

The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday December 6 No Soup Sunday

9:30am - Nursery Care - Room 11
9:45am - Sunday Morning Spiritual Practices - Labyrinth
10:15am - Religious Education- Rooms 6, 7/8, 10 and 12
10:30am - Sunday Service - Sanctuary
10:30 am - Spirit Play Yoga - Fahs Room
11:45 am - Kids Freedom Club - Room 6
12:00pm - Forum on Foster Parenting - Fahs Room
12:30pm - December Website Training - Library
3:00pm - Memorial for Gloria Cox - Sanctuary

Monday December 7

10:00am - Adult Enrichment: Chair Yoga - Fahs Room
7:00pm - Adult Enrichment: Mat Yoga - Room 7/8

Tuesday December 8

10:00am - Ted's Web Discussion Group - Library
7:00pm - Theater One Monthly Meeting - Fahs Room

Wednesday December 9

1:30pm - Women's Support Group - Room 12
5:30pm - Silent Meditation - Room 6- All Welcome!
6:00pm - Finance Committee Meeting - Library
7:00pm - Threshold Choir Rehearsal - Room 7/8
7:00pm - UUSS Choir - Sanctuary

Thursday December 10

11:45am - Alliance Program - Fahs Room
1:00 - Piano Recital Featuring Nicholas Dold - Sanctuary
6:30pm - Earth Justice Ministry Monthly Meeting - Room 6
7:00 - Piano Recital Featuring Nicholas Dold - Sanctuary

Friday December 11

No Events Scheduled, Office is open

Saturday December 12

No UUSS Events Scheduled, Office is closed

Sunday December 13

9:30am - Nursery Care - Room 11
9:45am - QiGong & Tai Chi Chuan- 2nd Sunday - Labyrinth
10:15am - Religious Education- Rooms 6, 7/8, 10 and 12
10:30am - Sunday Service - Sanctuary
11:45 am - Soup Sunday - Welcome Hall
11:45 am - Nominating Committee - Room 7/8
3:00pm - Memorial for Tami Buscho - Sanctuary

Check the white board at UUSS for Daily Lists of Meeting and Event Locations at our home base.

Visit our online calendar to view these and other scheduled activities. <http://uuss.org>

Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.

Submit articles to bluesheet@uuss.org before 1:00pm on Wednesday, 65 word limit.

- RELIGIOUS EDUCATION -

Good morning UUSS Families,

We are happy you made it through marathon traffic and are reading this in our warm sanctuary. I am happy to be out there running in the cold for all the people unable to run and to show people that personal dreams can come true! I'll see you next weekend!

Our Religious Education programs: The Room 11 Nursery is a fun place for our youngest to play. Staff arrive early each Sunday to provide the option of child care for adults to be able to attend the Sunday Morning Spiritual Practice. Nursery opens at 9:30!
Kindergarten – 2nd grade Spirit Play meets in the Fahs Room today to have ample space for their yoga practice. Our **3rd – 5th graders – True Reflections** meet in Room 7/8. The **Junior High Youth Group (JHYG)** meets in Room 6 and the **Senior High Youth Group (SHYG)** meets in Room 12.

We are scouting additional Senior High Youth Group Advisors. Spend two Sundays a month with our talented youth enriching their lives with conversations, spiritual discussions and community. Please contact Miranda if you would like to help!

Save the Date for **Storyteller & Doorkeeper Training**: Sunday, January 10, you are invited to a training for those who currently volunteer, or would like to volunteer, in our Sunday School program for elementary school age children. Please contact Miranda for more details and to reserve your spot!

Happy Sunday,
-Miranda Massa, Religious Education Coordinator

- CURRENT & UPCOMING ACTIVITIES -

December Website Training - Learn how to post updates for your group on the website. We meet in the Library today, 12:30pm.

Gloria Cox -Service at UUSS is today at 3:00pm in the Sanctuary. Donations may be made to Planned Parenthood or the Endowment.

Forum on Foster Parenting - Today at 12:00pm in the Fahs Room. What is it like to care for a youth in your home? Join Evan Correale, UUSS member (and a foster parent of teens) and Christina Cagle from Stanford Youth Solutions to hear about the myths and fears of foster parenting.

Alliance Program- meets Thursday, Dec. 10 at 11:45. We will have lunch (\$3) and go to the 1 pm piano concert (\$10). Please reserve for lunch, with Vivian Counts 483-8827 or e-mail viviancounts@yahoo.com.

Piano Recital Thursday, Dec. 10, 1:00 & 7:00pm. 2 performances at UUSS! Nicholas Dold plays works of Gabriel Faure and Sergei Prokofiev, with an introduction about each work. \$10 adults; \$5 for students up to age 25. Also a freewill offering.

Soup Sunday- Due to the CA International Marathon which will make it difficult for many to get to church that day, Soup Sunday will **not take place today**. There will be a Soup Sunday on Dec. 13.

