

The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday January 17

9:30am - Nursery Care - Room 11
9:30am - Exploring Unitarian Universalism - Fahs Room
9:45am - Silent Meditation - 3rd Sunday - Room 6
10:15am - Religious Education - Room 6, 7/8, 10 and 12
10:30am - Sunday Service - Sanctuary
11:45am - Nominating Committee Meeting - Room 9
12:00am - Games Night Planning Meeting - Room 6
12:15pm - Membership/ Greeters Comm. Meeting - Room 7/8
12:30pm - Website Training with Dirk Tuell - Library
2:00pm - Memorial Service for Fran Yankauer - Sanctuary

Monday January 18

Office is Closed

10:00am - Adult Enrichment: Chair Yoga - Fahs Room
7:00pm - Adult Enrichment: Mat Yoga - Room 7/8
7:00pm - Theater One "Steel Magnolias" Rehearsal- Fahs Rm.

Tuesday January 19

10:00am - Ted's Web Discussion Group - Library
10:00am - Art Exhibit Installation - Sanctuary
6:00pm - Easing Awakening Meditation - Fahs Room
7:00pm - Theater One "Steel Magnolias" Rehearsal- Sanctuary
7:00pm - Study Group on Palestine-Israel - Library
7:00pm - Stewardship Committee Meeting - Room 12

Wednesday January 20

1:30pm - Women's Support Group - Room 12
5:30pm - Silent Meditation - Room 6- All Welcome!
6:30pm - Adult Enrichment Committee Meeting - Library
7:00pm - Threshold Choir - Room 7/8
7:00pm - UUSS Choir Rehearsal - Sanctuary
7:00pm - Theater One "Steel Magnolias" Rehearsal- Fahs Rm.

Thursday January 21

7:00pm - Program Council - Room 6
7:00pm - Theater One "Steel Magnolias" Rehearsal- Sanctuary

Friday January 22

5:30pm - Reception for Art Exhibits - Sanctuary

Saturday January 23

8:00am - Theater One Set Build - Sanctuary
9:30am - Genealogy 101 - Room 6
7:00pm - A Minister's Story (Rev. Roger Jones) - Sanctuary

Sunday January 24

Recycle Sunday

9:30am - Nursery Care - Room 11
9:45am - Reading Reflection - 4th Sunday - Room 6
10:30am - **ALL AGES** Sunday Service - Sanctuary
11:45am - Coming of Ages Meeting - Fahs Room
11:45am - Chili Sunday - Board Fundraiser - Room 6
12:10pm - FRST Meeting - Library
2:00pm - Memorial Service for Beverly McGaffic - Sanctuary

Check the glass case by the office for Daily Lists of Meeting and Event Locations.

[Visit our online calendar to view these and other scheduled activities: http://uuss.org](http://uuss.org)

Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.

Submit articles to bluesheet@uuss.org before 1:00pm on Wednesday, 65 word or less.

- RELIGIOUS EDUCATION -

Good morning UUSS Families,

Room 11 Nursery is a fun place for our youngest to play. Nursery opens at 9:30 to provide child care for adults to attend Sunday Morning Spiritual Practice. **Kindergarten – 2nd grade Spirit Play** gathers in Room 10 and **3rd – 5th graders – True Reflections** meet together in Room 7/8. The **Junior High Youth Group (JHYG)** meets again on January 31 and you can find the **Senior High Youth Group (SHYG)** in Room 12.

Chalice Camp is a weeklong event in which campers in grades first through sixth get to deepen their identities as Unitarian Universalists. We need at least 10 participants to make it happen. If you have a child in first through sixth grade and are interested, e-mail RE Coordinator, [Miranda](mailto:re@uuss.org) today at re@uuss.org.

Happy Sunday!

-Miranda Massa, Religious Education Coordinator

- CURRENT & UPCOMING ACTIVITIES -

Games Night Planning- Looking for volunteers to help host this monthly social event. We will have a planning meeting, **today** at 12:00pm after service in Room 6. Email SarahandJoe0821@gmail.com for more info. -Sarah Turner

Art Committee - Art reception for artists David Dawson and Dianne Poinski on January 22, from 5:30 to 7:00pm in the Sanctuary. The works of art will depict "rivers" which will be the theme for the Sunday service on January 24. Check out the UUSS web site for more information. Mark your calendars for this special exhibition.

The Book Club at UUSS will read the UUA recommended book, *Just Mercy* by Bryan Stephenson for January. Every UU congregation is encouraged to read this book this year. A copy of the book will be in the library. Join us on January. 26 for a lively discussion.

