

## The Blue Sheet

### Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

#### Sunday December 27

##### Recycle Sunday

- 9:00am - Recycle Table - Welcome Hall
- 9:30am - Nursery Care - Room 11
- 9:45am - Reading Reflection- 4<sup>th</sup> Sunday - Room 6
- 10:15am - Religious Education - Room 6, 7/8, 10 and 12
- 10:30am - Sunday Service - Sanctuary

#### Monday December 28

- 10:00am - Adult Enrichment: Chair Yoga - Fahs Room
- 7:00pm - Adult Enrichment: Mat Yoga - Room 7/8

#### Tuesday December 29

- 10:00am - Ted's Web Discussion Group - Library
- 7:00pm - UU Readers Book Discussion - Fahs Room

#### Wednesday December 30

- 1:30pm - Women's Support Group - Room 12
- 5:30pm - Silent Meditation - Room 6- All Welcome!
- 7:00pm - Threshold Choir Rehearsal - Room 7/8

#### Thursday December 31

\*\*\*No Events Scheduled, Office is **Open**\*\*\*

#### Friday January 1

\*\*\*No Events, Office is **Closed** for New Year's Holiday\*\*\*

#### Saturday January 2

- 7:00pm - Theater One Set Build - Sanctuary

#### Sunday January 3

##### Soup Sunday

- 9:30am - Nursery Care - Room 11
- 9:45am - Sunday Morning Spiritual Practices - Labyrinth
- 10:15am - Religious Education - Room 6, 7/8, 10 and 12
- 10:30am - Sunday Service - Sanctuary
- 11:45am - Soup Sunday - Welcome Hall
- 11:45am - Kids Freedom Club Monthly Meeting - Room 6
- 11:45am - Nominating Committee Meeting - Room 9
- 11:45am - Coming of Age Monthly Meeting - Fahs Room
- 12:30pm - Spiritual Deepening Facilitators Meeting - Room 7/8
- 12:30pm - Visit with George and Martha Washington - Room 12
- 2:00pm - Sara Peterson Celebration of Life - Sanctuary

**Check the glass case by the office for Daily Lists of Meeting and Event Locations.**

**Visit our online calendar to view these and other scheduled activities. <http://uuss.org>**

**Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.**

**Submit articles to [bluesheet@uuss.org](mailto:bluesheet@uuss.org) before 1:00pm on Wednesday, 65 word limit.**

Contact the office for more information:  
(916)483-9283, [office@uuss.org](mailto:office@uuss.org)

### – RELIGIOUS EDUCATION –

Good morning UUSS Families,

**Our Religious Education programs: The Room 11 Nursery** is a fun place for our youngest to play. Staff arrives early each Sunday to provide the option of child care for adults to be able to attend the Sunday Morning Spiritual Practice. Nursery opens at 9:30! **Kindergarten – 2<sup>nd</sup> grade Spirit Play** and **3<sup>rd</sup> – 5<sup>th</sup> graders – True Reflections** meet together in Room 7/8 this morning for a special day. Parents of both groups, please pick up your children from Room 7/8. The **Junior High Youth Group (JHYG)** meets in Room 6 and the **Senior High Youth Group (SHYG)** meets in Room 12.

**Storyteller & Doorkeeper Training: Sunday, Jan!** I have been sending emails with more information and RSVP's are coming in. Contact Miranda soon if you would like to gather with other enthusiastic volunteers to help make this program wonderful.

Happy last Sunday of 2015!

-Miranda Massa, Religious Education Coordinator

### – CURRENT & UPCOMING ACTIVITIES –

**Senior Fellowship (65+ or there about)** On Jan. 1 we are going to Red Hawk Casino for a holiday buffet brunch (cost \$33). Ray Reynolds will host the event. We leave from the UUSS parking lot. Call 916-544-4014 or email Jean Kohlhoff, at [jeaniek44@aol.com](mailto:jeaniek44@aol.com) for full details and so we know to expect you.

