The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday January 24 Recycle Sunday

9:30am - Nursery Care - Room 11

9:45am - Reading Reflection - 4^{th} Sunday - Room 6

10:30am - ALL AGES Sunday Service - Sanctuary

11:45am - Coming of Ages Meeting - Fahs Room

12:00pm - Newcomer Orientation and Tour - Welcome Hall

12:10pm - FRST Meeting - Library

3:00pm - Memorial Service for Beverly McGaffic - Sanctuary

Monday January 25

10:00am - Adult Enrichment: Chair Yoga - Fahs Room 7:00pm - Adult Enrichment: Mat Yoga - Room 7/8

7:00pm - Theater One Steel Magnolias Rehearsal- Fahs Room

Tuesday January 26

10:00am - Ted's Web Discussion Group - Library 6:00pm - Easing Awake Meditation - Fahs Room 7:00pm - UU Readers Book Discussion - Library

7:00pm - Theater One Steel Magnolias Rehearsal- Sanctuary

Wednesday January 27

1:00pm - Staff Meeting (Office Closed) - Library

1:30pm - Women's Support Group - Room 12

5:30pm - Silent Meditation - Room 6- All Welcome!

7:00pm - Threshold Choir - Room 7/8

7:00pm - Theater One Steel Magnolias Rehearsal- Fahs Room

Thursday January 28

12:00pm - A.P.M. Team Meeting - Library

7:00pm - Senior Fellowship - Room 6

7:00pm - UUSS Choir Rehearsal - Sanctuary

7:00pm - Theater One Steel Magnolias Rehearsal- Fahs Room

Friday January 29

No UUSS Events Scheduled

Saturday January 30

8:00am - Theater One Set Build - Sanctuary

Sunday January 31

9:45am - Nursery Care - Room 11

10:15am - Religious Education - Room 6, 7/8, 10 and 12

10:30am - Sunday Service - Sanctuary

 $11{:}45\mathrm{am}$ - Chili Sunday - Board Fundraiser - Welcome Hall

 $11{:}45am\hbox{--} Gardening\ Coordinators\hbox{--} Room\ 6$

12:10pm - Adult Enrichment: Varieties of Islam - Sanctuary

 $12{:}30\mathrm{pm}$ - Sen. Fellowship: George & Martha Wash. - Room 12

 $2\mbox{:}00\mbox{pm}$ - Theater One Script Reading - Fahs Room

Check the glass case by the office for Daily Lists of Meeting and Event Locations.

<u>Visit our online calendar to view these and other</u> <u>scheduled activities:</u> <u>http://uuss.org</u>

Learn details about all activities in the <u>Pathways</u> brochure and the monthly <u>Unigram</u> newsletter.

Submit articles to <u>bluesheet@uuss.org</u> before 1:00pm on Wednesday, 65 word or less.

- <u>RELIGIOUS EDUCATION</u> -

Good morning UUSS Families,

We are happy to see you this morning. Let's enjoy making memories participating in our service for all ages. There is no scheduled Religious Education this morning. All groups reconvene next weekend!

Chalice Camp is a weeklong event in which campers in grades first through sixth get to deepen their identities as Unitarian Universalists. We need at least 10 participants to make it happen. If you have a child in first through sixth grade and are interested, please e-mail RE Coordinator, Miranda at re@uuss.org.

We thank Nursery staff person, Shannon Ebler for taking care of our littlest friends while she was home from college for winter break. Her dedication and talents were a tremendous help! Shannon is back to college now. We welcome new hire, Yer Chang to our Nursery. Please stop in to say hello and introduce yourself.

Happy Sunday!

-Miranda Massa, Religious Education Coordinator

- CURRENT & UPCOMING ACTIVITIES -

The Book Club at UUSS will read the UUA recommended book, *Just Mercy* by Bryan Stephenson for Jan. Every UU congregation is encouraged to read this book this year. A copy of the book will be in the library. Join us on Jan. 26 for a lively discussion.

Chili Sunday - Come one, come all! The Board of Trustees will serve a variety of homemade chili on Jan. 31. Cornbread and cookies, too! Plan to have a warm and hearty lunch with your friends at UUSS. \$5.00 donation suggested (but we wouldn't turn down more!) All money raised goes to our general fund.

Senior Fellowship (65+ or there about): We will be collecting money for tickets for *Love and Information* playing at the Capital Stage Theater on Saturday 2/20 and hosted by Shirley Paulson. Tickets \$35. Contact Jean Kohlhoff, at 916-544-4014, jeaniek44@aol.com.

Crabfeed, Pasta Dinner & Auction at Sierra Arden Church - Our neighbors and former landlord congregation at Morse Ave. & Northop have invited us to join them for their annual fundraising feast and service auction (live and silent, including a dessert auction), Feb. 6, 6:00 p.m. Tickets \$52; table for 8 \$400. Call Sierra Arden Church office 916-483-5501

UUSS Palestine-Israel Study Group - Feb. 21 at 7:30pm. An evening with Dr. Jeff Halper, Co-Founder of the Israeli Committee Against House Demolitions and 2006 Nobel Peace Prize nominee. Co-sponsored by Jewish Voice for Peace for information contact jme@uuss.org.

