluck theme is Finger Foods. Bring your favorite party games to add to the fun! Email sarahandjoe0821@gmail.com.

UUrth Song Garden: Gardener's meeting at 11:45, Feb. 21. So mark your calendar. Plots are \$20. We will be taking sign-ups at the meeting and through April (or until the plots are taken). -Glory Wicklund

– **USEFUL INFORMATION** –

Lost and Found at UUSS- If you have misplaced an item, and you think it was left at the church, contact the office at 916-483-9283.

The Auction Thing! The auction is April 16. Have you volunteered to help? Made a donation? Now is the time. Information is available on our website, uuss.org/auction or email auction@uuss.org. Contact Kathy Bernard at kathybernard36@yahoo.com or for donations Annette Emery at 916-296-2650, involvedcitizen27@yahoo.com.

The Banner Project: has produced some note cards featuring the UU Chalice and Earth Based Religion motifs. They are available for \$1.50 per card or packets are 4/\$5.00 or 8/\$10.00. You can get all in one design or a mixture of both. Available in the Library.

Together We Share - Remember to bring food items for the red Grocery cart! Contact Joan Rubenson at joann david2@gmail.com or Virginia Dunstan at vadunstan@aol.com, for information.

– **THEATER ONE** –

Theater One is looking for people to help sell tickets/concessions during the run of *Steel Magnolias*: February 12-March 6--Fridays and Saturdays at 8:00 pm (we need you to be there by 7:15pm) and Sundays at 2:00pm (we need you at 1:15pm). If you can help, please contact Susan Madden at actorsue@aol.com or 483-9283 ext. 208. You get to see the wonderful Steel Magnolias for free.

– **OPPORTUNITIES TO SERVE** –

Friends in Deed- Our UUSS volunteers help congregants with rides, visits, emails or phone calls. For assistance, fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call at home- (916) 686-1206 or on her cell- (650) 291-4603.

– **EXPLORING UNITARIAN UNIVERSALISM** –

Members, Friends and Newcomers Join in for:
Third Sunday of the Month 9:30 – 10:15 before service in the Fahs Room
February 21 - Unitarian and Universalist History
March 20 - Principles and Sources of our Tradition
April 17 - Faith - what does it mean to a UU?
May 15 - Social Justice - How do we live our values?

– **SUNDAY MORNING SPIRITUAL PRACTICES** –

Join Us Before the Service

9:45- 10:15 every Sunday (except 5th Sundays)
1st Sunday - Labyrinth walk - Labyrinth
2nd Sunday - QiGong & Tai Chi Chuan - Labyrinth
3rd Sunday - Silent Meditation - Room 6
4th Sunday - Reflection on poetry and prose - Room 6

– **ADULT ENRICHMENT** –

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

Helping Syrian Refugees -After Roger's Jan. 17 sermon, "Neighbors & Enemies," several folks said they want to be part of exploring how we and the UU Church of Davis can collaborate in local support of refugees from the Middle East. Some Davis UUs will join is in a meeting Wednesday, Feb. 17, 7:30pm, Fahs Room. Let Roger know if you're coming.

New Discussion Group Led by Rev Lucy – The Happiness Hypothesis Starting February 16 or 17. We will meet the third week of the month for four months to explore this rich and rewarding book. The discussion will be offered the third Tuesday of the month at 1 PM and the third Wednesday of the month at 7 PM. For our February session please read the first 3 chapters. The book will be available for sale at the bookstore. Contact Rev Lucy lucy@uuss.org

Meditation Class - Rev. Doug Kraft offers a six-week class on the earliest meditation practices taught by the Buddha. Register at the Connections table. His *Buddha's Map* book is in the Bookstore.

Yoga by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room
Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check the Sunday Connection table for upcoming activities and workshops.

Office Hours

Monday thru Friday 8:30am to 5:00pm

– **CHURCH STAFF HOURS** –

Rev. Roger Jones: Monday 10 am-3 pm, Wednesday 10am-3pm, Thursday 10am-6pm. Sabbath is Tuesday, study days are Friday-Saturday.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday and Sunday mornings and by email.

Michele Ebler: (Bookkeeper): Monday thru Friday by appointment.

Stanton Vedell: (Communications and Facilities Coordinator): Monday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday.

Keith Atwater (Music Director): choir rehearsal Thursdays, 7:00-8:30pm and by appointment.

Ina Jun (Accompanist): at UUSS on Thursdays for Choir Rehearsal and Sundays.

Childcare Providers: Krystal Gollaher and Yer Chang, Sundays.

Custodians: Aaron Molina, Sunday thru Thursday and Miguel Neri, Friday, Saturday and Sunday.