**GenXBoomers (age 40 to 70)**- All are invited for ice skating in Folsom, Jan. 2 at 2pm. The rink is located on the West end of historic Folsom, parking and light rail access is available. Meet at the ticket counter and later for dinner at one of the many great restaurants in Folsom. Skate in the New Year with us! For rink info, go to <http://www.folsomicerink.com>. Contact Chuck at [pullenc@gmail.com](mailto:pullenc@gmail.com) for more info.

**Senior Fellowship (65+)** - We are showing a DVD of George and Martha Washington enacted by Mr. and Mrs. Willis of Florida. Jan. 3 at . I hope to show them all over the next few months. Call Peter Foss at 916-534-7767 to RSVP. - Peter Foss

**New Year's Day Brunch and Labyrinth Walk** - Come say good bye to the old and welcome the New Year with a Labyrinth walk and pot luck at 10 AM on New Year's Day. Rev Lucy will lead us in facilitated labyrinth walk and reflection. Bring a potluck brunch dish to share – coffee and beverages, plates and utensils provided. Hope to see you there.

The first **Soup Sunday** of the new year takes place next week on January 3. Soup Sundays take place on the first and second Sunday of the month.

**Art Reception**- Two weeks remain for the current art show of watercolors by Sally Baker. On Jan. 4, from 5:30pm to 7:00 pm, the art committee hosts a closing reception. Sally will talk about the inspiration for her work and the unique techniques she uses to achieve the brilliant colors and reflective qualitative. Please call 482-3018 for info. regarding sales

**Dream Group**- Explore the meaning and healing aspects of dreams and metaphor in the safety and privacy of this weekly UUSS group. First meeting is Tuesday, Jan. 5, 10am-noon at the home of facilitator Tiffany Urness, near ARC, and continues weekly through March, Tuesdays 10am-noon. See flyer and Sign-up Sheet at the Adult Enrichment counter or email: [tiffanyurness@sbcglobal.net](mailto:tiffanyurness@sbcglobal.net) or call 486-4235.

**Games Night Planning**- Are you interested in bonding with your fellowship over a fun activity? Let's get Game Nights back on the calendar! I am looking for volunteers to help her host these monthly social events. A planning meeting has been scheduled for Sunday, Jan. 17 at 12:00pm after service in Room 6. Please email [SarahandJoe0821@gmail.com](mailto:SarahandJoe0821@gmail.com) for more info. -Sarah Turner

– USEFUL INFORMATION –

**Coffee Kitchen** - stop by and say "Hello" to coffee guru Marypat Stadtherr. Look around and learn if participating in coffee service is for you. Your commitment can be as much as four hours once a month, or an hour of helping out after the service. Contact Marypat at [mpstadtherr@gmail.com](mailto:mpstadtherr@gmail.com) with questions or to let her know of your interest.

**Kitchen Protocol** - Lightly rinse off all dishes and leave them in the soaking tubs. Glasses and Cups in the Coffee Kitchen. All other items in the Main Kitchen. Thanks! -Glory Wicklund

**Year-End Contributions** - For those wishing to make financial gifts in the 2015 tax year, remember that checks must be dated by Dec. 31 to qualify for a tax deduction if you itemize donations. We appreciate any extra gift to the Operating Budget or Shared Offering, memorial donation to the Heritage Fund or Endowment Trust, or special gift to Building Fund to bring down the debt. The UUSS Office is open every weekday till 5:00 if you wish to drop off a gift. Thank you for your generosity and for your presence!

**Palestine/Israel Study Group** - The group will use a guide, *The 7 Unitarian Universalist Principles and Palestine - Israel*. Planning commences this month, the group opens for discussion in January. If interested contact [jme@uuss.org](mailto:jme@uuss.org).

**Together We Share** - Remember to bring food items for the red Grocery cart! Contact [Joan Rubenson](mailto:JoanRubenson@joanndavid2@gmail.com) at [joanndavid2@gmail.com](mailto:joanndavid2@gmail.com) or [Virginia Dunstan](mailto:VirginiaDunstan@vadunstan@aol.com) at [vadunstan@aol.com](mailto:vadunstan@aol.com), for information.

