## The Blue Sheet

# **Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements**

### **Sunday October 11**

9:30am - Exploring UU History - Fahs Room

9:30am - Nursery Care - Room 11

9:45am - QiGong & Tai Hi Chuan - Second Sunday - Labyrinth

 $10{:}15\mathrm{am}$  - Religious Education- SHYG - Room 12

10:30am - Sunday Service - UUSS - Sanctuary

11:45am - Earth Justice Ministry Monthly Meeting - Fahs Room

11:45am - Soup Sunday- Welcome Hall

2:00pm - Theater One Performs: *The Last Days of Judas Iscariot* Sanctuary

#### **Monday October 12**

10:00am - Adult Enrichment: Chair Yoga - UUSS-Fahs Room

7:00pm - Theater One: Alice in Wonderland Rehearsal - Fahs Room

7:00pm - Adult Enrichment: Mat Yoga - UUSS - Room 7/8

#### **Tuesday October 13**

10:00am - Ted's Web Discussion Group - UUSS - Library

6:30pm - A Liberal's Investigation of EVIL - Fahs Room

7:00pm - Theater One: Alice in Wonderland Rehearsal - Sanctuary

#### Wednesday October 14

1:30pm - Women's Support Group - Room 12

5:30pm - Silent Meditation - Room 6- All Welcome!

6:00pm - Finance Committee Meeting - Library

7:00pm - UUSS Choir Rehearsal - Sanctuary

7:00pm - Threshold Choir Rehearsal - Room 7/8

7:00pm - Theater One: Alice in Wonderland Rehearsal - Fahs Room

## **Thursday October 15**

7:00pm - Program Council Meeting - Library

7:00pm - Theater One: Alice in Wonderland Rehearsal - Sanctuary

#### Friday October 16

8:00pm - Theater One Performs: *The Last Days of Judas Iscariot*Sanctuary

## Saturday October 17

9:30am - Religious Services Writing Workshop - Room 6

2:00pm - Yvonne Harvey Memorial - Welcome Hall

8:00pm - Theater One Performs: *The Last Days of Judas Iscariot* Sanctuary

### **Sunday October 18**

9:30 am - Nursery Care - Room 11

9:45 am - Silent Meditation - Third Sunday- Room 6

 $10{:}15\mbox{am}$  - Religious Education- Rooms 6, 7/8 and 12

10:30am - Sunday Service - UUSS - Sanctuary

11:45am - Congregational Meeting - Sanctuary

12:15~pm - Membership/ Greeters Meeting - Room 7/8

2:00pm - Theater One Performs: *The Last Days of Judas Iscariot* Sanctuary

Check the white board at UUSS for Daily Lists of Meeting and Event Locations at our home base.

Visit our online calendar to view these and other scheduled activities. http://uuss.org

Learn details about all activities in the <u>Pathways</u> brochure and the monthly <u>Unigram</u> newsletter.

#### - RELIGIOUS EDUCATION -

Good morning UUSS Families,

**Today is Garden Day!** RE will get to enjoy yummy salsa and chips and play some neat garden games all thanks to Glory Wicklund and our RE volunteers.

Our Room 11 Nursery is a fun place for our youngest to play. Krystal and Annie are there to take care of children ages zero through preschool. We like to keep this age range present only to keep the room safe for our littlest kids.

Senior High Youth Group (SHYG) attends the service today.

The Junior High Youth Group (JHYG) does not meet today but are welcome in the Garden if they wish.

Happy Sunday,

-Miranda Massa, Religious Education Coordinator

## - CURRENT & UPCOMING ACTIVITIES -

Soup Sundays continue- Soup will be served in the Welcome hall immediately after the service today. They will be prepared for you by Theater One and the Gen-X Boomers. Suggested donation per person in \$5.00. Soup Sundays take place the first and second Sundays from October to March. Bring your appetite!

**Save the Date** - annual UUSS seeded pot luck Thanksgiving Day Dinner, 11/26, 2pm. Potluck dish & \$5/person. Sunday Signups start 10/11/15 11:30-12. Organizer: Laurie Jones <a href="mailto:laurievaljo@gmail.com">laurievaljo@gmail.com</a>.

**UUrth Song Garden**- Love to rake leaves and don't have enough in your yard? We need help putting garden to sleep for the winter. From 9 am to noon on October 17. Come for an hour or four. Volunteers appreciated!

Congregational Meeting- Oct. 18 at 11:45am, we will vote and choose 12 Community Partner organizations to receive half of every Sunday offering in calendar year 2016. Nomination forms are available at <a href="http://www.uuss.org/forms/">http://www.uuss.org/forms/</a>. Current recipients are automatically listed on the ballot. Sign in and receive your agenda and ballot right after the service.