UUSS 1960's-1970's Dance Feelin' Groovy - March 12 6:30pm-10:00pm in the Sanctuary. From Flower Power to Funk and Punk, from Swingin' to Soul. A family-friendly community event to bring down the debt. Potluck finger food/desserts. Volunteers needed. Contact Laurie Jones laurievaljo@gmail.com for more info.

- <u>USEFUL INFORMATION</u> -

Games Night is back on the calendar! This all ages social event will be held on the third Friday of each month, starting on Feb. 19, from 6:00 to 9:00pm in the Fahs Room. All are welcome. This month's featured game is *Majority Rules!* and the potluck theme is Finger Foods. Bring your favorite party games to add to the fun! Email Sarah sarahandjoe0821@gmail.com.

Spring Auction! - The Auction is on April 16 at 5:30pm. We are asking for donations of dinners, events or services for the silent auction, gift baskets for the raffle and desserts for the cake walk and volunteers! Contact Kathy Bernard at 916-812-2761, or kathybernard36@yahoo.com with questions or to volunteer. Please contact Annette Emery at 916-296-2650, or involvedcitizen27@yahoo.com about donations.

Choir Practice- Come rehearse with Keith, Ina and UUSS choir members! Wednesday at 7:00pm in the Sanctuary. A "key change", on Jan. 28, choir practice moves to Thurs. nights at 7:00pm.

Together We Share - Remember to bring food items for the red Grocery cart! Contact <u>Joan Rubenson</u> at <u>joanndavid2@gmail.com</u> or <u>Virgina Dunstan</u> at <u>vadunstan@aol.com</u>, for information.

Lost and Found at UUSS- If you have misplaced an item, and you think it was left at the church, contact the office at 916-483-9283.

- THEATER ONE -

Our next show is the funny and poignant "Steel Magnolias." Performances are Fri. and Sat. nights at 8:00pm and Sun. afternoons at 2:00pm from Feb. 12 through March 6. Based on a true story about the playwright's sister, this production is directed by Jill McMahon. You'll laugh, you'll cry, and you'll love the show. Call 483-9283 ext. 208.

We will read "The Third Floor," a screenplay, by Lonon Smith, based on the memoir of a small town girl pregnant and banished to Oakland in 1961. Touching on gender and racial inequality and reproductive rights, this is part of Theater One's commitment to support new works. In the Fahs Room, Jan. 31, 2:00pm. With Jesse Claire-McKown, Susan Madden, Lisa Erwin, Bill Wilkins, Ron Galbreath and others. Admission is free. Discussion and critique to follow.

- OPPORTUNITIES TO SERVE -

Friends in Deed- Our UUSS volunteers help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call at home-(916) 686-1206 or on her cell- (650) 291-4603. -Susan Lange

-EXPLORING UNITARIAN UNIVERSALISM -

Members, Friends and Newcomers Join in for: Third Sunday of the Month 9:30 – 10:15 before service in the Fahs Room

February 21 - Unitarian and Universalist History

March 20 - Principles and Sources of our Tradition

April 17 - Faith - what does it mean to a UU?

May 15 - Social Justice - How do we live our values?

- SUNDAY MORNING SPIRITUAL PRACTICES -

Join Us Before the Service

9:45- 10:15 every Sunday (except 5th Sundays)

1st Sunday - Labyrinth walk - Labyrinth

2nd Sunday - QiGong & Tai Chi Chuan - Labyrinth

3rd Sunday - Silent Meditation Classroom 6

4th Sunday - Reflection on poetry and prose - Room 6

- ADULT ENRICHMENT-

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

Meditation Class and Sangha - Rev. Doug Kraft offers a six-week class on the earliest meditation practices taught by the Buddha, Tues. nights in the Fahs Room. See the Jan. Unigram or the flyer at the Connections table, where you can register. His *Buddha's Map* book is in the Library Bookstore.

Yoga by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check the Sunday Connection table for upcoming activities and workshops.

Office Hours

Monday thru Friday 8:30am to 5:00pm

- CHURCH STAFF HOURS -

Rev. Roger Jones: Monday 2-5, Wednesday 2pm - 8pm, Thursday 2pm to 7pm. Appointments preferred.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday and Sunday mornings and by email.

Michele Ebler: (Bookkeeper): Monday thru Friday by appointment.

Stanton Vedell: (Communications and Facilities Coordinator): Sunday and Tuesday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday.

Keith Atwater (Music Director): choir rehearsal Wednesdays, 7:00-8:30pm and by appointment.

Ina Jun (Accompanist): at UUSS on Sundays.

Childcare Providers: Krystal Gollaher and Yer Chang, Sundays.

Custodians: Aaron Molina, Sunday thru Thursday and Miguel Neri, Friday, Saturday and Sunday.

Contact the office for more information: (916)483-9283, office@uuss.org