

The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday December 13

Soup Sunday

- 9:30am - Nursery Care - Room 11
- 9:45am - QiGong & Tai Chi Chuan- 2nd Sunday - Labyrinth
- 10:15am - Religious Education- Rooms 6, 7/8, 10 and 12
- 10:30am - Sunday Service - Sanctuary
- 11:45 am - Soup Sunday - Welcome Hall
- 11:45 am - Nominating Committee - Room 7/8
- 12:10pm - Auction Planning Committee Meeting -Library
- 3:00pm - Memorial for Tami Buscho - Sanctuary

Monday December 14

- 10:00am - Adult Enrichment: Chair Yoga - Fahs Room
- 6:30pm- Gen X/ Boomers Monthly Meeting - Room 6
- 7:00pm - Adult Enrichment: Mat Yoga - Room 7/8

Tuesday December 15

- 10:00am - Ted's Web Discussion Group - Library

Wednesday December 16

- 1:30pm - Women's Support Group - Room 12
- 5:30pm - Silent Meditation - Room 6- All Welcome!
- 7:00pm - Threshold Choir Rehearsal - Room 7/8
- 7:00pm - UUSS Choir - Sanctuary

Thursday December 17

- 6:00pm - Program Council Meeting - Room 6
- 7:00pm - Board of Trustees Meeting - Library

Friday December 18

No Events Scheduled, Office is open

Saturday December 19

- 9:30am - Religious Services Writing Workshop - Library
- 5:00pm - CUUPS - Fall Equinox - Welcome Hall

Sunday December 20

All Ages Service

- 9:30am - Nursery Care - Room 11
- 9:30am - Exploring Unitarian Universalism - Fahs Room
- 9:45am - Silent Meditation- 3rd Sunday - Room 6
- 10:30am - Sunday Service - Sanctuary
- 11:45 am - Membership/ Greeters - Room 7/8

Check the white board at UUSS for Daily Lists of Meeting and Event Locations at our home base.

Visit our online calendar to view these and other scheduled activities. <http://uuss.org>

Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.

Submit articles to bluesheet@uuss.org before 1:00pm on Wednesday, 65 word limit.

– RELIGIOUS EDUCATION –

Good morning UUSS Families,

Our Religious Education programs: The Room 11 Nursery is a fun place for our youngest to play. Staff arrive early each Sunday to provide the option of child care for adults to be able to attend the Sunday Morning Spiritual Practice. Nursery opens at 9:30!

Kindergarten – 2nd grade Spirit Play gathers in Room 10. Our **3rd – 5th graders – True Reflections** meet in Room 7/8. The **Junior High Youth Group (JHYG)** meets again on December 27 and the **Senior High Youth Group (SHYG)** meets in Room 12. Make memories participating in our **Yule Celebration for all ages** on December 20. You are invited to bring an ornament to place on one of our trees. There is no scheduled RE on December 20.

Save the Date for **Storyteller & Doorkeeper Training**: Sunday, January 10th, you are invited to a training for those who currently volunteer, or would like to volunteer, in our Sunday School program for elementary school age children. Please contact Miranda for more details and to reserve your spot!

Happy Sunday,
-Miranda Massa, Religious Education Coordinator

– CURRENT & UPCOMING ACTIVITIES –

Tami Buscho - The memorial service for Tami will take place at 3:00 PM, **today**, here at UUSS. Donations in Tami's memory may be made to the UUSS Religious Education Fund to honor Tami's commitment to youth ministry.

Beacon Bookstore- Black Sunday Book Sale!!! **Today**, 90% off, 10 for 1 sale. Come to the Library for great bargains. Open from 10:00am to 12:00pm.

Young Adult Ministry (20s/30s Group) - Lunch at Hoppy Brewing Company **today** at 12:30pm. We will get to know one another and plan future meetings. If you need a ride, we will be departing from UUSS at 12:10pm. Contact Avery agh2005@gmail.com or John john.merrismiche@gmail.com for more info.

Gen-X Boomers (40-70) - Monthly planning, social, and support meetings are the second Monday of the month. Join us for our next meeting - help us plan 2016 on Dec 14, 6:30 PM UUSS Room 6. To be added to our email list, email gxboom@gmail.com or just join us.

UUSS Winter Solstice Drumming Circle- 12/19 from 5-9pm with local drumming facilitator Steve Bash. Indoor labyrinth available starting at 5pm and potluck at 6pm. Beginner drumming lesson 6:30 pm. Drumming starts 7pm. Bring a percussion instrument. All welcome. Donations accepted. Contact: Laurie Jones laurievaljo@gmail.com. 916-342-3226.

