

The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday November 8

- 8:00am - PCD MUUGS Retreat (Until 10:30am) - Entire Campus
- 9:30am - Nursery Care - Room 11
- 9:45am - QiGong & Tai Chi Chuan - Labyrinth
- 10:00am - Kids Freedom Club - Sending Greetings to India - Welcome Hall
- 10:15am - Religious Education- Rooms 6, 7/8 and 12
- 10:30am - Sunday Service - UUSS - Sanctuary
- 11:45am - AE: Palestine-Israel Study Group - Fahs Room
- 11:45am - Soup Sunday - Welcome Hall
- 11:45am - Steering Committee Meeting - Room 6
- 11:45am - Earth Justice Ministry Meeting - Room 7/8
- 12:30pm - Website Training with Dirk Tuell - Library

Monday November 9

- 10:00am - Adult Enrichment: Chair Yoga - UUSS-Fahs Room
- 6:00pm - Gen X/ Boomers - Room 6
- 7:00pm - Theater One: *Alice in Wonderland* Rehearsal - Sanctuary
- 7:00pm - Adult Enrichment: Mat Yoga - UUSS - Room 7/8

Tuesday November 10

- 10:00am - Ted's Web Discussion Group - UUSS - Library
- 6:30pm - A Liberal's Investigation of EVIL - Fahs Room
- 7:00pm - Theater One: *Alice in Wonderland* Tech Rehearsal - Sanctuary

Wednesday November 11 Office closed for Veteran's Day

- 1:30pm - Women's Support Group - Room 12
- 5:30pm - Silent Meditation - Room 6- All Welcome!
- 7:00pm - UUSS Choir Rehearsal - Fahs Room
- 7:00pm - Threshold Choir Rehearsal - Room 7/8
- 7:00pm - Theater One: *Alice in Wonderland* Tech Rehearsal - Sanctuary

Thursday November 12

- 10:00am - Art Installation - Sanctuary
- 10:45am - Alliance Program - Fahs Room - All are Welcome!
- 2:00pm - Endowment Trustees - Library
- 7:00pm - Theater One: *Alice in Wonderland* Tech Rehearsal - Sanctuary

Friday November 13

- 7:00pm - Theater One Performs *Alice in Wonderland* Opening Night - Sanctuary

Saturday November 14

- 7:00pm - Theater One Performs *Alice in Wonderland* - Sanctuary

Sunday November 15

- 9:30am - Nursery Care - Room 11
- 9:45am - Silent Meditation (Third Sunday) - Room 6
- 10:15am - Religious Education- Rooms 6, 7/8 and 12
- 10:30am - Sunday Service - UUSS - Sanctuary
- 11:45am - Earth Justice Ministry Meeting - Room 6
- 12:00pm - EJM: Film Documentary "Cowspiracy" - Fahs Room
- 12:10pm - Auction Planning - Library
- 12:15pm - Membership/ Greeters Meeting - Room 7/8
- 1:30pm - FRST Meeting - Room 6
- 2:00pm - Viewing of "Last Days of Judas Iscariot" - Sanctuary

Check the white board at UUSS for Daily Lists of Meeting and Event Locations at our home base.

Visit our online calendar to view these and other scheduled activities. <http://uuss.org>

Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.

Submit articles to bluesheet@uuss.org before 1:00pm on Wednesday, 65 word limit.

– RELIGIOUS EDUCATION –

Good morning UUSS Families,

Our Room 11 Nursery is a fun place for our youngest to play. **Kindergarten – 2nd grade Spirit Play** meets in Room 10. Room 10 families; please pick up your children on the parking lot side in order to bypass the Nursery Room traffic. Thank you! Our **3rd – 5th graders – True Reflections** meet in Room 7/8. The **Junior High Youth Group (JHYG)** does not meet again until Sunday, Nov. 29 and the **Senior High Youth Group (SHYG)** meets in Room 12.

Welcome to all the middle school youth at our church today. This group has been here since Friday evening and has enjoyed their retreat together building community and friendship. Thanks to the Pacific Central District for providing these opportunities for our youth.

Save the Date for Storyteller & Doorkeeper Training: Sun., Jan. 10th, you are invited to a training for those who currently volunteer, or would like to volunteer, in our Sunday School program for elementary school age children. Please contact Miranda for more details and to reserve your spot!

Happy Sunday,
-Miranda Massa, Religious Education Coordinator

– CURRENT & UPCOMING ACTIVITIES –

"**Take Home a Piece of UUSS History**" offer will continue weekly until all the pieces of windows and frames are picked up. You can get them after church for any size donation to the building fund. See our table and volunteer after on the front patio for details.

Annual UUSS pot luck Thanksgiving Day Dinner, 11/26, 2pm. Potluck dish & \$5/person. Find the sign up table in the Welcome Hall 11:30-12. Organizer: Laurie Jones laurievaljo@gmail.com.