**UUSS Banner Calendars**- Photos of The First 12 banners that are now displayed in our sanctuary will be included for 2016. See Meg Burnett or Dick Tarble after service, or email [megburnett2010@gmail.com](mailto:megburnett2010@gmail.com) to order yours today, while supplies last.

**Lost and Found at UUSS**- If you have misplaced an item, and you think it was left at the church, contact the office at 916-483-9283.

– OPPORTUNITIES TO SERVE –

**Friends in Deed**- Our UUSS volunteers help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email [susanlange.uu@gmail.com](mailto:susanlange.uu@gmail.com) or call at home- (916) 686-1206 or on her cell- (650) 291-4603. -Susan Lange

– SUNDAY MORNING SPIRITUAL PRACTICES –

**Join Us Before the Service**

9:45- 10:15 every Sunday (except 5<sup>th</sup> Sundays)  
1<sup>st</sup> Sunday - Labyrinth walk - Labyrinth  
2<sup>nd</sup> Sunday - QiGong & Tai Chi Chuan - Labyrinth  
3<sup>rd</sup> Sunday - Silent Meditation Classroom 6  
4<sup>th</sup> Sunday - Reflection on poetry and prose - Room 6

– EXPLORING UNITARIAN UNIVERSALISM –

**Members, Friends and Newcomers Join in for:**  
Third Sunday of the Month 9:30 – 10:15 before service in the Fahs Room

**January 17** – Social Justice – How do we live our values?

– ADULT ENRICHMENT –

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

**Meditation Class and Sangha** - Rev. Doug Kraft offers a six-week class on the earliest meditation practices taught by the Buddha, Tuesday nights, starting Jan. 3. See the December Unigram or the flyer at the Connections table, where you can register. His *Buddha's Map* book is in the Library Bookstore.

**The Age Challenged**'- New discussion group has been formed for anyone over 70 - the "Older Generation". We meet the first Thursday of each month, 11am to 1pm in the Fahs Room. Bring lunch if you like while we talk. Contact Ilona Montel at 760-219-7683 for more info.

**Winter Labyrinth Walk: The Seasons of the Self** - Come to a workshop with Rebecca Pottenger, a Sacramento therapist in the Fahs Room, Jan. 16, from 1-4 pm. Donations are \$5-\$20. Register at the Adult Enrichment table on Sunday or contact Dennis Pottenger at [dennis@soulandearth.com](mailto:dennis@soulandearth.com).

**Yoga** by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

**Chair Yoga – Mondays, 10-11am-Fahs Room**  
**Mat Yoga – Mondays, 7-8pm- Room 7/8**

**Women's Support Group** Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at [apriljade@comcast.net](mailto:apriljade@comcast.net) or (916) 719-2304 to get a weekly reminder of the meeting.

**Check the Sunday Connection table for upcoming activities and workshops.**

**Office Hours**

Monday thru Thursday 8:30am to 5:00pm  
Closed Friday, Jan.1 for New Year's Holiday

– CHURCH STAFF HOURS –

**Roger Jones:** Office Hours this week: Tuesday 1-3pm, Wednesday 12-7:30 p.m. and Thursday 10-2 pm. Appointments preferred during the holidays.

**Rev. Lucy Bunch:** Tuesday, Wednesday and Thursday by appointment.

**Miranda Massa:** (RE Coordinator): Monday and Sunday mornings and by email.

**Michele Ebler:** (Bookkeeper): Monday thru Thursday by appointment.

**Stanton Vedell:** (Communications and Facilities Coordinator): Monday thru Thursday, 9:30-6:00pm.

**Elaine Cooper:** (Receptionist): Monday thru Thursday.

**Keith Atwater** (Music Director): choir rehearsal Wednesdays, 7:00-8:30pm and by appointment.

**Ina Jun** (Accompanist): at UUSS on Sundays.

**Childcare Providers:** Krystal Gollaher and Shannon Ebler, Sundays.

**Custodians:** Aaron Molina, Sunday thru Thursday and Miguel Neri, Saturday and Sunday.