– USEFUL INFORMATION –

Kitchen Protocol: Lightly rinse off all dishes and leave them in the soaking tubs. Glasses and Cups in the Coffee Kitchen. All other items in the Main Kitchen. Thanks! -Glory Wicklund

Palestine/Israel Study Group- The group will use a guide, *The 7 Unitarian Universalist Principles and Palestine - Israel*. Planning commences this month, the group opens for discussion in January. If interested contact jme@uuss.org.

UUSS Banner Calendars are the perfect gift or artistic decoration for your wall, as you support our Banner Project going forward. Photos of The First 12 banners that are now displayed in our sanctuary will be included for 2016. See Meg Burnett or Dick Tarble after the service, or email Meg at <megburnett2010@gmail.com>, to get one or more ordered before Christmas-- and during January, while they last.

Theater One- Tim Anderson is this year's recipient of "The Bobby" award for outstanding service to Theater One. In large part due to Tim's efforts, Theater One was able to produce quality theater in the Fahs Room during the year-long renovation of our sanctuary. He continues to design and build quality--and whimsical, in the case of children's theater--sets for all of our productions. This award is well deserved.

Together We Share - Remember to bring food items for the red Grocery cart! Contact [Joan Rubenson](mailto:Joan.Rubenson@joann david2@gmail.com) at joann david2@gmail.com or [Virginia Dunstan](mailto:Virginia.Dunstan@vadunstan@aol.com) at vadunstan@aol.com, for information.

Lost and Found at UUSS- If you have misplaced an item, and you think it was left at the church, contact the office at 916-483-9283. The Lost and Found tub can be found in the hallway by the office.

- OPPORTUNITIES TO SERVE -

Friends in Deed- Our UUSS volunteers are able to help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call at home- (916) 686-1206 or on her cell- (650) 291-4603. -Susan Lange

Help create floral arrangements- participate in a UUSS group of folks who want to create floral arrangements for Sunday services (and other occasions) please email (molly@mollystuart.com). You would be on about one Sunday every two months for one year -- dates of your choosing -- for an arrangement to be placed on a pedestal to brighten up service and express our creative gifts!

- SUNDAY MORNING SPIRITUAL PRACTICES -

Join Us Before the Service

9:45- 10:15 every Sunday (except 5th Sundays)

1st Sunday - Labyrinth walk - Labyrinth

2nd Sunday - QiGong & Tai Chi Chuan - Labyrinth

3rd Sunday - Silent Meditation Classroom 6

4th Sunday - Reflection on poetry and prose - Room 6

-EXPLORING UNITARIAN UNIVERSALISM -

Members, Friends and Newcomers Join in for:

Third Sunday of the Month 9:30 – 10:15 before service in the Fahs Room

December 20 – Faith – What does it mean to a UU?

January 17 – Social Justice – How do we live our values?

- ADULT ENRICHMENT -

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

The 'Age Changers'- New discussion group has been formed for men and women over 70 - the "Older Generation". We meet the first Thursday of each month, 11am to 1pm in the Fahs Room. Topics include: How do we deal with loneliness; how to deal with decreased financial resources; what do we do with all our 'stuff'; and how do others maintain their patience. Bring a bag lunch if you like to nosh while we talk. Contact Ilona Montel at 916-670-7064 for more info.

Yoga by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room
Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check the Sunday Connection table for upcoming activities and workshops.

Office Hours

Monday thru Friday 8:30am to 5:00pm

- CHURCH STAFF HOURS -

Roger Jones: Office Hours this week: Wednesday 4-7 p.m. and Thursday 4-6 p.m. (A doctoral studies term paper is due Friday!) Appointments available Christmas week.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday, Sunday mornings and by email.

Michele Ebler: (Bookkeeper): Monday thru Friday by appointment.

Stanton Vedell: (Communications and Facilities Coordinator): Monday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday, 8:30-5:00pm.

Keith Atwater (Music Director): choir rehearsal Wednesdays, 7:00-8:30pm and by appointment.

Ina Jun (Accompanist): at UUSS on Sundays.

Childcare Providers: Annie Green and Krystal Gollaher, Sundays.

Custodians: Aaron Molina, Sunday thru Thursday and Miguel Neri, Friday thru Sunday.

Contact the office for more information:
(916)483-9283, office@uuss.org