Senior Fellowship (65+ or there about): Upcoming events: **Today** Jean Kohlhoff is hosting a trip to the Crocker Museum for lunch, Crocker Highlight Tour and exhibitions. We will be collecting money for tickets for *Love and Information* playing at the Capital Stage Theater on Saturday 2/20 and hosted by Shirley Paulson. Tickets \$35. Call Jean Kohlhoff, at 916-544-4014 or email at jeaniek44@aol.com.

UUSS 1960's-1970's dance Feelin' Groovy - March 12 6:30pm-10:00pm in the Sanctuary. From Flower Power to Funk and Punk, From Swingin' to Soul. A family-friendly community event to bring down the debt. Donation: Minimum requested is \$5. Pot luck finger food/ desserts. Join us for costumes, trivia contests, face painting and photo booths. Volunteers needed. Contact: Laurie Jones laurievaljo@gmail.com for more information.

UUSS Palestine-Israel Study Group - Feb. 21 at 7:30pm. An evening with Dr. Jeff Halper, Co-Founder of the Israeli Committee Against House Demolitions and 2006 Nobel Peace Prize nominee. Co-sponsored by Jewish Voice for Peace for information contact jme@uuss.org.

– USEFUL INFORMATION –

Spring Auction! - The Auction is on April 16 at 5:30 pm. We are asking for donations of dinners, events or services for the silent auction, gift baskets for the raffle and desserts for the cake walk and volunteers! Contact Kathy Bernard at 916-812-2761, or kathybernard36@yahoo.com with questions or to volunteer. Please contact to Annette Emery at 916-296-2650, or involvedcitizen27@yahoo.com about donations.

Choir Practice- Come rehearse with Keith, Ina and UUSS choir members! Wednesday at 7:00pm in the Sanctuary. A “key change” in the schedule: on January 28, choir practice moves to Thurs. nights at 7:00pm.

Together We Share - Remember to bring food items for the red Grocery cart! Contact Joan Rubenson at joanndavid2@gmail.com or Virginia Dunstan at vadunstan@aol.com, for information.

Lost and Found at UUSS- If you have misplaced an item, and you think it was left at the church, contact the office at 916-483-9283.

– THEATER ONE –

Our next show is the funny and poignant "*Steel Magnolias*." Performances are Fri. and Sat. nights at 8:00pm and Sun. afternoons at 2:00pm from Feb. 12 through March 6. Based on a true story about the playwright's sister, this production is directed by Jill McMahon. You'll laugh, you'll cry, and you'll love the show. Put it on your calendar now. Call 483-9283 ext. 208.

– OPPORTUNITIES TO SERVE –

Friends in Deed- Our UUSS volunteers help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call at home- (916) 686-1206 or on her cell- (650) 291-4603.
-Susan Lange

– SUNDAY MORNING SPIRITUAL PRACTICES –

Join Us Before the Service

9:45- 10:15 every Sunday (except 5th Sundays)
1st Sunday - Labyrinth walk - Labyrinth
2nd Sunday - QiGong & Tai Chi Chuan - Labyrinth
3rd Sunday - Silent Meditation Classroom 6
4th Sunday - Reflection on poetry and prose - Room 6

– EXPLORING UNITARIAN UNIVERSALISM –

Members, Friends and Newcomers Join in for:
Third Sunday of the Month 9:30 – 10:15 before service in the Fahs Room
January 17 – Social Justice – How do we live our values?

– ADULT ENRICHMENT –

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

Meditation Class and Sangha - Rev. Doug Kraft offers a six-week class on the earliest meditation practices taught by the Buddha, Tues. nights in the Fahs Room. See the January Unigram or the flyer at the Connections table, where you can register. His *Buddha's Map* book is in the Library Bookstore.

Yoga by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room
Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check the Sunday Connection table for upcoming activities and workshops.

Office Hours

Tuesday thru Friday 8:30am to 5:00pm
***Office is closed on Monday January 18
For Martin Luther King Jr. Holiday***

– CHURCH STAFF HOURS –

Rev. Roger Jones: Monday 2-5, Wednesday 2pm - 8pm, Thursday 2pm to 7pm. Appointments preferred.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday by appointment.

Miranda Massa: (RE Coordinator): Friday and Sunday mornings and by email.

Michele Ebler: (Bookkeeper): Tuesday thru Friday by appointment.

Stanton Vedell: (Communications and Facilities Coordinator): Tuesday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Tuesday thru Friday.

Keith Atwater (Music Director): choir rehearsal Wednesdays, 7:00-8:30pm and by appointment.

Ina Jun (Accompanist): at UUSS on Sundays.

Childcare Providers: Krystal Gollaher and Shannon Ebler, Sundays.

Custodians: Aaron Molina, Sunday thru Thursday and Miguel Neri, Friday, Saturday and Sunday.

Contact the office for more information:
(916)483-9283, office@uuss.org