Gen-X Boomers - Monthly planning, social, and support meetings are the second Mon. of the month. Join us for our next meeting, Nov. 9. at 6:30 PM in Room 6. To be added to our email list, email is genxboomers@uuss.org.

Alliance Program- meets on **Thursday, Nov. 12**, at 10:45am in the Fahs Room. Our speaker, Karen Williams, will tell us about her year in Saudi Arabia. Learn about why activities were held only at night, why women could not drive or go anywhere without a male relative and how she solved that problem? All welcome! Bring a friend and lunch. Join us for socializing after the speaker.
-Vivian Counts

– EARTH JUSTICE MINISTRY –

"**Cowspiracy**" Nov. 15, 12:00pm in the Fahs Room. The burning of fossil fuels is generally presented as the primary cause of climate change. Join Earth Justice Ministry members as we watch this documentary which explores the significant role of animal agriculture in climate change. Light refreshments will be provided. Suggested donation of \$5. Contact earthjustice@uuss.org for more info.

– USEFUL INFORMATION

Palestine/Israel Study Group- The group will use a guide entitled, *The 7 Unitarian Universalist Principles and Palestine - Israel*. Planning will commence this month and the group will be open for discussion in January 2016.

Together We Share - Remember to bring food items for the cart! Contact Joan Rubenson at joandavid2@gmail.com or Virginia Dunstan at vadunstan@aol.com, for more information.

Lost and Found at UUSS- If you have misplaced an item, and you think it was left at the church, contact the office at 916-483-9283. The Lost and Found tub can be found in the hallway by the office.

Members and Friends-We hope that you are getting the weekly email messages from UUSS and Unigram. If not, you can always subscribe through Constant Contact by e-mail or contact a UUSS office staff member for help at office@uuus.org.

Landscape \$\$\$ News--Our drive to raise \$4,000 for County landscaping requirements has raised over \$3,000!

Drought-tolerant, insect-friendly plants will fill in the empty spaces around our building and the garden near the street. Get a cute sticker for your nametag for a donation of \$5 or more. **Today is your last day.** Every *new* gift of at least \$10 for new plants will be matched-up to \$500! We can raise \$1,000 in 2 weeks! (Thanks to donors for the matching offer.)

– OPPORTUNITIES TO SERVE –

Friends in Deed- Our UUSS volunteers are able to help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call at home- (916) 686-1206 or on her cell- (650) 291-4603.
-Susan Lange

– SUNDAY MORNING SPIRITUAL PRACTICES –

Join Us Before the Service

9:45- 10:15 every Sunday (except 5th Sundays)
1st Sunday - Labyrinth walk- meet at Labyrinth
2nd Sunday - QiGong & Tai Chi Chuan, meet at Labyrinth
3rd Sunday - Silent Meditation Classroom 6
4th Sunday - Reading a reflection on poetry and prose
Room 6

– EXPLORING UNITARIAN UNIVERSALISM –

Member Friends Newcomers Join in for:

Third Sunday of the Month 9:30 – 10:15 before service in the Fahs Room

November 15 – Principles and Sources of our Tradition

December 20th – Faith – what does it mean to a UU?

January 17th – Social Justice – How do we live our values?

– THEATER ONE –

Theater One is happy to present its next show for children of all ages: *Alice in Wonderland*. Directed by Jill McMahon, the shows are Fri., Nov. 13, at 7.00 pm; Sat., Nov. 14, at 7:00pm; and Sat. Nov. 21, Nov. 28 and Dec. 5 at 11:00am and 2:00 pm. Tickets are \$5 and available at the door. We'll see you at the show!

– ADULT ENRICHMENT –

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

Yoga Classes by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Are Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room
Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group meets Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check at the Sunday Connection Central table for activities and workshops offered for next few months.

Office Hours

Monday thru Friday
8:30am to 5:00pm

Office is closed on Wednesday, November 11 for Veteran's Day

– CHURCH STAFF –

Staff Office Hours

Rev. Roger Jones: Off on Monday. Office Hours: Tuesday 4:30 to 6:30pm, Wednesday & Thursday 1:30 to 6:30pm and by appointment.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday, Sunday mornings and by email.

Michele Ebler: (Bookkeeper): Monday thru Friday by appointment.

Stanton Vedell: (Communications and Facilities Coordinator): Monday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday, 8:30-5:00pm.

Keith Atwater (Music Director): choir rehearsal Wednesdays, 7:00-8:30pm and by appointment.

Ina Jun (Accompanist): at UUSS on Sundays.

Childcare Providers: Annie Green and Krystal Gollaher, Sundays.

Custodians: Aaron Molina, Sunday thru Thursday and Miguel Neri, Friday and Saturday.

Contact the office for more information:

Phone Number (916)483-9283

Email Address- office@uuus.org