Earth Justice Ministry is meeting at a new time and day. Next meeting is Dec. 10 **6:30-8:30 pm** in Room 6. We will plan our activities for the next several months. E-mail earthjustice@uuss.org for info.

Young Adult Ministry (20s/30s Group) - Lunch at Hoppy Brewing Company on Dec. 13 at 12:30pm. We will get to know one another and plan future meetings. If you need a ride, we will be departing from UUSS at 12:10pm. Contact Avery agh2005@gmail.com or John john.merrismiche@gmail.com for more info.

Gen-X Boomers (40-70) - Monthly planning, social, and support meetings are the second Monday of the month. Join us for our next meeting - help us plan 2016. Dec 14, 6:30pm UUSS Room 6. To be added to our email list, email gxboom@gmail.com.

UUSS Winter Solstice Drumming Circle- 12/19 from 5-9pm with local drumming facilitator Steve Bash. Indoor labyrinth available starting at 5pm and potluck at 6pm. Beginner drumming lesson 6:30 pm. Drumming starts 7pm. Bring a percussion instrument. All welcome. Donations accepted. Contact: Laurie Jones laurievaljo@gmail.com. 916-342-3226.

- USEFUL INFORMATION -

Kitchen Protocol: Lightly rinse off all dishes and leave them in the soaking tubs. Glasses and Cups in the Coffee Kitchen. All other items in the Main Kitchen. Thanks! -Glory Wicklund

Many thanks to those who helped clean up after the Aloha dinner. We served 114 dinners, and 185 glasses of the famous Anna Andrews Punch (straight or with benefits (rum). Dishes were washed, put away, kitchen cleaned and tables put away by 8:30. And it was a lot of fun. Mahalo! -Glory Wicklund

Palestine/Israel Study Group- The group will use a guide, *The 7 Unitarian Universalist Principles and Palestine - Israel*. Planning commences this month, the group opens for discussion in January.

Together We Share - Remember to bring food items for the red Grocery cart! Contact [Joan Rubenson](mailto:JoanRubenson@gmail.com) at joanndavid2@gmail.com or [Virginia Dunstan](mailto:VirginiaDunstan@aol.com) at vadunstan@aol.com, for information.

Lost and Found at UUSS- If you have misplaced an item, and you think it was left at the church, contact the office at 916-483-9283. The Lost and Found tub can be found in the hallway by the office.

- OPPORTUNITIES TO SERVE -

Friends in Deed- Our UUSS volunteers are able to help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call at home- (916) 686-1206 or on her cell- (650) 291-4603. -Susan Lange

Help create floral arrangements- participate in a UUSS group of folks who want to create floral arrangements for Sunday services (and other occasions) please email (molly@mollystuart.com). You would be on about one Sunday every two months for one year -- dates of your choosing -- for an arrangement to be placed on a pedestal to brighten up service and express our creative gifts!

- IN LOVING MEMORY -

Tami Buscho - The memorial service for Tami will take place at 3:00 PM, Sunday, December 13, here at UUSS. Donations in Tami's memory may be made to the UUSS Religious Education Fund to honor Tami's commitment to youth ministry.

- SUNDAY MORNING SPIRITUAL PRACTICES -

Join Us Before the Service

9:45- 10:15 every Sunday (except 5th Sundays)

1st Sunday - Labyrinth walk - Labyrinth

2nd Sunday - QiGong & Tai Chi Chuan - Labyrinth

3rd Sunday - Silent Meditation Classroom 6

4th Sunday - Reflection on poetry and prose - Room 6

-EXPLORING UNITARIAN UNIVERSALISM -

Members, Friends and Newcomers Join in for:

Third Sunday of the Month 9:30 – 10:15 before service in the Fahs Room

December 20 – Faith – What does it mean to a UU?

January 17 – Social Justice – How do we live our values?

- ADULT ENRICHMENT-

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

Yoga by Paige Labrie. Try a first class for free.

Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room

Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group Wednesdays,

1:30-3:30pm. Please contact Lynn Carlson at

apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check the Sunday Connection table for upcoming activities and workshops.

Office Hours

Monday thru Friday 8:30am to 5:00pm

- CHURCH STAFF HOURS -

Rev. Roger Jones: On Study Leave from Dec. 7 to Dec. 11.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday, Sunday mornings and by email.

Michele Ebler: (Bookkeeper): Monday thru Friday by appointment.

Stanton Vedell: (Communications and Facilities Coordinator): Monday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday, 8:30-5:00pm.

Keith Atwater (Music Director): choir rehearsal Wednesdays, 7:00-8:30pm and by appointment.

Ina Jun (Accompanist): at UUSS on Sundays.

Childcare Providers: Annie Green and Krystal Gollaher, Sundays.

Custodians: Aaron Molina, Sunday thru Thursday and Miguel Neri, Friday thru Sunday.

Contact the office for more information:
(916)483-9283, office@uuss.org