# - EARTH JUSTICE MINISTRY -

Interfaith Climate March, Sunday, November 1. Join UUSS Earth Justice Ministry at this march and rally where we will join other faith communities to support the U.N. Climate Change Conference in Paris and California's efforts to reduce greenhouse gas emissions. Get a flyer at the Connections Table, contact <a href="mailto:earthjustice@uuss.org">earthjustice@uuss.org</a> or go to <a href="mailto:www.sacsfbcan.globalbcan.org/actions">www.sacsfbcan.globalbcan.org/actions</a>

Earth Justice Ministry Monthly Meeting, Sunday, October 11, 11:45 am – 1:00 pm in the Fahs Room. Please join us to plan for the march on November 1 and activities for the next few months. October 11 is a Soup Sunday, so bring a bowl of soup to the meeting if you wish. Please contact earthjustice@uuss.org if you have any questions.

## - USEFUL INFORMATION -

Members and Friends-We hope that you are getting the weekly email messages from UUSS and Unigram. If not, you can always subscribe through Constant Contact by e-mail or contact a UUSS office staff member for help at <a href="mailto:office@uuus.org">office@uuus.org</a>.

**UUrth Song Garden -** If kale, lettuce, chard, root vegetables and bok choy are your favorites to grow, stop by our table **today** to ask about a winter plot in the Garden (\$20), or contact Pat Skeels at <a href="mailto:patskeels11@gmail.com">patskeels11@gmail.com</a>.

## - THEATER ONE -



Theater One's presentation of "The Last Days of Judas Iscariot". Shows are Oct. 9 through 25, Fri. - Sat. 8pm, Sun. 2pm in the UUSS Sanctuary. Heartbreaking, funny, profane and profound about the human condition,

witnesses from Mother Teresa to Satan show up to testify. Directed by Lonon Smith. Reservations at (916) 923-2889 or at <a href="mailto:actorsue@aol.com">actorsue@aol.com</a>. Strong language, not recommended for children.

## - OPPORTUNITIES TO SERVE -

Friends in Deed- Our UUSS volunteers are able to help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email <a href="mailto:susanlange.uu@gmail.com">susanlange.uu@gmail.com</a> or call at home- (916) 686-1206 or on her cell- (650) 291-4603.
-Susan Lange

# -<u>SUNDAY MORNING SPIRITUAL PRACTICES</u>-

Join Us Before the Service

Room 6

9:45- 10:15 every Sunday (except 5<sup>th</sup> Sundays)
1<sup>st</sup> Sunday - Labyrinth walk- meet at Labyrinth
2<sup>nd</sup> Sunday - QiGong & Tai Chi Chuan, meet at
Labyrinth
3<sup>rd</sup> Sunday Silent Meditation Classroom 6
4<sup>th</sup> Sunday Reading a reflection on poetry and prose

## - ADULT ENRICHMENT-

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

**Yoga Classes** by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Are Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group meets Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check at the Sunday Connection Central table for activities and workshops offered for next few months.

# **Office Hours (Main Building)**

Monday thru Friday 8:30am to 5:00pm

### – <u>CHURCH STAFF</u> –

## **Staff Office Hours**

**Rev. Roger Jones:** Off on Monday. Office Hours: Tuesday 4:30 to 6:30pm, Wednesday & Thursday 1:30 to 6:30pm and by appointment.

**Rev. Lucy Bunch:** Tuesday, Wednesday and Thursday by appointment.

**Miranda Massa:** (RE Coordinator): Monday, Friday, Sunday mornings and by email.

**Michele Ebler:** (Bookkeeper): Monday thru Friday by appointment.

**Stanton Vedell:** (Communications and Facilities Coordinator): Monday thru Friday, 9:30-6:00pm.

**Elaine Cooper:** (Receptionist): Monday thru Friday, 8:30-5:00pm.

**Keith Atwater** (Music Director): choir rehearsal Wednesdays, 7:00-8:30 pm and by appointment.

**Childcare Providers:** Annie Green and Krystal Gollaher, Sundays.

**Custodians**: Aaron Molina Sunday thru Thursday and Miguel Neri Friday and Saturday.

Submit articles to <a href="mailto:bluesheet@uuss.org">bluesheet@uuss.org</a>
before 1:00pm on Wednesday, 65 word limit.

Contact the office for more information: Phone Number (916)483-9283 Email Address- office@uuss.org